

Posha Vs LP Cyclones

13/4/2019

POM: Louise Remenyi (Posha)

POM: Lisa Castle (LP Cyclones)

With the sun shining both teams were looking forward to a great game. The only downfall was having to work with 2 small posts which took some time getting used to.

Posha were on fire right from the start and quickly gained a healthy lead over LP Cyclones with some quick pace and both shooters finishing off some great passes into the circle. The 1st quarter ended 16-7 to Posha.

Quarter 2 was much of the same as the 1st with a change to Posha's shooting circle. As lovely as it was to have the sun it did cause a few blind-spots which both teams took advantage of. Posha definitely had height on their side and forced some errors from LP Cyclones which put us under pressure. The 2nd quarter ended 14-8 (30-15 overall).

Another change to the shooting circle for Posha going into quarter 3 which showed LP Cyclones resilience as we turned the tables and started to put pressure on them with some great interceptions and some well deserved turn of centre passes. The 3rd quarter ended 10-10 (40-25 overall).

Another switch back to the starting shooters for Posha saw them seal the deal in the last quarter. With some great passages of play they extended their lead although LP Cyclones kept working hard to ensure we got over half to steal a point ending the 4th quarter 15-10

Final Score: Posha 55 – LP Cyclones 35



Posha Vs LP Whirlwind

26/1/2019

POM: Beth Mackenzie (Posha)

POM: Rachel Stout (LP Whirlwind)

After a chilly start, both teams were strong out of the starting blocks. There were some valiant efforts from Posha's new GD which resulted in a quick turnover from Posha. After everyone began to warm up both teams scored off their respective centres from then on but Posha ended the first quarter in the lead 10-9.

After a much needed short break, a team talk and some tactical changes, Posha had a super quarter. Unfortunately, LP played with an attacker missing due to a jewellery mishap but this allowed Beth Mackenzie, a new recruite for Posha, to successfully connect the mid court, allowing Posha to pull further ahead. Posha's shooters showed some fantastic play as they were being heavily marked by LPs tight defence. Posha won the second quarter 22-15.

LPs attack warmed up, using their WD and GD effectively to move the ball down into their shooting third. There was some strong feeds into LP's D and some equally impressive movement around the circle from Rachel Stout which helped LP steal the lead from Posha closing the quarter 32-30.

A fiery 4th quarter had both teams playing strong to try and take home the win! In the end LPs defence were extremely effective at keeping the Posha shooters away from the D whilst their attack managed to skilfully carry the ball to their shooters. Posha's play became frantic resulting in a final quarter defeat.

The tightly contested match ended with LP Whirlwind winning 43-40. Excellent play and commitment from all.

Final Score: Posha 40 – LP Whirlwind 43



Reading Juniors Vs Posha

12/1/2019

POM: (Posha)

POM: (Reading Juniors)

It was the first match back after Christmas, so both teams were a bit out of practice. However, this didn't stop Reading Juniors from stealing the lead in the first couple minutes. Posha started catching up scoring a few goals in the end of the first quarter, which ended with the score of 9-11, Reading Juniors leading.

Their lead was stolen near the beginning of the second quarter with some quick, accurate shooting from Posha's shooters. Reading Juniors fought to keep the scores as close together as possible, however the sharpness of Posha's centre court players, Alice Mills (Centre) especially, made it difficult for the ball to reach Reading Juniors attacking third.

This quarter ended with 22-18.

Posha returned to the second half of the match with an extra boost of energy, allowing them to score fifteen goals in the third quarter alone. This was Reading Juniors weakest quarter, with only six goals in total. The score at the end of this quarter was 37-24.

Reading Juniors changed around some of their positions for the last quarter, which worked out very well for them. They had a strong final push, managing at least five consecutive goals, closing the gap between the teams slightly. Rose Mould (Reading Juniors) in particular made some amazing interceptions. Posha won the match with the score of 46-36.

However both teams left the courts with feelings of pride and achievement.

Final Score: Reading Juniors 36 – Posha 46



Posha Vs Nettlebed Stingers

24/11/2018

POM: Chanti Stubbs (Nettlebed Stingers)

POM: Emma Desbois (Posha)

After a delayed start Posha and Nettlebed Stingers took to the court despite the weather. Posha and Stingers started off well both scoring off their respective centres. Stingers pulled into the lead with some impressive balls in to their goal shooter meaning they pulled into the lead to finish the first quarter.

Posha's play began frantic and many of the feeds into their shooting D did not stick resulting in turnovers which Stingers capitalised on. Posha tried to slow the passing down and coupled with good movement from the shooters meant Posha started to pull back some points.

After half time Stingers moved positions. It took Posha some time to adjust and Stingers used this to their advantage. After a few unfortunate off side calls Posha scored a run of goals with some super movement from their GA and GS.

The last quarter saw yet another change for Stingers. Posha played well despite the score but Stingers came out victorious with a 57 goal lead to Posha's 33.

Final Score: Posha 33 - Nettlebed Stingers 57