



# LIVING FREE NEWS

Newsletter for the veteran families of Charlottesville

## Summer Edition

### LFREE EVENTS



June 23, 2018 Registration opened March 15. A portion of the proceeds benefit Living Free.

**Click on Icons to learn more**

June 27, 2018 5:30-8pm  
**Dab for Good BINGO at Random Row Brewing Co.** 608 Preston Ave. All proceeds benefit Living Free.

### SEE FLYER BELOW

July: Mission Mondays @ Altr'd States 10% of Monday sales @ the Stonefield location will be donated to Living Free.



July 8, 2018 12-2pm **Polo Picnic Potluck @ King Family Vineyard in Crozet, Va** Fried Chicken & cold drinks will be provided. Bring a side dish & friends to share. RSVP by July 7th.

July 23, 2018 7-8:30pm  
**Timberwood Grill Dinner with Jubilee.** Tickets on sale now.



The morning of June 2, 2018 began early with ParadeRest's For Our Freedom 5K at UVA Research Park & ended with Living Free being awarded with a \$10,000 check!

Thank you to ParadeRest & The UVA Foundation! Their generous donation makes Living Free possible for the military families of Charlottesville. For more information about ParadeRest go to: [Paraderestva.org](http://Paraderestva.org)



### COMMUNITY PARTNER SPOTLIGHT



It would be a terrible oversight to not mention the amazing partner that Mission BBQ is to Living Free. At the request of Jeanie Payne, Mission BBQ has agreed to continue to assist Living Free with generous in kind food donations & to highlight LFree as a local veteran effort worthy of notice & support. This means more events & programs for all Cville families. Thank you to Mission BBQ & their tireless support of Veterans! You are making a difference!

*"This program is so amazing for veterans AND their spouses. There is so much learning that benefits the entire family. Military families NEED this." -spouse of ret US Army combat vet*

Watch the new promo video by Lifeview Marketing here: <https://www.youtube.com/watch?v=LMYFPhH-Muw&t=36s>

JOIN US WED JUNE 27 5:30-8:00PM

RANDOM ROW BREWING CO 608 PRESTON AVE 22903

FAMILY FRIENDLY BINGO FUN BENEFITING LIVING FREE PROGRAMS FOR MILITARY FAMILIES OF CHARLOTTESVILLE

GREAT PRIZES! BRING YOUR FRIENDS & FAMILY & DO SOME GOOD!

PIZZA TRUCK AVAILBLE



RANDOM ROW BREWING CO.

**Dab for Good BINGO**

**LIVING FREE**  
FEARLESS • FOCUSED • FREE

**\$1 per pint donated**

**\$5 for 10 rounds**