

The Catholic Community of St. John Neumann

A Christian Community of the Catholic Tradition

www.ccsjn.org / sjn@ccsjn.org

July 22, 2018

Volume 36 Number 29



Mission Statement

Catholic Community of St. John Neumann

*FOUNDED on the teachings of Jesus Christ,
NOURISHED by the hospitality of the Califon Christian
Communities,*

*FORMED with a commitment to Social Ministry, and
STRENGTHENED by the Holy Spirit*

*The Catholic Community of St. John Neumann is
a jubilant people on a continuing spiritual journey of hope:*

TO CELEBRATE and DEEPEN our faith

TO SHARE our unique gifts, talents and treasures

TO CHERISH all life

TO LIVE in openness, acceptance and love.

Annual Parish Goal

We, as ministers, will foster

an inviting and spiritual Catholic community for all,

especially to those away from the Church,

by growing in and witnessing to our faith in the mercy of God.

Diocese of Metuchen

Most Rev. James F. Checchio, JCD, MBA,

Bishop of the Diocese of Metuchen

www.diometuchen.org

Principals / Trustees

Rev. Abraham Orapankal, PhD Pastor
Earl Roberts..... Deacon

Fred Heimall Trustee
Mary Cangelosi Trustee

Church and Office Center:

398 County Route 513, Califon
PO Box 455, Califon, NJ 07830
908-832-2513 Office/908-832-7618 Fax

Worship at Church Center:

Saturday Vigil Mass 5:30 p.m.

Sunday 8:00 a.m.

Sunday 10:30 a.m.

First Friday Holy Hour..... 7:00 p.m.

Reconciliation: Saturday 5:00 p.m.

Or anytime by appointment

Weekday Masses at

Neumann Residence Chapel:

390 County Road 513

Tuesday 8:00 a.m.

Friday 7:00 a.m.

Holy Day Masses

Residence Chapel 7:00 a.m.

Church Center 7:00 p.m.

See Parish Calendar Inside for changes

Parish Contact Information

Office Center 908-832-2513

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This Week at Saint John's

Mass Intentions

Tuesday, July 24

8:00 a.m. Joe Sacco, req.
St. John Neumann Church

Friday, July 27

7:00 a.m. Intention of the Celebrant

Saturday, July 28

5:30 p.m. Joseph Sacco, req.
Kara & Jared Pilec & Family

Sunday, July 29

8:00 a.m. Elizabeth Best, req.
Marion and Kevin Kucharski
10:30 a.m. Gregory Powers, req.
Jacqueline, Michael & Isaacson Powers



Parish Calendar

Sunday, July 22 - Sixteenth Sunday in Ordinary Time

8:00 a.m. Mass (Church Center)
9:50 a.m. Rosary (Church Center / Patio)
10:30 a.m. Mass (Church Center)
11:45 a.m. Bee Keeping Presentation (Project Earth Garden)

Monday, July 23 - Saint Bridget, Religious

6:30 p.m. Deanery Pastoral Council Dinner (Church & Patio)
7:00 p.m. Fund Raising Meeting (Office Center Kitchen)

Tuesday, July 24 - Saint Sharbel Makhluf, Priest

8:00 a.m. Mass (Neumann Residence Chapel)
10:30 a.m. Chair Yoga (Church Center Loft)
7:00 p.m. Youth Group Teen—Parent Challenge (Church Center & Grounds)

Wednesday, July 25 - Saint James, Apostle

5:30 p.m. Yoga (Church Center Loft)
6:45 p.m. Rosary (Church Center/Patio)

Thursday, July 26 - Saints Joachim and Anne, Parents of the Blessed Virgin Mary

10:00 a.m. S.H.I.P. (Office and Church Center Kitchens)
5:00 p.m. Cleaning (Church Center)
7:00 p.m. Walk the Labyrinth (CC Patio & Labyrinth)

Friday, July 27 - Weekday

7:00 a.m. Mass (Neumann Residence Chapel)
Office Closes at Noon
7:00 p.m. Walk the Labyrinth RAIN DATE (Patio & Labyrinth)

