

## TSSAA Football Rules Exam

Most questions are True or False, some at the end of the test are multiple choice

1. Completely clear or completely white tooth and mouth protectors are legal.
2. Football gloves are required to meet either the SFIA specification or the existing NOCSAE standard at the time of manufacture.
3. The penalty for a player who is not properly equipped has changed from a distance penalty against the team to removal of that player for at least one down.
4. A forward pass has gone beyond the neutral zone if at any time during the pass, some part of the ball is beyond the neutral zone.
5. Blocking is obstructing an opponent by contacting him with any part of the blocker's body.
6. Clipping in the free-blocking zone is illegal.
7. Other than replay or television monitoring equipment, game officials may use supplementary equipment to aid in game administration as authorized by the state association.
8. An artificial arm may not be worn by any player.
9. Decorative markings in the end zone may be within a foot of the goal line.
10. The two 1-inch white or yellow stripes on the ball shall be located only on the two panels adjacent to the laces.
11. It is recommended that goal lines be marked in a color that contrasts with other field markings.
12. The goal line pylons may be any color as long as they are the same color.
13. The pylon when properly placed on the goal line is out of bounds at the intersection of the sideline and goal line extended.
14. Effective 2021, the jerseys of the home team shall be a dark color that clearly contrasts to white.
15. Member state associations may determine the game official who is to accompany the referee during the required pre-game meeting with each head coach.
16. A football jersey must completely cover the shoulder pads and all pads worn above the waist on the torso.
17. The top of the crossbar on the goal post shall be \_\_\_\_\_ above the ground, measured from the base of each upright to the top of the crossbar at the intersection, or at each end of the crossbar perpendicular to the ground when a single pedestal is used.
  - A. 8 feet
  - B. 10 feet
  - C. 12 feet
  - D. 14 feet
18. The ball may contain only the following permissible items:
  - A. Ball manufacturer's name and/or logo.
  - B. School name, logo, and/or mascot.
  - C. State association name and/or logo.

- D. Any of the above.
- E. None of the above.