

Creative Journaling Workshop

Saturday, 21 July from 10 - 12:30

The Malthouse in Herstmonceux, £18.

A mixed-media journal can help track your creative process and stimulate your imagination. Guest Tutor and Author, Helen Stockton will be guiding you through the process and assist you in honouring your craft through journaling. Everything you need to get started will be supplied on the day along with coffee and tea to keep you going. If a journey begins with a single step, then a journal must begin with the first page. You are welcome to bring along any of your favourite bits to make your first page more memorable.

For more information or to sign up for the workshop, please call or text Suzanne on mobile 07771906630.

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