Mass Schedule - July 28/July 29

Saturday	5:30 p.m.
Celebrant.....	Fr. Abraham Orapankal
Reader	Kathleen Swindler
Altar Server	Uss Family
Ministers of the Eucharist.....	Joan Eacovalle
.....	Lyle Garcia, Joann Gardner
Sunday	8:00 a.m.
Celebrant.....	Fr. Abraham Orapankal
Reader	Owen Stanski
Altar Server	Stanski Family
Ministers of the Eucharist.....	Diane Lehnert
.....	Joe Sima, Dorothy Sima
Sunday	10:30 a.m.
Celebrant.....	Fr. Abraham Orapankal
Reader	Gary Porto
Altar Server	Souza Family
Music Eucharistic Minister.....	Marlene Milko
Ministers of the Eucharist.....	Jane Albert, Mary D'Avella
.....	Ana Giametta, Dick Wickel, Jim DeVito

Saturday, July 28 - Weekday

7:00 a.m. Men's Spirituality Breakfast (Office Center)
5:30 p.m. Mass (Church Center)

Sunday, July 29 - Seventeenth Sunday in Ordinary Time

8:00 a.m. Mass (Church Center)
10:30 a.m. Mass (Church Center)

BAPTISM

Welcome to our Catholic Community
through the Sacrament of Baptism:

Rémy-Louis Michaël Rabilloud

Son of Mary Matthewson and Mickaël Rabilloud
May the Lord bless him and keep him in His care!



Remembered at Mass

We stand together in the mystery of Christ's death and resurrection. The following will be remembered during the Holy Eucharist: **Abraham John, William Weimer, Rosemary McCoy, and Carmen Ruscetta.**

Deceased: **Abraham John**, family friend of Fr. Abraham, **William Weimer**, father of Jane Varcadipane, **Rosemary McCoy**, niece of Lou and Liz Livoti, and **Carmen Ruscetta**, father of Marie Malone. May they find peace and comfort in the embrace of the Lord and may their families find strength in the Lord and comfort and support from family and friends.

FROM THE PASTOR'S DESK

Dear Friends,

In ancient Athens a man noticed the great storyteller Aesop playing childish games with some little boys. He laughed and jeered at Aesop, asking him why he wasted his time in such frivolous activity. Aesop responded by picking up a bow, loosening its string, and placing it on the ground. Then he said to the critical Athenian, "Now, answer the riddle, if you can. Tell us what the unstrung bow implies." The man looked at it for several moments but had no idea what point Aesop was trying to make. Aesop explained, "If you keep a bow always bent, it will break eventually; but if you let it go slack, it will be more fit for use when you want it." Aesop was talking about balance. As followers of Christ we need to realize that Jesus advocated balance in life too. Christianity has always been an activist Faith in which the emphasis has been on taking up the cross, laying down our life, sacrificing ourselves for the cause of Christ. And certainly, that is a major part of our Faith. But Jesus never meant for us to be so involved in doing good that we neglect our need for leisure, for rest, for family, for friends.

Well then, we all should be very happy to hear Jesus telling his disciples today: "Let's get away to a lonely place by ourselves and rest a while." Read Mark 6:30-32 and you will see that Jesus realized that he and his disciples were stretched in attending to the constant demands the people made on their time. They needed a break away from everyone and everything.

We are in the summer time of vacation and relaxation. With schools closed, many rules are relaxed for kids. Many make travel and visiting plans. But are we really relaxed? Some parents may find that what they thought was a relaxed summer is actually a stressful one. I was impressed by a blogger who reminded the parents that summer is a break from routine, after all, not a break from parenting: "*Seeds grow slowly; chicks hatch when they are ready; important things take time. Children and teens don't understand time — they want what they want when they want it. We too often react by jumping on their timeline. When we contort ourselves to suit their whims, we not only upend our lives, we give away the opportunity to teach them about patience.*"

The same applies to our inner life too. Can summer be a time to attend to our spiritual self? Can we use this summer time as a wonderful opportunity to enrich ourselves with some knowledge of our faith? When media gurus speak about summer reading lists, why not make our own list of faith-related summer reading list? I would suggest to get hold of any of the writings of Pope Francis. Whether it is "The Joy of the Gospel" (Evangeli Gaudium), "The Joy of Love" (Amoris Laetitia), "On the Care of Our Common Home" (Laudato Si) or "Rejoice and Be Glad," (Gaudete Et Exsultate) you will find that you are in for a treat. Or take the "14DayPrayerChallenge" and the good Lord will give you the grace to respond to His call to be a missionary, to be an evangelizer to our own people.

