



WASHINGTON STATE

S W I M M I N G

2019-20 SCHEDULE

DATE	OPPONENT	TIME/RESULTS
Sept. 27	at Nevada, San Diego State, Idaho	3rd, 78
Sept. 28	NEVADA	L, 90-172
Oct. 11	Chic-Fil-A Invite (Fresno, Calif.)	4th, 248.5
Oct. 12	Chic-Fil-A Invite (Fresno, Calif.)	4th, 404.5
Oct. 18	IDAHO	W, 173-89
Oct. 23	at No. 8 Stanford	L, 86-165
Oct. 24	at No. 12 California	L, 84-172
Nov. 8	at Wyoming & Colorado State	W, 214.5-132.5
Nov. 9	at Wyoming & Colorado State	W, 181-166
Nov. 21-23	Houston Invite (Houston)	3rd
Dec. 4-7	U.S. Open (Atlanta)	All Day
Jan. 10	No. 8 USC	L, 102-155
Jan. 11	No. 31 UCLA	L, 109-145
Jan. 17	at Utah	11 a.m.
Feb. 1	at Boise State	9 a.m.
Feb. 26-29	Pac-12 Championships (Federal Way, Wash.)	All Day
March 1	Pac-12 Last Chance (Federal Way, Wash.)	All Day
March 12-14	CSCAA National Invite (Cleveland, Ohio)	All Day
March 18-21	NCAA Championships (Athens, Ga.)	All Day

Home opponents in BOLD
All times Pacific

ROSTER

NAME	EVENT	YEAR	HOMETOWN
Sophia Balmaceda	Fly/Back	SO	Freemont, Calif.
Emily Barrier	Free	SO	Fort Collins, Colo.
Payton Bokowy	Free	SO	Sandpoint, Idaho
Luciana (Luci) Brock	Fly	SR	Edmonds, Wash.
Lauren Burckel	Breast/IM	SO	Albuquerque, N.M.
Mackenzie Duarte	Breast/IM	JR	Walnut Creek, Calif.
Ryan Falk	Free	SR	Portland, Ore.
Riley Fidler	Fly	FR	Snohomish, Wash.
Keiana Fountaine	Free	SO	Tracy, Calif.
Paige Gardner	Free	SO	Walla Walla, Wash.
Samantha Howell	Free	JR	Austin, Texas
Mikaela Kirton	Fly	FR	Centennial, Colo.
Kate Laderoute	Back	FR	West Linn, Ore.
Chloe Larson	Free	JR	Rapid City, S.D.
Taylor McCoy	Back/IM	JR	Pullman, Wash.
Sierra Ortiz	Fly/Back	FR	Las Cruces, N.M.
Ku'u Patterson	Free	FR	Cantain Cook, Hawaii
Corinne Pelzer	Free	FR	Sioux Falls, S.D.
Jewel Springer	Back	FR	Federal Way, Wash.
Michee van Rooyen	Free	FR	Pretoria, South Africa
Mia Zahab	Free/Fly/IM	FR	Ottawa, Canada

COACHING STAFF

HEAD COACH

Matt Leach
Second Season
Alma Mater | Indiana (2004)

ASSISTANT COACH

Bex Freebairn
Second Season
Alma Mater | University of Canterbury (N.Z.) (2015)

DIRECTOR OF OPERATIONS

Russell Whitaker
Third Season
Alma Mater | Wyoming (2017)

Utah | Friday | Jan. 17 | 11 a.m.
Salt Lake City, Utah

WASHINGTON STATE ATHLETIC COMMUNICATIONS

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COUGARS TAKE ON THE UTES IN THEIR FINAL PAC-12 SHOWDOWN

SALT LAKE CITY, Ut. - Washington State will finish Pac-12 competition against University of Utah in Salt Lake City.

ON DECK

WSU will take on the Utes in their final Pac-12 dual meet in Utah on Friday January 17.

ON THE OPPONENTS

In the 2018-2019 season the Cougars hosted the Utes at Gibb Pool where the Utes claimed the victory over the Cougars. Mackenzie Duarte achieved her 11th win of the season in the 200 breast.

LAST TIME IN THE POOL

The Cougars hosted the USC Trojans last Friday and the UCLA Bears the following Saturday. On Friday against the Trojans, Kieanna Fountaine won the 200 freestyle finishing three seconds ahead of the USC swimmer. WSU is three and five overall when competing against Utah.

COMING UP

The Cougars will travel to Boise State to take on the Broncos next Saturday Feb. 1.

