

# Preserve your favorite fruits and vegetables this season with UT Extension!



This summer and fall, Rachel York, Family & Consumer Science Agent, will be providing several hands-on canning workshops. Participants will learn safe and easy methods for preserving fruits and vegetables at home. All ingredients and supplies will be provided! No experience is required.

<b>Jams &amp; Jelly Canning Workshop</b> \$20	Monday June 5	6:00 PM	Town of Unicoi Tourist Information Center
<b>Pressure Cooker Canning Workshop</b> \$20	Monday August 7	6:00 PM	Town of Unicoi Tourist Information Center
<b>Bread Baking Workshop</b> \$10	Monday September 18	6:00 PM	Mountain Harvest Kitchen
<b>Freezing &amp; Dehydrating Safely</b> Free	Monday October 16	6:00 PM	Mountain Harvest Kitchen



To learn more or sign-up, contact UT Extension Unicoi County.

**Phone:** (423) 735-1637

**Website:** [unicoi.tennessee.edu](http://unicoi.tennessee.edu)

**Facebook:** [www.facebook.com/unicoiextension](http://www.facebook.com/unicoiextension)