



## MATCH REPORT

### FastTrack Vs RG7 Comets

05/6/2019

POM: Gibson (FastTrack)

POM: Charlotte Whittle (RG7 Comets)

The last game of the season for both teams and it was clear from the start that this was going to be a very even and competitive match. Both teams started well and the tempo was fast as the game went goal for goal. Very few errors were made on both sides with both shooting circles making the most of their chances.

The quarter ended 7-6 to Comets. Game on!

Another very close quarter. Some great defensive work from the FastTrack duo of Daire (borrowed from Sorm) and Jackson kept FastTrack in the quarter and they were rewarded by their shooters Gibson and Eden at the other end.

Comets attack were very slick, working the ball seamlessly down the court and into their shooters Smith and Mulroy. WA, and eventual POM Charlotte Whittle, combining well and delivering some great feeds. Comets managed to pull away by another goal this quarter but FastTrack were hanging on in and only 2 goals behind.

A switch up in defence in Q3 by Comets changed the dynamics in the shooting circle for FastTrack and they took a while to settle with the changes. Defence through the centre court was intense by both teams as FastTrack Centre Awbery (borrowed from WhiteKnights) and King of Comets battled tirelessly to turn over ball and give their teams the edge in this game which was so close.

Comets again won the quarter by a narrow margin of just 1 goal, giving them a 3 goal advantage heading into the final quarter.

The tireless work of FastTrack's WD Laura Brown as she picked up the GA, delaying her entry into the circle, started to pay dividends in this quarter as Comets had to fight harder to get the ball into their shooters. Both teams were showing signs of fatigue but fighting hard as it was still anyone's game. FastTrack's long bomb shots were all going in and momentum started to shift their way. Sensing they were on a run they continued to pile on the pressure forcing a couple of uncharacteristic errors from the Comets girls.

Both teams were giving it their all but FastTrack just had the edge in this final quarter with a couple of great turnovers and GS, and eventual POM Gibson, not missing a goal!

FastTrack won this quarter! They certainly saved the best until last! A great game, played in great sporting spirit

**Final Score: FastTrack 34 – RG7 Comets 30**



## MATCH REPORT

### FastTrack Vs Razzlers

27/2/2019

POM: Minnie Symmondson (FastTrack)

POM: Mills (Razzlers)

After a 20 minute delay due to floodlight issues, the game eventually got underway with both umpires managing the game taking their award assessments.

Razzlers started the strongest, taking the first 3 goals with quick court play and accurate shooting from Farrell and Ogilvie. FastTrack were slow off the mark and missed their first 2 attempts at goal which were quickly picked up by the defence of Razzlers.

As the quarter progressed however, FastTrack got into their flow and began to match Razzlers goal for goal as the shooting circle of FastTrack of Eden and Symmondson started to gel and with some excellent feeds from WA Janice Lowe and Centre Lucy.

At the end of the quarter Razzlers were up 8-5 and it was game on!

Quarter 2 saw more of the same accurate play from both teams but FastTrack managed a couple of more turn overs to slowly claw back the deficit.

FastTracks GA, Minnie Symmondson, who was a borrow from Storm, and eventual POM, had found her range and was shooting brilliantly from distance. A strong defensive pairing from Razzlers of Laura Ogilvie and Desbois were fighting hard but FastTrack were in a flow and went in at the half time break at 16 all.

A great quarter 3 for both teams as they fought hard to take the win from the game. This was a low scoring quarter as both circle defense put the pressure on, Andrea Rose and Sarah Jackson of FastTrack securing some attacking contacts helped stop Razzlers creeping ahead. It was 22 all at the end of Q3 and you really couldn't pick a winner out of this as both teams were so evenly matched.

A strong Q4 from both teams with some fast centre court play from Razzlers POM, Centre Mills as they tried to get the ball into their shooters as the clock ticked down.

FastTrack went ahead in this quarter and managed to hold on to the lead, despite valiant attempts by Razzlers to turn over the ball. FastTrack held their nerve and came out eventual winners 31-29. Their first win of the season!!