2019-20 SEASON-BESTS

50 FREESTYLE

2019-20	CAREER
Chloe Larson 22.82 (11/21)	22.82
Keiana Fountaine 23.35 (11/21)	23.35
Paige Gardner 23.82 (11/21)	23.78
Corinne Pelzer 23.94 (11/21)	23.94
Payton Bokowy 23.76 (11/21)	23.76
Emily Barrier 23.67 (11/21)	23.07
Mikaela Kirton 24.19 (11/21)	24.19
Riley Fidler 24.91 (11/21)	24.91
Ku'ulei Patterson 24.67 (11/21)	24.67
Erin Harvey 24.51 (11/21)	24.51
Ryan Falk -	25.12
Luci Brock -	25.07

100 FREESTYLE

2019-20	CAREER
Keiana Fountaine 50.57 (11/23)	49.67
Payton Bokowy 50.61 (11/22)	50.61
Chloe Larson 49.73 (11/23)	49.73
Emily Barrier 51.41 (11/23)	50.72
Michee Van Rooyen 52.16 (11/23)	52.16
Maia Petrides 52.42 (11/23)	52.42
Paige Gardner 52.81 (11/23)	52.81
Ryan Falk 53.82 (11/9)	53.58
Sophia Balmaceda 52.33 (11/23)	51.29
Corinne Pelzer 52.44 (11/23)	52.44
Erin Harvey 53.65 (11/23)	53.65
Mikaela Kirton 53.04 (11/23)	53.04
Ku'ulei Patterson 53.28 (11/23)	53.28
Sam Howell 54.17 (11/23)	52.96
Kate Laderoute 54.54 (1/10)	54.54
Riley Fidler 55.02 (11/23)	55.02

200 FREESTYLE

2019-20	CAREER
Keiana Fountaine 1:49.85 (11/22)	1:47.30
Ryan Falk 1:49.38 (11/22)	1:49.38
Taylor McCoy 1:54.88 (10/24)	1:54.88
Emily Barrier 1:50.01 (11/22)	1:50.01
Maia Petrides 1:52.00 (11/22)	1:52.00
Michee Van Rooyen 1:49.38 (11/22)	1:49.38
Payton Bokowy 1:51.85 (11/22)	1:51.85
Sam Howell 1:52.42 (11/22)	1:51.77
Ku'ulei Patterson 1:56.32 (11/22)	1:56.32
Erin Harvey 1:57.04 (11/22)	1:57.04
Sophia Balmaceda -	1:55.59
Paige Gardner -	2:03.50
Chloe Larson -	2:04.03

500 FREESTYLE

2019-20	CAREER
Ryan Falk 4:51.35 (11/21)	4:49.71
Michee Van Rooyen 4:51.56 (11/21)	4:51.56
Taylor McCoy 5:11.49 (9/28)	5:08.31
Keiana Fountaine 5:11.61 (10/11)	5:11.61
Sam Howell 5:09.37 (11/21)	4:55.85
Maia Petrides 5:08.74 (11/21)	5:08.74
Mia Zahab 5:22.05 (10/11)	5:22.05
Sierra Ortiz 5:01.84 (11/21)	5:01.84
Erin Harvey 5:32.77 (10/11)	5:32.77

1000 FREESTYLE

2019-20	CAREER
Ryan Falk 10:11.69 (10/24)	10:06.74
Michee Van Rooyen 10:34.86 (10/24)	10:34.86
Sam Howell 10:35.15 (1/10)	10:12.96
Maia Petrides 11:00.95 (10/18)	11:00.95

1650 FREESTYLE

2019-20	CAREER
Ryan Falk 16:58.95 (11/23)	16:37.54
Sam Howell 17:10.19 (11/23)	16:58.90
Michee Van Rooyen 17:28.58 (11/23)	17:28.58
Maia Petrides -	18:22.46

100 BACKSTROKE

2019-20	CAREER
Taylor McCoy 55.46 (11/22)	55.46
Kate Laderoute 54.74 (11/22)	54.74
Sierra Ortiz 56.60 (11/22)	56.60
Sophia Balmaceda 58.72 (11/22)	57.20
Payton Bokowy 1:00.97 (10/11)	1:00.33
Paige Gardner 59.75 (11/22)	59.56
Jewel Springer 1:02.56 (10/11)	1:02.56
Lauren Burckel -	1:00.18

200 BACKSTROKE

2019-20	CAREER
Taylor McCoy 1:56.81 (11/23)	1:56.81
Kate Laderoute 1:57.86 (11/23)	1:57.86
Jewel Springer 2:05.73 (11/23)	2:05.73
Sierra Ortiz 2:01.35 (11/23)	2:01.35
Sophia Balmaceda 2:09.15 (11/23)	2:09.15
Luci Brock 2:09.26 (11/23)	2:09.26
Paige Gardner -	2:10.62

