



## MATCH REPORT

### FastTrack Vs iSwim Theale

16/1/2016

POM: (FastTrack)

POM: Sue Clements (iSwim Theale)

iSwim Theale started the game very well with quick passing through court and into their shooting circle to score from their centre pass.

FastTrack equalised and for the first few minutes the play went goal for goal. Theale managed to overturn the ball numerous times after that during the first quarter with great circle defence from Sasha and Rachel and they were rewarded with their shooters converting at the other end. FastTrack defence tried their hardest but were unable to deal with the accurate high balls coming into shooter Gemma, who expertly converted from under the post. Score after first quarter 11-3 to Theale.

Some slick play from Theale saw them pull further away in quarter 2 as FastTrack continued to struggle to convert from their own centre pass. Theale were clinical in their attack and FastTrack had no answer for the great feeds put in by Katie (WA) and Sue (C).

Score at the end of Q2 – 24-6

A few tactical changes from FastTrack saw a much closer Q3 and defensively, FastTrack were starting to see results. Some great rebounds from Sandra Gibson and tips from, eventual player of the match, Janice Low restricted Theale to just 6 goals whilst FastTrack converted 4.

However, Theale picked up the tempo again in Q4 with tireless effort from their player of the match, Sue Clements as they came out deserved winners with a 39-13 score line. Both teams played their hardest with great sportsmanship throughout.

**Final Score: FastTrack 13 - iSwim Theale 39**



## MATCH REPORT

### Fast Track Vs RG7 Comets

31/10/2018

POM: Carol Green (Fast Track)

POM: Tina Wood (RG7 Comets)

This was the first meeting of these two teams for the 2018/19 season, and it was closely contested although the result belies the pressure both teams were under.

Comets got off to a confident start and secured their first centre with a textbook centre pass. FastTrack also secured theirs then there was a small lull where despite some excellent passing, neither team could secure a goal mainly down to some strong defence work and arms over the ball. Comets ended the deadlock and scored a great goal by their GS Starling who proved to be in fine form through the game despite GK Gibson fantastic efforts to defend the shot. Comets continued this run to lead at the quarter time break.

Some footwork calls early in the 2nd half meant that Comets capitalised on the 1st quarter. Comets were very organised in defence right from their attack down, often slowing FastTrack's progression down the court, inevitably forcing a number of turnovers throughout the game. However some steady hands and quick feet particularly by FastTrack's Centre Wright (Aces) continued to give their attack ball and opportunity at goal. However they couldn't keep pace with Comets who were in the lead 14-8 at half time.

Both teams started quarter 3 strongly with some lovely flowing passages of play through the centre court for FastTrack Low, Wright, Adams and Wood, Ellis, Johnson for Comets. With Comets swapping positions of C Wood and WA Ellis the tempo of the game changed and once settled allowed Comets to eek out the score at 3 quarter time 20-10 after some great goal grabs from GK Harvey and GD Fountain for Comets.

Quarter 4 continued in much the same vein with GS Green and GA Eden continuing to work hard and provide some lovely shooter to shooter ball and goals. However Comets defensive work in GD Fountain and GK Harvey saw more turnover ball and providing GS Starling and GA Mulroy more opportunity at goal and despite the hard work of GD Rose and GK Gibson, teamed up well to put more shots away. Comets continued their advantage and took the match 27-12.

**Final Score: Fast Track 12 – RG7 27**

## MATCH REPORT

### Mortimer Sapphires Vs Fast Track

19/09/2018

POM: Sandra Gibson (Fast Track)

POM: Letitia Ritzan (Mortimer)

Sapphires had a very fast paced 1st quarter and doubled the number goals scored by Fasttrack and defended strongly.

The 2nd quarter saw Sapphires increase their lead with some excellent shooting. Fasttrack dug in deep and defended very well and started getting into their stride.

3rd quarter was really tough for both teams as the weather was horrendous. Sapphires continued to score accurately but with great defending from Fasttrack, FastTrack began to hold their own and close the gap.

4th quarter saw Fasttrack begin to pull back with some excellent shooting and court play and winning this quarter and taking a point from the match.

**Final Score: Mortimer Sapphires 29 - Fast Track 15**