

MOTOR CITY DANCE FACTORY 2018-2019

DAY	TIME	CLASS	ROOM
MONDAY	4:45 – 5:45	Creative Movement	JEFFERSON
	4:45 – 5:45	Mini Hip Hop	WEST GRAND BLVD.
	5:45 – 7:15	Fundamentals Ballet / Tap 1	JEFFERSON
	5:45 – 7:15	Fundamentals Ballet / Tap 2	WGB / WOODWARD
	6:00 – 7:00	Power Hour Liturgical Dance	BROADWAY
	6:00 – 7:00	Elementary Boys Hip Hop	SEVEN MILE
	6:15 – 7:15	Intermediate 1 Hip Hop	WEST GRAND BLVD.
	6:30 – 7:30	Gymndancetics	FORT / SEVEN MILE
	7:00 – 8:00	Adult Ballet	BROADWAY
	7:15 – 8:15	Tap Choreography	WEST GRAND BLVD.
	7:15 – 8:15	Adult Hip Hop	SEVEN MILE
	7:15 – 8:15	Mini Jazz	WOODWARD
	8:15 – 9:15	Adult Tap	WEST GRAND BLVD.
TUESDAY	5:00 – 6:00	Development Hip Hop	WEST GRAND BLVD.
	5:00 – 6:00	Draft	WOODWARD
	6:00 – 7:00	Creative Movement	JEFFERSON
	6:00 – 7:00	Development 1 Ballet	BROADWAY
	6:00 – 7:00	Hip Hop Sculpt and Tone	WEST GRAND BLVD.
	6:00 – 7:00	Intermediate 2 Hip Hop	SEVEN MILE
	7:00 – 8:00	Adult Hip Hop	SEVEN MILE
	7:00 – 8:00	Improvisation	WOODWARD
	7:00 – 8:00	Zumba	WEST GRAND BVLVD.
	7:00 – 8:00	Development 1 Jazz	BROADWAY
8:00 – 9:00	Advanced Hip Hop	SEVEN MILE	
WEDNESDAY	5:00 – 6:00	Kinderdance 2	JEFFERSON
	5:00 – 6:00	Bounding Boys	SEVEN MILE
	6:00 – 7:00	Creative Movement	JEFFERSON
	6:00 – 7:00	Kinder Hip Hop	SEVEN MILE
	6:00 – 7:00	Drive	WEST GRAND BLVD.
	6:00 – 7:15	Ballet Silver	WOODWARD
	6:00 – 7:15	Ballet Black	BROADWAY
	7:00 – 8:00	Kinderdance 1	JEFFERSON
	7:00 – 8:00	Ballroom	WEST GRAND BLVD.
	7:15 – 8:00	Pointe	WOODWARD
	7:15 – 8:30	Ballet Red	BROADWAY
8:30 – 9:30	Advanced Pro Drop In / Jazz Black	WEST GRAND BLVD.	
THURSDAY	5:00 – 6:00	Creative Movement	JEFFERSON
	5:00 – 6:00	Kinderdance	BROADWAY /SEVEN
	5:30 – 6:30	Jazz Red	WOODWARD
	6:00 – 7:00	Junior Ballet	BROADWAY
	6:00 – 7:00	Kinder Hip Hop	SEVEN MILE
	6:00 – 7:00	Teen Hip Hop	WEST GRAND BLVD.
	6:00 – 7:00	Get It Girls	JEFFERSON
	6:30 – 7:30	Intermediate Modern	WOODWARD
	7:00 – 8:00	Junior Jazz	WEST GRAND BLVD.
	7:00 – 8:30	Teen Ballet / Jazz	BROADWAY
	7:00 – 8:00	Junior Boys Hip Hop	SEVEN MILE
	7:30 – 8:30	Advanced Modern	WOODWARD
	8:00 – 9:00	Teen / Adult Jit Masters	SEVEN MILE
8:00 – 9:00	Junior Hip Hop	WEST GRAND BLVD.	