100 BREASTSTROKE

2019-20	CAREER
Lauren Burckel 1:01.10 (11/22)	1:01.10
Mackenzie Duarte 1:02.48 (11/22)	1:02.48
Taylor McCoy 1:07.92 (10/18)	1:07.92
Corinne Pelzer 1:05.84 (11/22)	1:05.84
Ku'ulei Patterson 1:10.47 (11/22)	1:10.47

200 BREASTSTROKE

2019-20	CAREER
Lauren Burckel 2:11.69 (11/23)	2:11.69
Mackenzie Duarte 2:13.83 (11/23)	2:09.47
Taylor McCoy 2:27.46 (11/8)	2:27.46
Mia Zahab 2:30.41 (10/24)	2:30.41

100 BUTTERFLY

2019-20	CAREER
Sophia Balmaceda 56.07 (11/22)	55.33
Corinne Pelzer 59.91 (10/18)	59.96
Riley Fidler 57.07 (11/22)	57.07
Emily Barrier 1:00.27 (10/24)	55.60
Mikaela Kirton 1:00.24 (11/22)	1:00.24
Luci Brock 58.30 (11/22)	58.27
Chloe Larson 56.35 (11/22)	56.35
Sierra Ortiz 58.04 (11/22)	58.04
Mia Zahab 55.89 (11/22)	55.89
Keiana Fountaine -	58.73
Payton Bokowy -	59.01
Mackenzie Duarte -	1:00.75

200 BUTTERFLY

2019-20	CAREER
Mia Zahab 1:59.73 (11/23)	1:59.73
Ryan Falk 2:07.92 (10/23)	2:07.92
Jewel Springer 2:08.09 (11/23)	2:08.09
Riley Fidler 2:12.43 (10/18)	2:12.43
Luci Brock 2:06.29 (11/23)	2:05.53
Sophia Balmaceda 2:14.96 (9/28)	2:14.96
Maia Petrides -	2:37.72
Mackenzie Duarte -	2:12.46

200 INDIVIDUAL MEDLEY

2019-20	CAREER
Taylor McCoy 2:00.51 (11/21)	2:00.51
Mackenzie Duarte 2:03.31 (11/21)	2:03.31
Kate Laderoute 2:03.10 (11/21)	2:03.10
Lauren Burckel 2:00.50 (11/21)	2:00.50
Mia Zahab 2:02.13 (11/21)	2:02.13
Jewel Springer 2:14.27 (9/28)	2:14.27
Luci Brock 2:17.10 (9/28)	2:08.96
Riley Fidler 2:22.98 (9/28)	2:22.98
Sophia Balmaceda -	2:14.39
Ryan Falk -	2:10.76

400 INDIVIDUAL MEDLEY

2019-20	CAREER
Taylor McCoy 4:15.31 (11/22)	4:15.31
Mackenzie Duarte 4:21.66 (11/22)	4:21.66
Lauren Burckel 4:32.63 (10/11)	4:27.70
Kate Laderoute 4:21.97 (11/22)	4:21.97
Mia Zahab 4:16.78 (11/22)	4:16.78
Jewel Springer 4:37.40 (10/11)	4:37.40
Luci Brock -	4:28.71
Ryan Falk -	4:29.22

200 MEDLEY RELAY

2019-20	CAREER
Laderoute/Burckel/Zahab/Larson 1:42.36 (11/22)	1:42.36
Ortiz/Duarte/Barrier/Fountaine 1:43.37 (11/22)	1:43.37
McCoy/Burckel/Zahab/Larson 1:46.23 (10/18)	1:46.23
Laderoute/Duarte/Barrier/Gardner 1:45.86 (1/10)	1:45.86
McCoy/Burckel/Barrier/Larson 1:48.13 (10/23)	1:48.13
Laderoute/Duarte/Balmaceda/Gardner 1:50.24 (10/23)	1:50.24
Laderoute/Duarte/Pelzer/Bokowy 1:50.63 (9/28)	1:50.63
Laderoute/Duarte/Pelzer/Gardner 1:50.85 (10/11)	1:50.85
Ortiz/Pelzer/Kirton/Bokowy 1:51.17 (10/18)	1:51.17
Ortiz/Pelzer/Zahab/Kirton 1:51.30 (10/23)	1:51.30
Ortiz/Pelzer/Brock/Kirton 1:51.63 (1/10)	1:51.63
Ortiz/Patterson/Springer/Bokowy 1:56.07 (10/11)	1:56.07
Ortiz/Patterson/Brock/Kirton 1:56.91 (9/28)	1:56.91