Your brother in Christ,
Fr. Abraham Orapankal

PARENTS' DAY IS TODAY: JULY 22

Parents' Day is celebrated on the fourth Sunday of July each year. Parental figures in the United States receive the recognition for the role they play in their children's lives on Parents' Day. The day aims to promote responsible parenting and to recognize positive parental role models. It celebrates the special bonds of love between parental figures and their children. Happy Parents' Day to all the Parents!

SUMMER ENVELOPES...?

We sincerely thank our parishioners who mail or deliver their weekly envelopes to the parish office while they are out-of-town on vacations this summer. As many of you understand, our parish expenses and obligations do not take a vacation when you do, so it is very helpful to be able to rely on the continued support even when you cannot personally attend Mass here. May God bless you and your families. Have a safe and blessed summer.



16TH SUNDAY ORDINARY TIME

July 22, 2018

"...come away by yourselves to a lonely place and rest awhile." MARK 6:31

Do you spend time, every day, alone and in silence listening to how God is calling you? If not, you are missing out on a wonderful opportunity to develop a more personal relationship with Him. Unless we talk and more importantly, listen to God every day, how else will we know how He is calling us? Consider making a retreat this year, spend some "alone" time with God.

SUMMERTIME PRAYER



The Rosary is a beautiful and contemplative prayer rich in Christian tradition. We invite you to join us in praying the Rosary on the patio overlooking the garden on Wednesday evenings this summer at 6:45 p.m. (relocated inside if it rains). In addition, dates will be announced for a monthly Sunday morning Rosary. Drop-ins are encouraged and welcomed! Rosary beads and copies of the prayers will be provided.

WALK THE ST. JOHN'S LABYRINTH July 26, 2018

THIS THURSDAY!



What is a prayer labyrinth? A labyrinth is not a maze. ... The labyrinth will assist parishioners in Christian meditation and prayer. In the Middle Ages the labyrinths were used as a way for people to participate in a pilgrimage without the expense or time required in actually going to another place.

Come join us on Thursday, July 26th at 7:00pm to learn about Labyrinths when Sr. Josita Marks of the Sisters of Charity will lead us in the Labyrinth Prayer. She will provide an overview of the meaning of the Labyrinth and then show us how to walk the Labyrinth.

NEW TO THE PARISH?

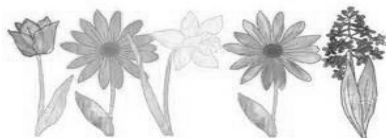
If you are new to the parish – stop by the narthex for a welcome packet of information on St. John's or contact the parish office sjn@ccsjn.org / 908-832-2513.

Christian Formation

SUMMER READING FOR CATHOLIC KIDS



Summer time can be a great time to explore our Catholic saints. Introducing an exciting new series for young readers from the bestselling author Lisa M. Hendey! The Chime Travelers series features fun-filled, time-travel adventures with a Catholic message that takes kids to long-ago times and faraway lands. Each book features prayers and a short bio to introduce children to a major saint's life and legend. Discussion questions about saints, sacraments, and Catholic life help children understand what they've learned through the stories. Visit www.amazon.com Chime Traveler by Lisa M. Hendey and use the amazon button on St. John Neumann web page.



2018-2019 GIFT REGISTRATIONS NOW DUE

We are looking forward to the 2018-2019 GIFT (Growing In Faith Together) family faith program with the following offerings:
Grades K-8: Monthly gatherings on your choice of Sunday afternoons (12-2 p.m.) or Monday evenings (6-8 p.m.). Both sessions will meet in the church center.

1st Reconciliation/1st Eucharist: Ten Saturday afternoons throughout the year (attendance in this sacramental preparation program is *in addition to* the monthly GIFT program).

Adult formation is an important part of the GIFT program and we encourage all adults of the parish to take advantage of this opportunity to participate in Fr. Abraham's informative and interactive presentation each month. You have the option to attend either monthly session; drop-ins are welcome and encouraged!

Family registration forms can be found on the parish website: ccsjn.org, under Faith Formation/Forms. Any questions regarding faith formation, please contact Renee Ciszewski at renee@ccsjn.org or 832-2162.

