

Austin Classes

July 2018

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
<p>1</p> <p>For more information about Aging is Cool, www.agingiscool.com Questions? info@agingiscool.com 512.790.(COOL) 2665</p>	2	<p>3</p> <p>Stay Strong 9 a.m. Balance Dance 4544 S. Lamar</p>	<p>4</p> <p>Independence Day- no class today</p>	<p>5</p> <p>Stay Strong 11 a.m. Balance Dance 4544 S. Lamar</p>	<p>6</p> <p>Stay Strong 10 a.m. Balance Dance 4544 S. Lamar</p>	7
8	9	<p>10</p> <p>Stay Strong 9 a.m. Balance Dance 4544 S. Lamar</p>	<p>11</p> <p>Stay Smart 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane</p>	<p>12</p> <p>Stay Strong 11 a.m. Balance Dance 4544 S. Lamar</p>	<p>13</p> <p>Stay Strong 10 a.m. Balance Dance <u>4544 S. Lamar</u> Let's Dance 7:30 p.m. Lamar Sr Center, 29th and North Lamar- \$7 cover charge</p>	14
15	<p>16</p> <p>Travel Series- The Gambia 1:30 p.m. Belmont Village 4310 Bee Cave Rd</p>	<p>17</p> <p>Stay Strong 9 a.m. Balance Dance 4544 S. Lamar</p>	<p>18</p> <p>Stay Smart 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane</p>	<p>19</p> <p>Stay Strong 11 a.m. Balance Dance 4544 S. Lamar</p>	<p>20</p> <p>Stay Strong 10 a.m. Balance Dance 4544 S. Lamar</p>	21
22	<p>23</p> <p>Stay Social 1:00 p.m. Mandola's Italian 4301 W. William Cannon</p>	<p>24</p> <p>Stay Strong 9 a.m. Balance Dance 4544 S. Lamar</p>	<p>25</p> <p>Stay Smart 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane</p>	<p>26</p> <p>Stay Strong 11 a.m. Balance Dance 4544 S. Lamar</p>	<p>27</p> <p>Yoga 10 a.m. Balance Dance 4544 S. Lamar</p>	28
29	30	<p>31</p> <p>Stay Strong 9 a.m. Balance Dance 4544 S. Lamar</p>				