



## The Night Before:

Please shower/exfoliate/shave the day before your spray tan. Make sure you use a non-oil based exfoliant.

Ensure that you moisturize dry skin afterwards to prep it for your tan.

Any waxing should be done a few days prior so your skin is able to regenerate.

## The Day Of:

Please do not moisturize your skin the day of. Any lotions or oils will create a barrier on your skin and your tan won't be able to develop. The spray tan itself is moisturizing, so don't worry, we have you covered!

For the same reasons, we ask that you do not use deodorant, perfume, or makeup before your tan.

Wear loose fitting clothing to your appointment (if you can, skip the bra), and if it is raining or snowing out, bring an umbrella.

## After Care:

It is recommended you wait a full 24 hours before washing off your spray tan. You will see the bronzer from the solution rinse off of you – do not panic! You aren't losing your tan.

Many drugstore lotions are not optimal for aftercare, they will break up your tan and cause an uneven fade.

Chat with us about products that are safe to use and inquire as to what we have available for purchase.

Hempz is a great option for aftercare lotion.

Try not to exfoliate or shave too much after your tan.

Do your best to avoid water for the first 24 hours after your tan (that's right, we are giving you a free pass as to why you can't do the dishes!).

*We want to ensure a flawless tan with an even fade, but you have to help us and do your part! Once you get the hang of tanning care, you will be a pro. And live for that glow!*