



Austin Classes February 2018

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				1 Stay Strong 11 a.m. Balance Dance 4544 S. Lamar	2 Stay Strong 10 a.m. Balance Dance 4544 S. Lamar	3
4	5 Life Stories- A Storytelling Workshop 2-3:30 p.m. Elan SouthPark 9320 Alice Mae Lane	6 Stay Strong 9 a.m. Balance Dance 4544 S. Lamar	7 Stay Smart 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane	8 Stay Strong 11 a.m. Balance Dance 4544 S. Lamar	9 Stay Strong 10 a.m. Balance Dance 4544 S. Lamar	10
11	12 Afternoon Park Walk 1 p.m. Dick Nichols Park 8011 Beckett Rd	13 Stay Strong 9 a.m. Balance Dance 4544 S. Lamar	14 Aging Together "But I've Always Done it That Way" 1:30 p.m. Elan SouthPark 9320 Alice Mae	15 Stay Strong 11 a.m. Balance Dance 4544 S. Lamar	16 Stay Strong 10 a.m. Balance Dance 4544 S. Lamar	17
18	19	20 Stay Strong 9 a.m. Balance Dance 4544 S. Lamar	21 Stay Smart 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane	22 Stay Strong 11 a.m. Balance Dance <u>4544 S. Lamar</u> Stay Social 1 p.m. Austin Beer Garden Brewing 1305 W Oltorf 78704	23 Yoga 10 a.m. Balance Dance 4544 S. Lamar	24
25	26	27 Stay Strong 9 a.m. Balance Dance 4544 S. Lamar	28 Stay Smart 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane			