



# Austin Classes March 2018

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
<p>For more information about Aging is Cool, <a href="http://www.agingiscool.com">www.agingiscool.com</a> Questions? <a href="mailto:info@agingiscool.com">info@agingiscool.com</a> 512.790.(COOL) 2665</p>				<p>1 <b>Stay Strong</b> 11 a.m.</p> <p>Balance Dance 4544 S. Lamar</p>	<p>2 <b>Stay Strong</b> 10 a.m.</p> <p>Balance Dance 4544 S. Lamar</p>	3
4	5	<p>6 <b>Stay Strong</b> 9 a.m. Balance Dance <u>4544 S. Lamar</u></p> <p><b>Blanton Museum of Art</b> 2 p.m. 200 E. Martin Luther King Jr. Blvd. \$7 admission/ \$4 parking</p>	<p>7 <b>Stay Smart</b> 1:30 p.m.</p> <p>Elan SouthPark 9320 Alice Mae Lane</p>	<p>8 <b>Stay Strong</b> 11 a.m.</p> <p>Balance Dance 4544 S. Lamar</p>	<p>9 <b>Stay Strong</b> 10 a.m.</p> <p>Balance Dance 4544 S. Lamar</p>	10
11	<p>12 <b>Afternoon Park Walk</b> 1 p.m.</p> <p>Dick Nichols Park 8011 Beckett Rd</p>	<p>13 <b>Stay Strong</b> 9 a.m.</p> <p>Balance Dance 4544 S. Lamar</p>	<p>14 <b>Aging Together</b> Discussion Group 1:30 p.m. Elan SouthPark</p>	<p>15 <b>Stay Strong</b> 11 a.m.</p> <p>Balance Dance 4544 S. Lamar</p>	<p>16 <b>Stay Strong</b> 10 a.m.</p> <p>Balance Dance 4544 S. Lamar</p>	17
18	<p>19 <b>Stay Social Doc's Backyard</b> 1 p.m. 5207 Brodie Ln #100 Sunset Valley, TX</p>	<p>20 <b>Stay Strong</b> 9 a.m. Balance Dance 4544 S. Lamar</p>	<p>21 <b>Stay Smart</b> 1:30 p.m.</p> <p>Elan SouthPark 9320 Alice Mae Lane</p>	<p>22 <b>Stay Strong</b> 11 a.m. Balance Dance 4544 S. Lamar</p>	<p>23 <b>Stay Strong</b> 10 a.m.</p> <p>Balance Dance 4544 S. Lamar</p>	24
25	26	<p>27 <b>Stay Strong</b> 9 a.m.</p> <p>Balance Dance 4544 S. Lamar</p>	<p>28 <b>Stay Smart</b> 1:30 p.m.</p> <p>Elan SouthPark 9320 Alice Mae Lane</p>	<p>29 <b>Stay Strong</b> 11 a.m.</p> <p>Balance Dance 4544 S. Lamar</p>	<p>30 <b>Yoga</b> 10 a.m.</p> <p>Balance Dance 4544 S. Lamar</p>	31