400 MEDLEY RELAY

2019-20	CAREER
McCoy/Burckel/Zahab/Larson 3:41.91 (11/21)	3:41.91
Laderoute/Duarte/Barrier/Fountaine 3:43.58 (11/21)	3:43.58
Laderoute/Burckel/Zahab/Fountaine 3:52.63 (11/9)	3:52.63
McCoy/Duarte/Balmaceda/Gardner 3:54.86 (11/9)	3:54.86
Laderoute/Duarte/Zahab/Larson 3:55.40 (1/11)	3:55.40
McCoy/Duarte/Zahab/Larson 3:56.93 (9/27)	3:56.93
Laderoute/Burckel/Balmaceda/Fountaine 3:56.44 (9/27)	3:56.44
McCoy/Burckel/Zahab/Fountaine 3:56.78 (10/12)	3:56.78
McCoy/Burckel/Ortiz/Falk 3:57.03 (11/11)	3:57.03
McCoy/Burckel/Duarte/Zahab 4:00.07 (9/27)	4:00.07
Laderoute/Duarte/Balmaceda/Larson 4:06.99 (10/12)	4:06.99
Ortiz/Pelzer/Fidler/Bokowy 4:07.12 (11/9)	4:07.12
Springer/Kirton/Ortiz/Laderoute 4:12.88 (9/27)	4:12.88
Gardner/Patterson/Barrier/Bokowy 4:13.02 (10/12)	4:13.02
Ortiz/Patterson/Brock/Kirton 4:13.44 (9/27)	4:13.44

200 FREESTYLE RELAY

2019-20	CAREER
Larson/Fountaine/Bokowy/Barrier 1:32.83 (11/21)	1:32.83
Kirton/Gardner/Pelzer/VanRooyen 1:34.17 (11/21)	1:34.17
Fountaine/Larson/Barrier/Gardner 1:35.44 (1/10)	1:35.44
Larson/Barrier/Gardner/Fountaine 1:35.80 (11/9)	1:35.80
Bokowy/Gardner/Barrier/Larson 1:36.98 (9/28)	1:36.98
Fountaine/Larson/Gardner/Bokowy 1:37.61 (10/23)	1:37.61
Pelzer/Barrier/Bokowy/Larson 1:38.04 (9/27)	1:38.04
Pelzer/Burckel/Balmaceda/Falk 1:38.18 (10/23)	1:38.18
Pelzer/Bokowy/Falk/Van Rooyen 1:38.49 (11/9)	1:38.49
Fountaine/Gardner/Pelzer/Larson 1:38.62 (10/11)	1:38.62
Bokowy/Barrier/Balmaceda/Falk 1:38.88 (10/11)	1:38.88
Pelzer/Fountaine/Kirton/Falk 1:39.72 (9/28)	1:39.72
Bokowy/Pelzer/Kirton/Ortiz 1:40.08 (1/10)	1:40.08
Gardner/Patterson/Harvey/Balmaceda 1:40.32 (9/27)	1:40.32
Fidler/Kirton/Patterson/Harvey 1:41.12 (11/9)	1:41.12
Kirton/Petrides/VanRooyen/Fidler 1:42.25 (10/23)	1:42.25
Kirton/Fidler/VanRooyen/Patterson 1:42.74 (10/11)	1:42.74
Petrides/Ortiz/Harvey/Patterson 1:44.63 (9/28)	1:44.63
Springer/Ortiz/Howell/Zahab 1:44.63 (10/23)	1:44.63

400 FREESTYLE RELAY

2019-20	CAREER
Larson/Bokowy/Barrier/Fountaine 3:23.41 (11/23)	3:23.41
Gardner/Petrides/Pelzer/Falk 3:28.79 (11/23)	3:28.79
Bokowy/Barrier/Fountaine/Falk 3:29.67 (1/11)	3:29.67
Fountaine/Pelzer/Gardner/Larson 3:31.76 (11/8)	3:31.76
Fountaine/Bokowy/Gardner/Falk 3:33.11 (10/12)	3:33.11
Larson/Barrier/Bokowy/Fountaine 3:35.77 (9/27)	3:35.77
Larson/Pelzer/Petrides/Barrier 3:37.27 (10/12)	3:37.27
VanRooyen/Larson/Gardner/Pelzer 3:37.66 (1/11)	3:37.66
Petrides/Barrier/Van Rooyen/Harvey 3:39.20 (11/8)	3:39.20
Pelzer/Van Rooyen/Balmaceda/Falk 3:39.41 (9/27)	3:39.41
VanRooyen/Kirton/Laderoute/Patterson 3:42.36 (10/12)	3:42.36
Gardner/Harvey/Patterson/Howell 3:48.53 (9/27)	3:48.53