"PROTECTING GOD'S CHILDREN" SUMMER SESSIONS



Whether you're a current or future catechist or even just considering helping out sometime in the future in one of the many programs in our parish that involve children, please consider attending one of the following "Protecting God's Children" summer workshops:

- August 21 at 6 p.m. – St. Philip & St. James, Phillipsburg
- August 27 at 7 p.m. – Immaculate Conception, Annandale

Protecting God's Children® for Adults is training conducted by VIR-TUS® certified facilitators on the prevention of child sexual abuse. The Diocese of Metuchen requires every adult who is ministering to children and teens to attend one of these programs. A link to register for one of the above workshops, as well as a complete listing of other sessions in the diocese, can be found on diometuchen.org and click on the "Sign up now for Virtus Sessions" link on the bottom of the home page. Some sessions book quickly, so please register early. Check the link often as sessions are continuously added.

Social Ministry & Parish News

ST. MARY'S CHURCH, VA

We are happy to announce that St. Mary's Church in Coeburn VA is receiving a donation check from St. John in the amount of \$1,132.12. This amount reflects the direct donations to St. Mary (\$ 252.00) as well the gift cards sales (\$880.12) from January 2018 to June 25th 2018.

THE WORD AMONG US

Those of you who read and love The Word Among Us – please notify the office via email or by signing up in the narthex that you like these booklets. We want to get an accurate count of how many people are using them. In addition, if you do enjoy them – introduce others to them so they can give it a try.

BEEKEEPING PRESENTATION

Sunday, July 22nd in Project Earth Garden



Lindsey Cole, local beekeeper and Girl Scout will be presenting a seminar on Beekeeping in the Project Earth Garden this Sunday, July 22 at 11:45am following the 10:30am Mass (weather permitting). This presentation is part of her Gold Award Project for Girl Scout. All are welcome to attend. We are building a committee to consider installation of bees in the gardens at St. John's as part of our ongoing response to the papal encyclical, Laudato Si and our commitment as a parish to good stewardship of the earth and the protection of all of God's Creation. Come join us! Any questions--contact Anne Germino at projectearth@ccsjn.org.

INTERFAITH HOSPITALITY—YOUR OPPORTUNITY TO SERVE

Our next opportunity to assist the Interfaith Hospitality Network by helping families in Hunterdon County who find themselves in need of temporary housing will be July 29 -August 5. Housing is provided by the Spruce Run Lutheran Church on Hill Road in Lebanon Township and there are many ways to help...

This is a great opportunity to help those less fortunate while school is not in session, and can be a great activity to do with friends, neighbors, scout groups and others looking to log some community service hours. If you have not volunteered before, we can arrange to have you paired with a more seasoned volunteer, and determine the best fit for where you would like to help. Check to see what time slots are available and what is needed by checking Sign Up Genius at this link: <https://www.signupgenius.com/go/30e054eafad22a20-family7> or contact Debbie Hunt at dhuntfam1@comcast.net for more info.

JESS BRYNILDSEN'S MALAWI EXPERIENCE

I went to the Beit CURE International Hospital in Blantyre, Malawi, Africa. This hospital is a pediatric orthopedic hospital that focuses on healing both physically and spiritually. The children who come to this hospital are isolated and made fun of because of their condition (clubfoot, bowed legs, bone deformities, burns with contractures), and their daily life is inhibited because of their condition. Things as simple as walking to school are nearly impossible for these children. By coming to the hospital for free treatment, they are then able to go back home to their villages and have basically a new life. I was able to go inside the operating room for some surgeries, but my favorite part was playing with the children and creating relationships with the mothers and caregivers.

A majority of Malawi speaks Chichewa, so I learned some of the language through speaking with patients, families, and staff, but the language and cultural barrier was still difficult. Some things that break that barrier is joy and kindness. For example, the first child I met, Timothy, was bedridden, but able to spend his two days before surgery with me making crafts, and just playing games at the bedside. I remember being in the septic area of the ward and hearing my name being called from across the ward, looking over and seeing Timothy getting wheeled across the room to the OR doors. He waved before going in and his mother sat outside waiting. I asked the staff how to say "We are praying for Timothy in his surgery" and repeated to her 'Tekukupemhpererani' (which translates to "we are praying for you"). She began tearing up because I had shown them so much kindness, which is a big deal since in their home village children with any physical disability are made fun of. That's why the ministry team does stories and crafts with bible stories to remind the children that they are loved and important.

For example, we put on a puppet show using a chenge (a large piece of fabric for carrying things) for the story of Daniel and the Lions Den. The kids loved the puppet show but also the story of God's protection. Some of them loved it so much they'd watch it multiple times as we went around the different sections of the ward. We also went on a home visit to the village of an outpatient, named Tokozani. Since his surgery he can now walk, jump, ride a bike, and do things that he could never do before. He couldn't even walk to school, but now can enjoy playing with his brothers. Seeing the improvement in the life these children is exciting, and knowing that I was able to be a part of it was even better. - Jess Brynildsen



SMILE WITH YOUR FAMILY



More Favorite Hymns of Different Professions

The Architect's Hymn ... How Firm A Foundation
The Credit Card Telemarketer's Hymn ... A Charge To Keep I Have
The Zoo Keeper's Hymn ... All Creatures Of Our God And King
The Waiter's Hymn ... Fill My Cup, Lord
The Gardener's Hymn ... Lo, How A Rose E'er Blooming
The Judge's Hymn ... Almost Persuaded
The Psychiatrist's Hymn ... Just A Little Talk With Jesus
The Baker's Hymn ... When The Roll Is Called Up Yonder
The Shoe Repairer's Hymn ... It Is Well With My Soul
The Travel Agent's Hymn ... Anywhere With Jesus
The Geologist's Hymn ... Rock Of Ages
The Hematologist's Hymn ... Are You Washed In The Blood?
The Men's Wear Clerk's Hymn ... Blest Be The Tie
The Umpire's Hymn ... I Need No Other Argument
The Lifeguard's Hymn ... Rescue The Perishing

ANY ADULTS INTERESTED IN VOLLEYBALL?

Sign up in the narthex or call or text France at 908-307-7879.
We will throw together an evening game if there is interest.

14 DAY PRAYER CHALLENGE

Starts Aug 1

Sign up for our 14 Day Prayer Challenge by texting **14DayPray** to the number **84576**.

We are using a service called Flocknote for easy communication in this digital age. By texting you will register to receive email or text message over the 14 days of this prayer challenge starting on Aug 1. Once you send the text, Flocknote will text you back a confirmation message and another message with a link you'll need to click to complete the process.

There is no charge for this service, but your carrier message and data rates may apply. View privacy policy & terms at flocknote.com/txt. Call France Kennedy for information 908-307-7879.

YOUTH GROUP TEEN PARENT ROAD RALLY CHALLENGE

Tuesday July 24 at 7:00 p.m.

NO volleyball this week.

Instead the Teen-Parent Road Rally Challenge is on! Youth and parent comprise a team to compete against the other family teams—to find out who will win the race. You must register ahead to participate—contact France 908-307-7879. After the race, we will join for food and parent teen conversation.



MOVIE NIGHT

I Can Only Imagine

If you missed Movie Night last week—and want to see the movie "I Can Only Imagine" email snj@ccsjn.org and get on the list. If we get interest—we will have another showing!

REMEMBER IN YOUR PRAYERS

Clara Alvarez
 George Bernard
 Linda Caprio
 Joan Cardierre
 Jean Crickenberger
 John D'Almeida
 Percy Davids
 Barbara DelPiano
 Sophia DeVita
 Dawn Farley
 Cindy Feighan
 Sandy Folger
 Debbie Gregorakis
 Stephanie Illetscho
 Father Luigi Hargen
 Liz Harmon
 Fred Holub
 Eleanor Horan
 Manuel Jimenez, Sr.
 Miriam Jiminian
 Eileen Kuhn
 Bonnie Lieberwirth
 Dick McCall
 Maggie McKeon
 Jan McLeavey
 Naim Melhem
 Christine Meyer
 George Morris
 Joan & Megan Myers
 Mary Lou O'Brien
 Nancy Patterson
 Nilsa Perez Parsons
 John Pfeufer
 Ali Redling
 Joel Rivera
 Earl & Denise Roberts
 Anne Sacco
 Noah Skinner
 Michael Slivka
 Dick Slusher
 Margaret Thornsby
 Nicholas Troiano
 Don Velli
 Josh Wilkes
 Dana & Greg Wilson
 Caden & Jill Zane
 Jim Zgoda
 Joey Zieba

