



Austin Classes

April 2018

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
<p>1</p> <p>For more information about Aging is Cool, www.agingiscool.com Questions? info@agingiscool.com 512.790.(COOL) 2665</p>	<p>2</p>	<p>3</p> <p>Stay Strong 9 a.m. Balance Dance 4544 S. Lamar</p>	<p>4</p> <p>Stay Smart 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane</p>	<p>5</p> <p>Stay Strong 11 a.m. Balance Dance 4544 S. Lamar</p>	<p>6</p> <p>Stay Strong 10 a.m. Balance Dance 4544 S. Lamar</p>	<p>7</p> <p>Volunteering and Demo Day at HorseLink in Bastrop 12 p.m. - 4 p.m. Carpool from Austin RSVP to info@agingiscool.com</p>
<p>8</p>	<p>9</p> <p>Morning Park Walk 10:30 a.m. Dick Nichols Park 8011 Beckett</p>	<p>10</p> <p>Stay Strong 9 a.m. Balance Dance 4544 S. Lamar</p>	<p>11</p> <p>Stay Smart 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane</p>	<p>12</p> <p>Stay Strong 11 a.m. Balance Dance 4544 S. Lamar</p>	<p>13</p> <p>Stay Strong 10 a.m. Balance Dance 4544 S. Lamar</p>	<p>14</p>
<p>15</p>	<p>16</p> <p>Egypt and Its Wonders 1:30 p.m. Belmont Village 4310 Bee Cave Rd</p>	<p>17</p> <p>Stay Strong 9 a.m. Balance Dance 4544 S. Lamar</p>	<p>18</p> <p>Aging Together Discussion Group 1:30 p.m. Elan SouthPark 9320 Alice Mae</p>	<p>19</p> <p>Stay Strong 11 a.m. Balance Dance 4544 S. Lamar</p>	<p>20</p> <p>Stay Strong 10 a.m. Balance Dance 4544 S. Lamar</p>	<p>21</p> <p>Texas Roller Girls Doors 6 p.m. Match 7 p.m. Tickets \$20 http://www.txrd.com/get-tickets/</p>
<p>22</p>	<p>23</p> <p>Stay Social 1:00 Pok-e-Jos BBQ 4109 S. Capitol of TX Hwy (Brodie Oaks)</p>	<p>24</p> <p>Stay Strong 9 a.m. Balance Dance 4544 S. Lamar</p>	<p>25</p> <p>Stay Smart 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane</p>	<p>26</p> <p>Stay Strong 11 a.m. Balance Dance 4544 S. Lamar</p>	<p>27</p> <p>Yoga 10 a.m. Balance Dance 4544 S. Lamar</p>	<p>28</p>
<p>29</p>	<p>30</p>					