



Mayo Clinic River City Ramble

Saturday, August 5, 2017

5K run/walk 8AM, ages 7 & older

2 mile walk 8:30AM, all ages

Kids fun run (approx. 1K) 9AM, ages 2-10

Registration:

5K: \$20 thru July 10th (Deadline to purchase race shirt).

July 11th – August 4th \$25. \$30 on race day.

2 Mile Walk: \$15 thru July 7th (Deadline to purchase race shirt).

July 11th – August 4th \$20. \$25 on race day.

Kids Fun Run is free, though registration is required.

Join us at Central Park Bandshell to get ready to ramble, a free community walking and running program. 11:30AM for runners and 5:15PM for walkers and runners.



Sponsored and organized by Mayo Clinic Health System in Red Wing and the Red Wing YMCA. Proceeds benefit the Red Wing Family YMCA & Camp Pepin scholarship fund.

For more information, visit www.mayoclinichealthsystem.org/ramble
or contact Elizabeth Greenawalt at egreenawalt@redwingymca.org or 651-388-4724.