DAY	TIME	CLASS	ROOM	
FRIDAY	5:00 – 6:00	Ignition	SEVEN MILE	
	6:00 – 7:00	Jazz Silver	WOODWARD	
	6:00 – 7:00	Product Development Rehearsal	BROADWAY	
	6:00 – 7:00	Dvlpt. / Red Intermediate Tap	WEST GRAND BLVD.	
	7:00 – 8:00	Silver / Black Advanced Tap	WEST GRAND BLVD.	
	7:00 – 8:00	Concept Rehearsal	WOODWARD	
	7:00 – 8:00	Journeymen Rehearsal	BROADWAY	
SATURDAY	9:00 – 10:00	Development Ballet 1	WOODWARD	
	9:00 – 10:00	Kinderdance 2	JEFFERSON	
	9:30 – 11:00	Fundamentals Ballet/Tap 1	SEVEN MILE /BWY	
	9:30 – 11:00	Fundamentals Ballet / Tap 2	WGB/WOODWARD	
	10:00 – 11:00	Development Jazz 1	WEST GRAND BLVD.	
	10:00 – 11:00	Creative Movement	JEFFERSON	
	11:00 – 12:00	Kickboxing	SEVEN MILE	
	11:00 – 12:00	Mini Jazz	BROADWAY	
	11:00 – 12:00	Kinder Hip Hop	JEFFERSON	
	11:00 – 12:00	West African Dance	WEST GRAND BLVD.	
	12:00 – 1:00	Mini Hip Hop	SEVEN MILE	
	12:00 – 1:00	Creative Movement	JEFFERSON	
	12:00 – 1:00	Development Ballet 2	WOODWARD	
	12:00 – 1:00	Kinderdance 1	WEST GRAND BLVD.	
	12:00 – 1:00	Junior Ballet	BROADWAY	
	1:00 – 2:00	Development 2 Jazz	WOODWARD	
	1:00 – 2:00	Junior Jazz	BROADWAY	
	1:00 – 2:00	Torque	WEST GRAND BLVD.	
	2:00 – 3:00	Development Hip Hop	WEST GRAND BLVD.	
	2:00 – 3:00	Mini Hip Hop	SEVEN MILE	
	2:00 – 3:00	Junior Tap	JEFFERSON	
	3:00 – 4:00	Junior Hip Hop	SEVEN MILE	
	3:00 – 4:00	Development Tap	WEST GRAND BLVD.	
	3:00 – 4:00	Adult Jit	JEFFERSON	
	4:00 – 5:00	Junior Jit Masters	SEVEN MILE	
	GYMNASTICS	M	TIME	CLASS LEVEL
5:00 – 6:00			Intermediate 1 / 2 Gymnastics	8 + /recommendation
6:00 – 7:00			Pre – Gymnastics	3 – 5
6:00 – 7:00			Beginning Gymnastics	6 +
7:00 – 8:00		Beginning Gymnastics	10 +	
T		5:00 – 6:00	Pre – Gymnastics	3 – 5
		6:00 – 7:00	Beginning Gymnastics	6+
		7:00 – 8:00	Beginning / Intermediate 1	10+
W		5:00 – 6:00	Pre – Gymnastics	3 – 5
		6:00 – 7:00	Beginning Gymnastics	6+
		7:00 – 8:00	Intermediate Gymnastics	8+ /recommendation
Th		6:00 – 7:00	All Boys Gymnastics	6+ /recommendation
		7:00 – 8:00	Intermediate / Advanced Gymnas	8+
S		9:00 – 10:00	Pre-Gymnastics	3 – 5
		9:00 – 10:00	Beginning Gymnastics	6+
		10:00 – 11:00	Advanced Gymnastics	Placement only
		11:00 – 12:00	Pre-Gymnastics	3 – 5
	11:00 – 12:00	Beginning Gymnastics	6+	
	12:00 – 1:00	Intermediate 1 Gymnastics	8+/recommendation	
	1:00 – 2:00	Intermediate 2 Gymnastics	Placement Only	
	2:00 – 3:00	Beginning Gymnastics	10+	





Motor City Dance Factory

21630 Melrose Avenue
(on Lahser between 8 mile & 9 mile)
Southfield, MI 48075
248-905-5678

www.motorcitydancefactory.com

REGISTRATION FEES

\$25.00 – Individual
\$40.00 – Family

Late Registration (after 9/30)
\$40.00 – Individual
\$65.00 – Family

Registration closes 10/31 for
ALL children's classes.

