

GET INVOLVED

The Older Peoples Assembly welcomes new members, its an ideal opportunity to get involved, have your say, to use your skills and add to the voice of the over 55's. Membership is open to all residents of Southend Borough who are 55 or over. All that's needed is for you to enter your details below and return this tear off slip to the address shown over-leaf or email southendopa@yahoo.co.uk

OLDER PEOPLE'S ASSEMBLY

I would like to make a difference and become a member of the OPA:

Title: _____

Name: _____

Address: _____

Postcode: _____

Telephone: _____

Mobile: _____

E-mail: _____

Calling All
Over 55's



We all matter and are a vital part of this town's resources. Speak up for your community, help



The Older People's Assembly to make a real difference. Together we can do so much more.

So Come On...
Get Involved
Join the OPA Today

www.southendopa.org.uk

email: southendopa@yahoo.co.uk

Our Community
Our Voice

SOUTHEND OLDER PEOPLES ASSEMBLY

Established 2007

WORKING INDEPENDENTLY FOR THE OVER 55'S



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What Does OPA Do??

The Older Peoples Assembly has grown since its inception in 2007 and its primary aim is still to be a platform for awareness, change and to give us over 55's a voice in our community. Together we can make a difference and as members we need to be aware of issues facing our age group and not be afraid to ask questions, raise issues and be more proactive. So often the consultation regarding services and support for us over 55's doesn't give us a fair opportunity to have our say and be listened to. Change is often implemented without our involvement and not necessarily to our benefit. **The OPA can and does challenge and provides YOU with an avenue to raise your concerns .**



TOGETHER WE CAN MAKE A DIFFERENCE

You Can Make A Difference

Come to our Public Meetings, share your experiences and concerns and have your chance to speak up about services, or in some cases lack of them and help us to influence change. Public meetings are held regularly throughout the year and our members receive an invitation and notice of agenda ahead of each meeting.



If you would like to have a specific topic discussed or have a question to ask, send us the details at least two weeks before a meeting so that we can bring it to the fore and where possible have a speaker attend to address The Assembly on the subject.

Send your questions by post to:
Southend Older Peoples Assembly.
C/O 170A Brightwell Avenue
Southend on Sea SS09EH
or email: southendopa@yahoo.co.uk

OPA ADDRESS FOR MEMBERSHIP APPLICATION RETURN

Southend Older Peoples Assembly

C/O 170A BRIGHTWELL AVENUE

SOUTHEND ON SEA

SS0 9EH