800 FREESTYLE RELAY

2019-20	CAREER
Van Rooyen/Barrier/Fountaine/Falk 7:24.19 (11/22)	7:24.19
Bokowy/Petrides/Howell/Ortiz 7:29.99 (11/22)	7:29.99
Fountaine/Falk/VanRooyen/Barrier 7:39.27 (10/11)	7:39.27
Fountaine/Petrides/Barrier/Falk 7:47.79 (9/27)	7:47.79
Bokowy/Petrides/Patterson/Howell 7:55.54 (10/11)	7:55.54
Van Rooyen/Howell/Harvey/Zahab 8:02.37 (9/27)	8:02.37

INDIVIDUAL WINS 2019-20

Taylor McCoy: 3 wins

200 Back: Idaho

200 IM: Idaho

400 IM: Wyoming & CSU

Lauren Burckel: 4 wins

100 Breast: Idaho, Wyoming & CSU

200 Breast: Idaho

200 IM: Wyoming & CSU

Keiana Fontaine: 2 wins

100 Free: Idaho, Wyoming & CSU

Mackenzie Duarte: 1 win

200 Breast: Wyoming & CSU

Ryan Falk: 4 wins

1000 Free: Idaho

200 Free: Idaho

500 Free: Idaho, Wyoming & CSU

Sophia Balmaceda: 1 win

100 Fly: Idaho

Chloe Larson: 3 wins

50 Free: Nevada, Idaho, Wyoming & CSU

WSU RELAY WINS 2019-20

200 Free Relay: 1 win

Larson, Barrier, Gardner, Fontaine: Wyoming & CSU

400 Free Relay: 1 win

Barrier, Bokowy, Fontaine, Falk: Idaho

400 Medley Relay: 1 win

Laderoute, Burckel, Zahab, Fontaine: Wyoming & CSU

WSU SCHOOL RECORDS

EVENT	TIME	RECORD HOLDER	DATE
50 Free	22.45	Rugile Mileisyte	2/26/09
100 Free	49.67	Keiana Fountaine	11/18/18
200 Free	1:46.70	Erin McCleave	3/9/07
500 Free	4:43.46	Erin McCleave	2/15/07
1000 Free	9:47.19	Erin McCleave	3/10/07
1650 Free	16:13.20	Erin McCleave	3/10/07
100 Back	53.66	Emily Cook	2/24/18
200 Back	1:56.35	Loree Olson	12/8/13
100 Breast	1:00.92	Elyse Peterson	2/27/09
200 Breast	2:09.47	Mackenzie Duarte	3/1/19
100 Fly	53.40	Michaela Ahlin	3/20/09
200 Fly	1:56.46	Michaela Ahlin	3/21/09
200 IM	1:59.34	Addisynn Bursch	2/23/17
400 IM	4:14.95	Addisynn Bursch	2/24/17
200 Free Relay	1:31.09	Mand, Proulx, Bruggman, Love	2/26/15
400 Free Relay	3:20.96	Mileisyte, Whitaker, Neely, Dean	2/26/11
800 Free Relay	7:12.87	Fores, Thompson, Margetts, Falk	2/24/18
200 Medley Relay	1:39.13	Love, Hall, Brolin, Bruggman	2/24/16
400 Medley Relay	3:38.08	Pickett, Peterson, Ahlin, Mileisyte	2/27/09

GIBB POOL RECORDS

EVENT	TIME	RECORD HOLDER	YEAR
50 Free	23.04	Taylor Ruck, Stanford	2018
100 Free	49.92	Anika Apostalon, USC	2016
200 Free	1:48.90	Bonnie Brandon, Arizona	2014
500 Free	4:50.14	Bonnie Brandon, Arizona	2014
1000 Free	9:56.02	Lauren Baker, UCLA	2014
1650 Free	16:49.79	Erin McCleave, Washington State	2007
100 Back	54.51	Emily Cook, Washington State	2018
200 Back	1:56.58	Erin Voss, Stanford	2018
100 Breast	1:02.46	Zoe Bartel, Stanford	2018
200 Breast	2:14.38	Birte Steven, Oregon State	2004
100 Fly	54.63	Yumi So, USC	2011
200 Fly	1:57.12	Katka Hosszu, USC	2011
200 IM	2:02.62	Addisynn Bursch, Washington State	2016
400 IM	4:12.23	Katka Hosszu, USC	2011
200 Free Relay	1:32.76	California	2015
400 Free Relay	3:25.66	UCLA	2014
800 Free Relay	7:24.36	California	2015
200 Medley Relay	1:42.51	California	2018
400 Medley Relay	3:43.74	California	2015

