

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2021

The Springs Memory Supported Assisted Living

<p>10:15 Noodle Exercises 10:45 Daily Chronicle 1:00 Window Watching 1:30 Social Hour 2:30 May Trivia 3:30 Table Games 4:00 Fun with Photographs 6:00 Sing Along</p>							<p>2</p>	<p>10:15 Balloon Volleyball 10:45 Daily Chronicle 1:00 Jigsaw Puzzles 1:30 Sip and Paint 2:30 Name That Tune 3:30 Ring Toss 4:00 Magazine Time 6:00 Aromatherapy</p>							<p>3</p>	<p>10:15 Exercise with Scarves 10:45 Daily Chronicle 1:00 Visits with Neighbors 1:30 Flower Arrangements 2:30 Armchair Travel 3:30 Snacks and Chats 4:00 Getting to Know You 6:00 Listening to Music</p>							<p>4</p>	<p>10:15 Music Dancing 10:45 Daily Chronicle 1:00 Hush and Listen 1:30 Ladies Group 2:30 Bingo 3:30 Cinco de Mayo Party 4:00 Gardening Club 6:00 Meditation Reading</p>							<p>5</p>	<p>10:15 Scenic Bike Ride 10:45 Daily Chronicle 1:00 Faith Service 1:30 Hair Day 2:30 Capitals & States 3:30 Snacks and Chats 4:00 Newspaper Reading 6:00 Remembering Classics</p>							<p>6</p>	<p>10:15 Parachute Exercise 10:45 Daily Chronicle 1:00 Bird Watching 1:30 Men's Group 2:30 T.G.I.F. Happy Hour 3:30 Adult Coloring 4:00 Points of Interest 6:00 Movies and Popcorn</p>							<p>7</p>	<p>10:15 Mindful Movements 10:45 Daily Chronicle 1:00 Bird Watching 1:30 Jigsaw Puzzles 2:30 Kentucky Derby Day 3:30 Snacks and Chats 4:00 Magazine Time 6:00 Hand Massages</p>							<p>1</p>
<p>10:15 Nature Walk 10:45 Daily Chronicle 1:00 Mother's Day Tea 1:30 Remember When 2:30 Resident Choice 3:30 Match 'em Up 4:00 Sensory Bins 6:00 Evening Chit Chat</p>							<p>9</p>	<p>10:15 Underwater Exercise 10:45 Daily Chronicle 1:00 Window Watching 1:30 Sip and Paint 2:30 It's Raining...It's Pouring 3:30 Self-Collages 4:00 Catalog Flipping 6:00 Aromatherapy</p>							<p>10</p>	<p>10:15 Chair Aerobics 10:45 Daily Chronicle 1:00 Visits with Neighbors 1:30 Baking Club 2:30 Poetry Reading 3:30 Snacks and Chats 4:00 Detective Drawer 6:00 Listening to Music</p>							<p>11</p>	<p>10:15 Music Dancing 10:45 Daily Chronicle 1:00 Flower Shop 1:30 May Birthday Party 2:30 Bingo 3:30 Remember When... 4:00 Hand Massages 6:00 Meditation Reading</p>							<p>12</p>	<p>10:15 Gentle Movements 10:45 Daily Chronicle 1:00 Faith Service 1:30 Sunflower Craft 2:30 Songwriting 3:30 Snacks and Chats 4:00 Journey's End 6:00 Remembering Classics</p>							<p>13</p>	<p>10:15 Dance to the Beat 10:45 Daily Chronicle 1:00 Match 'em Up 1:30 Men's Group 2:30 T.G.I.F. Happy Hour 3:30 Adult Coloring 4:00 Touch and Tell 6:00 Movies and Popcorn</p>							<p>14</p>	<p>10:15 Mindful Movements 10:45 Daily Chronicle 1:00 Bird Watching 1:30 Jigsaw Puzzles 2:30 Letters to the Troops 3:30 Snacks and Chats 4:00 Magazine Time 6:00 Hand Massages</p>							<p>15</p>