MONTHLY TUITION

1 - \$ 55.00 per month
2 - \$100.00 per month
3 - \$135.00 per month
4 - \$160.00 per month
5 - \$175.00 per month
6+ \$180.00 per month

Sibling Discount – 10%

ADULT CLASSES ONLY

Drop In Rate - \$10.00

Monthly Rate - \$35.00

Punch Cards
4 classes - \$35.00
8 classes - \$60.00
12 classes - \$75.00

Tuition

First month's tuition is due at the time of registration. Thereafter, tuition is due the first of every month. Tuition remains constant, regardless of student's attendance (make up classes are available). A \$10 late fee is assessed to an account if there is a balance after the 10th of the month. Payments are accepted by cash, check, and credit card in the office and by credit card online. For your convenience, you may sign up for Auto-Pay.

Costume Fees

Costume Fees are automatically added to your account upon registration. Fees should be paid in the office by cash or check. Costume Fees must be paid in full by October 31st.

All fees are non-refundable and non-transferrable.

Please see "Studio Policies" for details

Motor City Dance Factory

ADULT CLASSES

Monday

- 6:00 – 7:00 Power Hour Liturgical Dance Class*
- 7:00 – 8:00 Adult Ballet
- 7:15 – 8:15 Adult Hip Hop with Quatiece
- 8:15 – 9:15 Adult Tap

Tuesday

- 6:00 – 7:00 Hip Hop Sculpt & Tone
- 7:00 – 8:00 Zumba
- 7:00 – 8:00 Adult Hip Hop with Jeff

Wednesday

- 7:00 – 8:00 Ballroom
- 8:30 – 9:30 Advanced Jazz Drop In (every other Wednesday)

Thursday

- 8:00 – 9:00 JIT Masters

Saturday

- 11:00 – 12:00 Kickboxing
- 11:00 – 12:00 West African Dance
- *3:00 – 4:00 Adult JIT

*Multi-generational class

ADULT CLASS RATES

Drop In Rate - \$10.00
Monthly Rate - \$35.00

Punch Cards

4 classes - \$35.00
8 classes - \$60.00
12 classes - \$75.00

MCDF CLASS GUIDE

Please note: The ages listed below are approximate. Experience and performance level are also factors that are taken into consideration. Our staff is experienced in making sure students receive the best training for their age and level. Typically, students are in a level for 2- 3 seasons.

18 Months - 3 Years Old

Parent / Tot Gymdancetics - A partner assisted gymnastics and creative dance class for young aspiring dancers and gymnasts. Working on class readiness, basic skills, and coordination.

3 - 5 Years Old

Creative Movement - A fun interactive ballet and tap class for dancers ages 3 -5

Get it Girls - A combination intro to hip hop and pre-gymnastics class for ages 3 - 5

Pre-Gymnastics - An introduction to gymnastics basic skills for ages 3 - 5

5 - 7 Years Old

Kinderdance 1 - A combination ballet / tap class for dancers 5 - 7 years old

Kinderdance 2 - A combination ballet / tap class for dancers 6 - 8 years old

Kinder Hip Hop - A fun, age appropriate hip hop class for dancers 5 - 7.5 years old

Gymnastics - based on skill level

7.5 - 9 Years Old

Fundamentals 1 - A combination ballet / tap class for dancers 7.5 - 9 years old

Fundamentals 2 - A combination ballet / tap class for dancer 8 - 9 years old

Mini Hip Hop - Beginning, high energy commercial hip hop for young dancers

Mini Jazz - Beginning jazz class focusing on proper technique and performance skills