WSU ALL-TIME TOP 10

100-YARD BACKSTROKE

1. Emily Cook (2/23/18)	53.66
2. Hannah Bruggman (2/24/17)	54.46
3. Rugile Mileisytė (12/4/10)	54.64
4. Loree Olson (12/7/13)	54.72
5. Afton Pickett (2/27/09)	54.77
6. Emma Johansson (12/7/13)	54.78
7. Alison Mand (12/7/13)	55.08
8. Kate Laderoute (11/21/19)	55.11
9. Jasmine Margetts (1/22/16)	55.14
10. Taylor McCoy (11/22/19)	55.49

200-YARD BACKSTROKE

1. Loree Olson (12/8/13)	1:56.35
2. Taylor McCoy (11/23/19)	1:56.81
3. Afton Pickett (2/28/09)	1:57.12
4. Jasmine Margetts (2/27/16)	1:57.91
5. Emily Cook (2/24/18)	1:58.27
6. Kate Laderoute (11/23/19)	1:58.34
7. Shelbi Luchini (3/2/13)	1:59.50
8. Andree Anne LeRoy (12/1/01)	1:59.64
9. Kelly Tannhauser (12/4/11)	1:59.85
10. Shaya Schaedler (12/7/14)	1:59.99

100-YARD BREASTSTROKE

1. Elyse Peterson (2/27/09)	1:00.92
2. Lauren Burckel (11/22/19)	1:01.10
3. Linnea Lindberg (11/17/18)	1:01.60
4. Mackenzie Duarte (11/17/18)	1:01.66
5. Angela Mavrantza (2/24/17)	1:01.87
6. Frederikke Hall (2/26/16)	1:01.94
7. Erin Eldridge (2/26/99)	1:02.19
8. Presley Wetterstrom (11/21/15)	1:02.40
9. Clothilde Peseux (2/23/18)	1:02.89
10. Jessie Craig (2/27/09)	1:03.42

200-YARD BREASTSTROKE

1. Mackenzie Duarte (3/1/19)	2:09.47
2. Presley Wetterstrom (11/22/15)	2:11.24
3. Lauren Burckel (11/23/19)	2:11.69
4. Elyse Peterson (2/28/09)	2:13.36
5. Erin Eldridge (2/27/99)	2:13.54
6. Angela Mavrantza (2/25/17)	2:14.09
7. Frederikke Hall (2/27/16)	2:14.47
8. Jane Copland (11/20/05)	2:14.92
9. Monika Povilonyte (2/26/05)	2:16.53
10. Addisynn Bursch (2/27/16)	2:16.73

50-YARD FREESTYLE

1. Rugile Mileisytė (2/26/09)	22.45
2. Hannah Bruggman (2/25/16)	22.68
3. Emma Johansson (2/28/13)	22.78
4. Chloe Larson (11/21/19)	22.86
5. Nicole Proulx (2/26/15)	22.91
6. Emily Barrier (11/16/18)	23.07
7. Alison Mand (12/5/14)	23.11
8. Kelly Morgan (2/23/18)	23.25
9. Taryn Ternent (2/22/01)	23.26
Haley Rose Love (2/26/15)	23.26

100-YARD FREESTYLE

1. Keiana Fountaine (11/18/18)	49.67
2. Chloe Larson (11/23/19)	49.73
3. Nicole Proulx (2/28/15)	49.75
4. Hannah Bruggman (2/27/16)	49.78
5. Rugile Mileisytė (2/28/09)	49.81
Alba Fores (11/19/17)	49.81
7. Addisynn Bursch (2/25/17)	49.97
8. Erin McCleave (2/17/07)	50.09
9. Haley Rose Love (11/22/15)	50.35
10. Taryn Ternent (12/1/01)	50.44

200-YARD FREESTYLE

1. Erin McCleave (3/9/07)	1:46.70
2. Keiana Fountaine (11/17/18)	1:47.30
3. Emma Neely (2/27/09)	1:48.36
4. Michaela Ahlin (12/4/09)	1:48.47
5. Alba Fores (2/24/18)	1:48.49
6. Rachel Thompson (2/24/18)	1:48.87
7. Talor Whitaker (12/4/10)	1:49.17
8. Ryan Falk (11/22/19)	1:49.38
9. Michee van Rooyen (11/22/19)	1:49.38
10. Rugile Mileisytė (12/4/10)	1:49.52