<p>10:15 Noodle Exercises 10:45 Daily Chronicle 1:00 Window Watching 1:30 Social Hour 2:30 Solve the Riddles 3:30 Table Games 4:00 Fun with Photographs 6:00 Sing Along</p>							<p>16</p>	<p>10:15 Balloon Volleyball 10:45 Daily Chronicle 1:00 Card Games 1:30 Sip and Paint 2:30 Sing-along 3:30 Memory Boxes 4:00 Dear Abby Discussion 6:00 Aromatherapy</p>							<p>17</p>	<p>10:15 Exercise with Scarves 10:45 Daily Chronicle 1:00 Visits with Neighbors 1:30 Name that Tune 2:30 Armchair Travel 3:30 Snacks and Chats 4:00 Finishing Phrases 6:00 Listening to Music</p>							<p>18</p>	<p>10:15 Music Dancing 10:45 Daily Chronicle 1:00 Letter Writing 1:30 Ladies Group 2:30 Bingo 3:30 Complete the Sentence 4:00 Gardening Club 6:00 Meditation Reading</p>							<p>19</p>	<p>10:15 Scenic Bike Ride 10:45 Daily Chronicle 1:00 Faith Service 1:30 Hair Day 2:30 Complete the Line 3:30 Snacks and Chats 4:00 Would You Rather 6:00 Remembering Classics</p>							<p>20</p>	<p>10:15 Parachute Exercise 10:45 Daily Chronicle 1:00 Word Searches 1:30 Men's Group 2:30 T.G.I.F. Happy Hour 3:30 Adult Coloring 4:00 Points of Interest 6:00 Movies and Popcorn</p>							<p>21</p>	<p>10:15 Stretch and Breathe 10:45 Daily Chronicle 1:00 Coffee Chat 1:30 Courtyard Time 2:30 Helping Hands 3:30 Snacks and Chats 4:00 Resident Choice 6:00 Hand Massages</p>							<p>22</p>
<p>10:15 Nature Walk 10:45 Daily Chronicle 1:00 Folding Napkins 1:30 Letters to Loved Ones 2:30 Resident Choice 3:30 Points of Interest 4:00 Sensory Bins 6:00 Evening Chit Chat</p>							<p>23</p>	<p>10:15 Underwater Exercise 10:45 Daily Chronicle 1:00 Matching Game 1:30 Sip and Paint 2:30 Rhyme the Word 3:30 Antique Product Day 4:00 Listening to Music 6:00 Aromatherapy</p>							<p>24</p>	<p>10:15 Chair Aerobics 10:45 Daily Chronicle 1:00 Visits with Neighbors 1:30 Baking Cub 2:30 Poetry Reading 3:30 Snacks and Chats 4:00 Touch and Tell 6:00 Listening to Music</p>							<p>25</p>	<p>10:15 Music Dancing 10:45 Daily Chronicle 1:00 Match em' Up 1:30 Resident Council 2:30 Bingo 3:30 Grab Bag 4:00 Hand Massages 6:00 Meditation Reading</p>							<p>26</p>	<p>10:15 Gentle Movements 10:45 Daily Chronicle 1:00 Faith Service 1:30 Bird Catcher Craft 2:30 Card Games 3:30 Snacks and Chats 4:00 Meditation Time 6:00 Remembering Classics</p>							<p>27</p>	<p>10:15 Dance to the Beat 10:45 Daily Chronicle 1:00 Aromatherapy 1:30 Men's Group 2:30 T.G.I.F. Happy Hour 3:30 Adult Coloring 4:00 Sensory Bins 6:00 Movies and Popcorn</p>							<p>28</p>	<p>10:15 Mindful Movements 10:45 Daily Chronicle 1:00 Bird Watching 1:30 Jigsaw Puzzles 2:30 Letters to the Troops 3:30 Snacks and Chats 4:00 Magazine Time 6:00 Hand Massages</p>							<p>29</p>
<p>10:15 Noodle Exercises 10:45 Daily Chronicle 1:00 Window Watching 1:30 Social Hour 2:30 Finish the Proverbs 3:30 Table Games 4:00 Fun with Photographs 6:00 Sing Along</p>							<p>30</p>	<p>10:15 Balloon Volleyball 10:45 Daily Chronicle 1:00 What's in a Name? 1:30 Sip and Paint 2:30 Memorial Day Service 3:30 Sense of Scent 4:00 Proverbs 6:00 Aromatherapy</p>							<p>31</p>	<p>May Special Events: 5/5 – Cinco De Mayo Happy Hour @ 3:30 PM 5/9 – Mother's Day Tea and Treats @ 1:00 PM 5/12 – May Birthday Party @1:30 PM 5/26 – Picnic @11:30 AM 5/31 – Memorial Day Service @ 2:30 PM</p>																																							

Activities are subject to change.

Life Enrichment Staff: Aubrey, Sia and Lauren