MILITARY PERSONNEL

Please remember in your prayers:

Captain Baumann, Katherine, U.S. Army
 Spec. Bitters, Christian, U.S. Army
 Cavallo, Chris, USMC
 2LT, Molly Ferguson, U.S. Air Force
 C1C, Geerinck, Joshua, U.S. Air Force
 Seaman, Jenkinson, Devin, U.S. Air Force
 Spec. Jablonski, Jon Tyler, U.S. Army
 Private, Linzer, Matthew, U.S. Army
 Seaman, Linzer, Stephanie, U.S. Navy
 SR O'Leary, Thomas, U.S. Navy
 Lieutenant Simila, Nicole, U.S. Navy
 Airman, Vardian, Justin, U.S. Air Force
 Ensign, Webster, Justine, U.S. Navy

SUNDAY REFLECTION: UNSEEN CASUALTIES

"Come away by yourselves to a deserted place and rest a while . . ." Jesus was moved with pity for the vast crowd, for they were like sheep without a shepherd. Mark 6: 30-34 (53-56)

Ten at Santa Fe. Thirteen at Columbine. Twenty-six at Sandy Hook. Seventeen at Parkland. We know the numbers of those who were killed. But there is collateral damage to the uniquely American crisis of school shootings. Since the Columbine shootings in 1999, more than 187,000 students attending almost 200 elementary or high schools have experienced a shooting on campus during school hours. And many of these students are never the same. Every day, threats send classrooms into lockdowns that terrify students - even when they turn out to be false alarms. Thousands of schools conduct active-shooter drills in which kids as young as four learn to hide in darkened closets and bathrooms from imagined murderers. Feeling safe in school is no longer presumed.

Samantha Haviland understands such fear. At 16, she survived the carnage at Columbine. Now 35, she is the director of counseling at Denver's public school system and has spent her entire professional life treating traumatized kids. Yet she herself has never fully escaped the effects of what happened to her on that morning in Littleton, Colorado. The nightmares have lingered for years. There are the panic attacks. Even now, the image of children walking out of schools with their hands up is too much for her to bear.

Karson Robinson was six when a teenager opened fire on the playground of his elementary school in Townville, South Carolina, two years ago. Karson had leaped a fence and ran at the first sound of gunfire. But his buddy Jacob Hall didn't make it; he was shot and killed. That's when the guilt took hold. Maybe, Karson thought, if he hadn't fled he could have saved Jacob, the smallest child in their class. At home, Karson began to explode in anger. Other times, he insisted that everyone hated him. Last October, before a doctor finally diagnosed the boy with PTSD, Karson had a party for his eighth birthday, and at the end, they released balloons in the sky for Jacob. It was more than a year after the shootings. Afterward, Karson walked off by himself. His mother followed, asking what was wrong. "I should have waited for Jacob," Karson said.

These survivors of school violence are among the "shepherdless" that Jesus' heart breaks for. There are so many broken and lost victims of violence in our midst who carry their guilt and fear alone; there are also those suffering the effects of abandonment, abuse, addiction and illness whose trauma isolates them from the rest of us. As disciples of Christ, may we take up his work of compassion and reconciliation, intentionally reaching out to and walking with those who have faced the dark hopelessness of their lives alone for too long.

URGENT !!! TAG SALE COORDINATORS NEEDED!



Seeking a few good men and women to coordinate this year's Tag Sale, scheduled for Saturday, September 24th. We need a couple of organizers and several strong people to assist with lifting furniture and other items.

Please contact the parish office at 908-832-2513 or Marlene Milko / Susan Kuhn at fundraising@ccsjn.org to see how you can help! (Past organizers will be available to help offer guidance.)



Are you on social media? Your stewardship could be keeping St. John's activities present on the web! Contact the office and find us on Facebook, "St. John Neumann RC Church, Califon NJ"

HAVE YOU LOST YOUR ABILITY TO SLEEP?