500-YARD FREESTYLE

1. Erin McCleave (2/15/07)	4:43.46
2. Michaela Ahlin (2/26/09)	4:46.64
3. Alba Fores (11/17/17)	4:49.15
4. Ryan Falk (2/28/19)	4:49.71
5. Loree Olson (2/28/13)	4:49.72
6. Kendra Griffin (2/25/16)	4:51.01
7. Michee van Rooyen (11/21/19)	4:51.56
8. Jasmine Margetts (11/17/17)	4:51.87
9. Rachel Thompson (2/25/16)	4:52.39
10. Kayli Changstrom (2/15/07)	4:53.14

1000-YARD FREESTYLE

1. Erin McCleave (3/10/07)	9:47.19
2. Kendra Griffin (2/27/16)	9:57.32
3. Jasmine Margetts (10/22/17)	10:06.66
4. Ryan Falk (3/1/19)	10:06.74
5. Rachael Krager (2/28/09)	10:11.18
6. Jill Olson (12/1/01)	10:12.96
7. Samantha Howell (3/1/19)	10:12.96
8. Becca Cohen (3/2/02)	10:13.76
9. Shelly Hart (2/9/92)	10:14.00
10. Lina Daugvilaite (12/2/07)	10:15.31

1650-YARD FREESTYLE

1. Erin McCleave (3/10/07)	16:13.20
2. Kendra Griffin (2/27/16)	16:30.76
3. Ryan Falk (3/1/19)	16:37.56
4. Jessica Marston (11/22/15)	16:50.83
5. Lina Daugvilaite (12/2/07)	16:52.26
6. Rachael Krager (2/28/09)	16:53.43
7. Becca Cohen (3/2/02)	16:55.99
8. Jill Olson (12/1/01)	16:56.31
9. Shelly Hart (2/9/92)	16:58.17
10. Samantha Howell (3/1/19)	16:58.90

100-YARD BUTTERFLY

1. Michaela Ahlin (3/20/09)	53.40
2. Emma Johansson (12/7/13)	53.50
3. Anna Brolin (2/26/16)	53.65
4. Lindsay Henahan (2/28/03)	53.75
5. Talor Whitaker (2/25/11)	54.08
6. Alison Mand (2/28/14)	54.71
7. Rachel Dong (11/30/01)	54.75
8. Elise Locke (11/21/15)	54.81
9. Haley Rose Love (12/6/14)	54.87
10. Melissa Hubley (11/30/01)	55.13

200-YARD BUTTERFLY

1. Michaela Ahlin (3/21/09)	1:56.46
2. Jasmine Margetts (2/25/17)	1:57.46
3. Elise Locke (2/27/16)	1:58.31
4. Mia Zahab (11/23/19)	1:59.73
5. Kendra Griffin (2/27/16)	2:00.12
6. Melissa Hubley (2/24/01)	2:00.36
7. Kayli Changstrom (10/7/05)	2:03.73
8. Bryn Mooney (12/5/04)	2:03.88
9. Anna Brolin (12/7/14)	2:04.38
10. Talor Whitaker (11/12/10)	2:04.53

200-YARD INDIVIDUAL MEDLEY

1. Addisynn Bursch (2/23/17)	1:59.34
2. Talor Whitaker (2/24/11)	2:00.42
3. Lauren Burckel (11/21/19)	2:00.50
4. Taylor McCoy (11/21/19)	2:00.51
5. Jasmine Margetts (11/20/15)	2:01.56
6. Shelbi Luchini (2/24/12)	2:01.84
7. Kelly Tannhauser (12/6/13)	2:02.06
8. Mia Zahab (11/21/19)	2:02.13
9. Loree Olson (2/25/16)	2:02.53
10. Presley Wetterstrom (2/25/16)	2:02.56

400-YARD INDIVIDUAL MEDLEY

1. Addisynn Bursch (2/24/17)	4:14.95
2. Taylor McCoy (11/22/19)	4:15.31
3. Jasmine Margetts (2/24/17)	4:16.23
4. Loree Olson (3/1/13)	4:16.27
5. Mia Zahab (11/22/19)	4:16.78
6. Michaela Ahlin (2/27/09)	4:17.23
7. Kelly Tannhauser (2/28/14)	4:18.72
8. Shelbi Luchini (2/24/12)	4:21.18
9. Kayli Changstrom (2/16/07)	4:21.31
10. Mackenzie Duarte (11/22/19)	4:21.66



HEAD COACH MATT LEACH



**Matt
LEACH**
Head Coach
Second Season

Matt Leach is in his second season leading the Washington State University Women's Swimming program after being hired July 19, 2018.