It was a great game played in a very good spirit

**Final Score: FastTrack 31 – Razzlers 29**



## MATCH REPORT

### FastTrack Vs iSwim Theale

16/1/2019

POM: (FastTrack)

POM: Sue Clements (iSwim Theale)

iSwim Theale started the game very well with quick passing through court and into their shooting circle to score from their centre pass.

FastTrack equalised and for the first few minutes the play went goal for goal. Theale managed to overturn the ball numerous times after that during the first quarter with great circle defence from Sasha and Rachel and they were rewarded with their shooters converting at the other end. FastTrack defence tried their hardest but were unable to deal with the accurate high balls coming into shooter Gemma, who expertly converted from under the post. Score after first quarter 11-3 to Theale.

Some slick play from Theale saw them pull further away in quarter 2 as FastTrack continued to struggle to convert from their own centre pass. Theale were clinical in their attack and FastTrack had no answer for the great feeds put in by Katie (WA) and Sue (C).

Score at the end of Q2 – 24-6

A few tactical changes from FastTrack saw a much closer Q3 and defensively, FastTrack were starting to see results. Some great rebounds from Sandra Gibson and tips from, eventual player of the match, Janice Low restricted Theale to just 6 goals whilst FastTrack converted 4.

However, Theale picked up the tempo again in Q4 with tireless effort from their player of the match, Sue Clements as they came out deserved winners with a 39-13 score line. Both teams played their hardest with great sportsmanship throughout.

**Final Score: FastTrack 13 - iSwim Theale 39**





## MATCH REPORT

### Fast Track Vs RG7 Comets

31/10/2018

POM: Carol Green (Fast Track)

POM: Tina Wood (RG7 Comets)

This was the first meeting of these two teams for the 2018/19 season, and it was closely contested although the result belies the pressure both teams were under.

Comets got off to a confident start and secured their first centre with a textbook centre pass. FastTrack also secured theirs then there was a small lull where despite some excellent passing, neither team could secure a goal mainly down to some strong defence work and arms over the ball. Comets ended the deadlock and scored a great goal by their GS Starling who proved to be in fine form through the game despite GK Gibson fantastic efforts to defend the shot. Comets continued this run to lead at the quarter time break.

Some footwork calls early in the 2nd half meant that Comets capitalised on the 1st quarter. Comets were very organised in defence right from their attack down, often slowing FastTrack's progression down the court, inevitably forcing a number of turnovers throughout the game. However some steady hands and quick feet particularly by FastTrack's Centre Wright (Aces) continued to give their attack ball and opportunity at goal. However they couldn't keep pace with Comets who were in the lead 14-8 at half time.

Both teams started quarter 3 strongly with some lovely flowing passages of play through the centre court for FastTrack Low, Wright, Adams and Wood, Ellis, Johnson for Comets. With Comets swapping positions of C Wood and WA Ellis the tempo of the game changed and once settled allowed Comets to eek out the score at 3 quarter time 20-10 after some great goal grabs from GK Harvey and GD Fountain for Comets.

Quarter 4 continued in much the same vein with GS Green and GA Eden continuing to work hard and provide some lovely shooter to shooter ball and goals. However Comets defensive work in GD Fountain and GK Harvey saw more turnover ball and providing GS Starling and GA Mulroy more opportunity at goal and despite the hard work of GD Rose and GK Gibson, teamed up well to put more shots away. Comets continued their advantage and took the match 27-12.

**Final Score: Fast Track 12 – RG7 27**

## MATCH REPORT

### Mortimer Sapphires Vs Fast Track

19/09/2018

POM: Sandra Gibson (Fast Track)

POM: Letitia Ritzan (Mortimer)

Sapphires had a very fast paced 1st quarter and doubled the number goals scored by Fasttrack and defended strongly.

The 2nd quarter saw Sapphires increase their lead with some excellent shooting. Fasttrack dug in deep and defended very well and started getting into their stride.

3rd quarter was really tough for both teams as the weather was horrendous. Sapphires continued to score accurately but with great defending from Fasttrack, FastTrack began to hold their own and close the gap.

4th quarter saw Fasttrack begin to pull back with some excellent shooting and court play and winning this quarter and taking a point from the match.

**Final Score: Mortimer Sapphires 29 - Fast Track 15**