In the 1970s, Michael Caine and Sidney Poitier co-starred in the movie *Zulu*, which was shot in Kenya. They were assigned a local man to drive them around town. One night, after attending a late-night party, Michael and Sidney came out to the car and found their driver to be unconscious. No matter how hard they tried, they could not rouse him, nor could they find his pulse. They called a local doctor and reported the apparent death. After a quick examination, the irritated doctor announced that the man was only sleeping. Michael Caine protested that the man had no pulse and was impossible to wake. But the doctor explained that this is the way all people are supposed to sleep. 'Civilized' people, he said, who live in big, noisy cities and hold down draining, stressful jobs have lost the ability to sleep as deeply and peacefully as they should. Maybe that doctor is right. It would be interesting to know how many of us have to take something occasionally to help us sleep. ***Jesus knew it was important for people to get away from time to time. His apostles had been out preaching and teaching and healing and ministering to the public. And it was Jesus who suggested that they get away from the crowds for a while and rest.***



ST. JOHN GOLF OUTING
ATTENTION ALL ST. JOHN GOLFERS
(MEN, WOMEN, & TEENAGERS)
Saturday, September 15, 8:00am to 2:00pm
Minebrook Golf Club, Hackettstown

Reserve the date on your calendar for our upcoming St. John's annual Golf Outing. We had a great turnout last year. **Hugh McKenna (one of our parishioners) of Johnson Dodge-Chrysler-Jeep** has once again offered the opportunity to win a brand new Jeep for the Hole-in-One prize. To Register: Please e-mail Bob Martalus at bob.martalus@gmail.com or call him at 908-439-3732. Registration Fee: \$125 per golfer Sponsor a Hole Fee: \$125 (includes a sign)

IF YOU ARE A SILVER/GOLDEN JUBILARIAN ...

You are cordially invited to celebrate your 25th or 50th Wedding Anniversary with the Church of Metuchen. Renew your marriage vows with Bishop James F. Checchio at a special Evening Prayer Service in the Cathedral of St. Francis of Assisi, Metuchen. Sunday, October 21, 2018 at 4:00 PM

Please register online by logging on to the diocesan website (<https://diometuchen.org/offices-and-ministries/family-and-pastoral-life/family-life/silver-and-gold/>). The system will automatically generates a confirmation message with some facts about the event. More specifics will be sent closer to the event. If you are unable to access, please contact your parish secretary or the Family Life Office at 732-243-4582, amatos@diometuchen.org Even though no fee is required, in the past many Jubilarian couples have given a donation of gratitude to the Church in memory of this special occasion. Donations of Gratitude can be made online or calling 732.243.4582, Monday thru Friday, during business hours. Registration will close on Wednesday, October 3rd, 2018.

MARK THIS DATE FOR OPIOID CRISIS RESPONSE!

While the government and non-government agencies are spreading greater awareness of prevention and solution of this crisis, the Catholic Church is offering healing opportunities for those impacted by it. Our parish will be hosting a special Prayer Service as an opportunity for spiritual comfort and support for all those affected by the opioid epidemic in our region. We will co-sponsor it with the Family Life office of the Diocese of Metuchen. Mark the date: Friday August 31, 7pm.

MARRIAGE TUNE-UP

Summer is a time of rest - sort of. Maybe you take a vacation or ease up on your work schedule. But you may still feel busy. Consider, "Come away by yourselves to a deserted place and rest a while." (Mark 6: 31) Can you take some quiet, restful couple time this week?

PARENTING TUNE-UP

July 22 is Parents' Day in the USA. (<https://www.timeanddate.com/holidays/us/parents-day?starty>) Sure, we already have Mother's Day and Father's Day but why not make this a day that doesn't involve cards or gifts, but rather do something fun as a family this weekend. Honor yourselves, even if it just means taking a nap. (Susan Vogt)



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VOLUNTEER SCHEDULES

Office Angels

Tues., July 24 A. Sawczuk
 Wed., Aug 1 J. Santoro

Store Cards

July 21 and July 22

5:30 p.m. C. Crescenti
 8:00 a.m. M. Kearns
 10:30 a.m. H. Quigley

July 29 and July 30

5:30 p.m. B. Cestone
 8:00 a.m. G. Battell
 10:30 a.m. S. Pojedinec

Church Center Plant Watering

Week of July 22 L. Livoti
 Week of July 29 M. Cangelosi

Church Center Cleaning

July 26 Team B
 August 2 Team C

Counting

July 23 Kucharski/Bauernfiend
 July 30 Malone/Cangelosi

Altar Flowers

July 28 Sawczuk
 August 4 Perez

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