Leach guided his young Cougar team to a number of accomplishments in his first season at WSU highlighted by producing the program's first NCAA National Championship participant in sophomore Mackenzie Duarte since 2010. Leach also led the Cougars to the postseason, finishing eighth at the CSCAA National Invitational Championships including an individual title by Linnea Lindberg in the 50 breaststroke. The Cougars reached many milestones under Leach in 2018-19, posted ten WSU Top-10 times at the Pac-12 Conference Championships, set two school records in the 100 free and 200 breast through the year, three different swimmers recorded double-digit wins and as a team were ranked second in the Pac-12 based on improvement from the year prior, according SwimSwam.com. Academically, WSU earned CSCAA Scholar All-America Team honors (Team GPA of 3.00+) in the fall and spring, three swimmers earned CSCCA Scholar All-American honorable mention accolades and eight earned Pac-12 All-Academic honors including a pair of first-team selections.

Leach joined WSU after spending the previous three years at Indiana State where he started the swimming and diving programs in 2015 and began competing in the 2016-17 season. In the program's second season, Leach was named the 2017-18 Missouri Valley Coach of the Year after guiding the Sycamores to a 13-win campaign that featured a 10-dual match win streak and a record-setting team performance at the Missouri Valley Conference Championships where ISU set school records in every event, highlighted by the program's first individual conference champion. Nine Sycamores earned All-MVC honors including a trio of first-team selections.

Out of the pool, Leach saw his team earn CSCAA Scholar All-American honors for the third straight semester, including the highest team GPA in the Missouri Valley Conference. Six student-athletes earned MVC All-Academic honors this past season after five earned the same honor in 2016-17.

Prior to Indiana State, Leach spent six seasons at the University of Wyoming (2009-15), including the final four seasons as associate head coach and worked extensively with sprint swimmers. Leach helped rewrite the Cowgirl record books, as every sprint event school record was broke during his time on staff. He has also coached sprint swimmers to NCAA and Olympic trials competitions including two-time All-America selection Kelsey Conci who earned trips to the NCAA Championships in the 100 backstroke and the 50 and 100 freestyle, placing 10th in the 100 backstroke at the 2011 NCAA Championships and ninth at the 2012 championships.

Leach arrived at Wyoming from Louisiana State University where he began as a graduate assistant in 2004, and then as a volunteer assistant coach for two seasons (2007-09). At LSU, Leach helped guide several athletes to the NCAA Championships, and a top-25 ranking for both the men's and women's teams. Leach also served as the head age group coach at Tiger Aquatics from 2006-09 where he was named the 2007 Louisiana State Age Group Coach of the Year for his efforts in his first season.

A native of Portland, Ore., Leach swam collegiately at Indiana University (2000-04), where he was a was a four-time All-American, helped the Hoosiers to a Big Ten Conference Championship in the 200 medley relay as a senior and still holds school records as a member of the 200 freestyle relay and 400 medley relay. Leach also performed on the national stage, as he took part in the 2000 and 2004 U.S. Olympic Trials.

Leach graduated from Indiana in December 2004 with a bachelor's degree in environmental management. He received his master's degree, also in environmental planning and management, from LSU in May 2007. Leach and his wife, Katie welcomed their daughter Eloise this past summer.

LEACH'S COACHING CAREER

SCHOOL	YEARS	DUALS	CONFERENCE
ISU	2016-17	3-6	Seventh (148)
ISU	2017-18	13-6	Fourth (477)
WSU	2018-19	4-9	Eighth (284.5)
WSU	2019-20	3-3	--
OVERALL	4Years	23-24	--

2018-19 PAC-12 ACADEMIC HONOR

ALL-ACADEMIC FIRST TEAM

Luci Brock, Public Relations	3.81
Taylor McCoy, Political Science	3.82

ALL-ACADEMIC SECOND TEAM

Ryan Falk, Apparel Merchandising & Design	3.62
Chole Larson, Sport Science	3.77

ALL-ACADEMIC HONORABLE MENTION

Mackenzie Duarte, Kinesiology	3.25
Linnea Lindburg, Psychology	3.00
Samantha Howell, Human Development	3.01
Mia Petrides, Psychology	3.34

CSCAA SCHOLAR ALL-AMERICA

TEAM SCHOLAR ALL-AMERICA

Fall 2011
Fall 2013
Spring 2014
Fall 2014
Spring 2014
Spring 2015
Fall 2016
Spring 2016
Spring 2017
Fall 2017
Spring 2018
Fall 2018
Spring 2019

INDIVIDUAL SCHOLAR ALL-AMERICA (HM)

Linnea Lindberg
Taylor McCoy
Lauren Burckel

COUGARS

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