

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			<b>1</b> <b>Stay Smart</b> 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane	<b>2</b> <b>Zumba Gold</b> 11 a.m. Balance Dance 4544 S. Lamar, Ste #200/#300 (Bravo Bldg)	<b>3</b> <b>Stay Strong /Circuit Training/Abs</b> 10 a.m. Balance Dance 4544 S. Lamar, Ste #200/#300 (Bravo Bldg)	<b>4</b>
5	6	<b>7</b> <b>Stay Strong</b> 9 a.m. Balance Dance 4544 S. Lamar, Ste #200/#300 (Bravo Bldg)	<b>8</b> <b>CAMP MERAKI</b>  <b>No Stay Smart class today</b>	<b>9</b> <b>Stay Strong</b> 11 a.m. Balance Dance 4544 S. Lamar, Ste #200/#300 (Bravo Bldg)	<b>10</b> <b>Stay Strong</b> 10 a.m. Balance Dance 4544 S. Lamar, Ste #200/#300 (Bravo Bldg)	<b>11</b>
12	<b>13</b> <b>Conversation Cafe with Amy</b> 11 a.m. Central Market, Westgate	<b>14</b> <b>Stay Strong</b> 9 a.m. Balance Dance 4544 S. Lamar, Ste #200/#300 (Bravo Bldg)	<b>15</b> <b>Stay Smart</b> 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane	<b>16</b> <b>Stay Strong/Abs</b> 11 a.m. Balance Dance 4544 S. Lamar, Ste #200/#300 (Bravo Bldg)	<b>17</b> <b>Zumba Gold</b> 10 a.m. Balance Dance 4544 S. Lamar, Ste #200/#300 (Bravo Bldg)	<b>18</b>
19	20	<b>21</b> <b>Stay Strong</b> 9 a.m. Balance Dance 4544 S. Lamar, Ste #200/#300 (Bravo Bldg)  <hr/> <b>Stay Social</b> Austin Beer Garden (ABGB) 1:00 p.m. 1305 West Oltorf	<b>22</b> <b>Stay Smart</b> 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane	<b>23</b> <b>Stay Strong/Abs</b> 11 a.m. Balance Dance 4544 S. Lamar, Ste #200/#300 (Bravo Bldg)	<b>24</b> <b>Stay Stretching with Damien</b> 10 a.m. Balance Dance 4544 S. Lamar, Ste #200/#300 (Bravo Bldg)	<b>25</b>
26	27	<b>28</b> <b>Stay Strong</b> 9 a.m. Balance Dance 4544 S. Lamar, Ste #200/#300	<b>29</b> <b>Stay Smart</b> 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane	<b>30</b> <b>Stay Strong</b> 11 a.m. Balance Dance 4544 S. Lamar, Ste #200/#300 (Bravo Bldg)	<b>31</b> <b>Yoga (with Amy Martin- bring a mat)</b> 10 a.m. ,Balance Dance 4544 S. Lamar, Ste #200/#300 (Bravo)	