West African Dance - Multi-generational West African dance class

Gymnastics - based on skill level

9.5 - 12 Years Old

Junior Ballet - Ballet class for recreational dancers who are looking to strengthen skills

Junior Jazz - Jazz class for recreational dancers who are looking to strengthen skills

Junior Tap - Tap class for recreational dancers who are looking to strengthen skills

Junior Hip Hop - Age appropriate Hip Hop Dancers for ages 9.5 - 12

Junior Jit Masters - Jit for class for dancers ages 9 and up

Power Hour Liturgical - Multi-generational Praise Dance Class

West African Dance - Multi-generational West African Dance Class

Gymnastics - based on skill level

13 - 17 Years Old

Teen Ballet / Jazz - Combination ballet/jazz class for teen dancers

Teen Hip Hop - Hip Hop class for teen dancers

Teen / Adult Jit - Authentic Detroit Jit for teens and adults

Improvisation - Exploratory movement and improvisation class

Power Hour Liturgical - Multi-generational Praise Dance Class

West African Dance - Multi-generational West African Dance Class

Gymnastics - based on skill level

MCDF BOYS ONLY CLASSES

Boys are welcome in all of our classes, the ones listed below are exclusively for boys

Bounding Boys - A combination Hip Hop and Gymnastics for boys ages 3 - 6

Elementary Boys - A Hip Hop class for boys ages 7 - 10

Junior Boys - A Hip Hop class for boys ages 11 - 14

Boys Gymnastics - A tumbling class for boys ages 7 and up

MCDF LEVEL CLASSES

Students must be pre-approved for the following levels (prior experience is required)

Development Level Classes - Early Intermediate (approximate ages 9.5 - 12)

Red Level Classes / Intermediate Classes (approximate ages 11 - 13)

Silver Level Classes / Intermediate 2 Classes (approximate ages 13 - 15)

Black Level Classes / Advanced Classes (approximate ages 15+)

Pointe - Student must be enrolled in Ballet Silver or Ballet Black **and** be approved for pointe

Tap Choreography - Development - Advanced students tap performance class

Improvisation - Exploratory movement and improvisation class; ballet required (ages 13 - 17)

MCDF ADULT CLASSES

Adult Ballet

Adult Tap

Adult Hip Hop

Zumba

Hip Hop Sculpt & Tone

Kickboxing

Jit Masters

Ballroom (partners encouraged but not required)

Advanced Professional Jazz Drop In - (experienced dancers)

Power Hour Liturgical - Multi-generational Praise Dance Class

West African Dance - Multi-generational West African Dance Class

MCDF GYMNASTICS FLIP FACTORY CLASSES

The following skills must be performed unassisted to advance to the next level. Age and maturity may also be considered when selecting class. Our Level System emphasizes training proper technique and progressions to increase the students' success in learning skills, and to minimize the risk of injury. Instructors are trained to watch for performance technique and consistency when passing skills and levels. This is the most important part of passing a level. Correct Repetition, frequency, and consistency of good technique equals success.

Pre-Gymnastics

- Bridge
- Handstand
- Cartwheels

Beginning Gymnastics

- 1-hand cartwheel
- Backbend
- Backbend or bridge kickover
- Handstand-bridge
- Round-off

Intermediate Gymnastics

**Beginning gymnastics skills required*

- Back handspring
- Front handspring
- Front walkover (continuous Int. 2)
- Back walkover (continuous Int. 2)
- Ariel (Int. 2)

Advanced Gymnastics

**Intermediate 1 and 2 gymnastics skills required - Advanced Students will focus on the following*

- Round-off back hand-springs
- Front and back tucks
- Aerial
- Tumbling passes
- Lay out
- Lay out with twist

MCDF COMPANY CLASSES

MCDF has competitive and performance companies for dancers ages 7 and older. With the exception of Product Development, admission is by audition only. Auditions take place in the spring of each year.

Product Development, Concept, Journeymen, Draft, Assembly Line, Union, Torque, Drive, and Ignition