

CATERING MENU

You have lots of decisions to make for your next meeting. Let your Meal choice be the easiest one! Fresh Kitchen offers good, fresh, high-energy options that will leave your attendees invigorated.

Power Bowls

All Power Bowls include choice of 2 Bases, 2 Veggies and 2 Sauces

Minimum 10 People

2 Protein / 12.95

3 Protein / 14.95

Bases

3-Grain Pilaf
Beans & Lentils
Smashed Potatoes

Vegetables

Roasted Seasonal Vegetables
Lemon-Garlic Broccoli
Sautéed Balsamic Mushrooms
Vegetable of the Day

Proteins

Grilled Chicken Shrimp Scampi
Grilled Steak Sweet Chili Tofu

Sauces

Sweet & Spicy Korean
Lemon-Herb Chimì
Honey-Lime Yogurt
Citrus Vinaigrette
Sweet Sesame
Ranch

Desserts!

Priced per Dozen

Bourbon Sea Salt Rice Krispy
Treats / 18.00

Assorted Cookies / 18.00

Boxed Lunches

Includes Whole Fruit, choice of Side or Chips and Chef's Choice of Dessert

All Sandwiches served with Mixed Greens and Tomato slices. Minimum 5 People

Turkey & Pesto / 12.95

Served with Swiss on a Wrap

Italian / 12.95

Ham, Salami, Provolone & Giardiniera on a Hoagie

Beef & Bleu / 13.95

Horseshadish Sauce & French Fried Onions finish off this wrap!

Beef, Provolone & Sriracha / 13.95

Roasted Vegetable Wrap / 11.95

Today's Veggie Blend with Provolone & Pesto Mayo on a wrap

Sides

Dijon Potato Salad
Cucumber-Tomato-Onion Salad
Vegetable Pasta Salad
Honey-Lime Slaw
Kettle Chips

Beverages

Bottled Water / 1.00

Canned Soda / 1.00

Honest or Argo Tea / 2.95

Sparkling Ice / 1.75

Naked Juice / 2.95

San Pellegrino / 1.95

Perrier / 1.95

Salads

Choose your Protein and your Salad

Minimum 5 People

Chicken or Tofu / 11.95

Steak or Shrimp / 12.95

All Salads served with our Fresh Kitchen blend of tender Mixed Greens, Spinach & Kale

Asian

Mandarin Orange, Sweet Peppers & Sliced Almonds. Served with Honey-Sesame Dressing.

Classic Caesar

Soba Noodle

Crunchy Cabbage, Green Onions & Mandarin Oranges. Served with Asian Ginger Dressing.

Superfood

Sliced Mushrooms, Shredded Carrots, Sweet Peppers, Almonds and Cranberries. Served with Citrus Vinaigrette.

Steakhouse

Smashed Potatoes, Tomatoes, Cucumbers, French Fried Onions and Croutons. Served with Chimichurri Dressing.

