



TRAUMA-FOCUSED NARRATIVE THERAPY TRAINING

Based on The Allender Center Methodology.

The Art of Living Counseling Center
900 Pyott Road, Suite 102 Crystal Lake, Illinois 60014
815.444.9076
artofliving2@me.com
artoflivingcounseling.com

In this professional training participants will learn how to read the deeper meaning of personal narratives and uncover the hidden themes and storylines that are present in all stories. The personal narratives that we all carry inside give shape and substance to every area of a persons life. Unfortunately these narratives do not reveal themselves easily and they are layered with complexity. Learning to identify and decipher the themes of these inner narratives allow professionals from a variety of disciplines to better assist their clients in reaching their goals of healing and growth.

To sign up for the next Narrative Group Therapy Training,
Please sign up here:

[Trauma-Focused Narrative Therapy Training](#)

Training will Cover:

- How to look at healing through the lens of understanding your story
- Importance of knowing your personal story in order to engage other's stories well
- How to read story well
- Understanding the system of the family
- Understanding evil's presence in stories
- Understanding and utilizing group dynamics
- Learning how to structure, market and start a narrative story group in your practice, church or community

This training will involve teaching, group discussion, personal story engagement, practice in co-facilitation of others stories, and video supervision and coaching.