

BELT	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Private lessons are available for all belt ranks by appointment during the following times:</i>					
Private lessons	4:00-5:00	4:00-5:00	4:00-5:00	4:00-5:30	12:30-2:00
White	5:00-6:00 Belt Class	5:00-5:45 Belt Class	5:00-5:30 Belt Class	5:30-6:15 Belt Class	11:00-11:30 Belt Class
Yellow	5:00-6:00 Belt Class	5:00-5:45 Belt Class	5:00-5:30 Belt Class	5:30-6:15 Belt Class	11:00-11:30 Group Class
			5:30-6:30 Sparring		11:30-12:30 Sparring
Orange	5:00-6:00 Belt Class	5:00-5:45 Belt Class	5:30-6:30 Sparring	5:30-6:15 Belt Class	11:30-12:30 Sparring
Green	6:00-7:00 Weapons Premium class \$10.00	5:45-6:30 Belt Class	5:30-6:30 Sparring	6:15-7:00 Belt Class	11:30-12:30 Sparring
	6:00-7:00 Weapons Premium class \$10.00				
Blue	6:00-7:00 Weapons Premium class \$10.00	5:45-6:30 Belt Class	5:30-6:30 Sparring	6:15-7:00 Belt Class	11:30-12:30 Sparring
	6:00-7:00 Weapons Premium class \$10.00				
Purple	6:00-7:00 Weapons Premium class \$10.00	7:15-8:00 Belt Class	5:30-6:30 Sparring	6:15-7:00 Belt Class	11:30-12:30 Sparring
	6:00-7:00 Weapons Premium class \$10.00				
Brown and Black	6:00-7:00 Weapons Premium class \$10.00	7:15-8:00 Belt Class	5:30-6:30 Sparring	6:15-7:00 Belt Class	11:30-12:30 Sparring
	6:00-7:00 Weapons Premium class \$10.00				
ADULT KARATE	10:00-10:45 AM	7:15-8:00 pm			
STRIKE TEAM			7:15-8:15 Strike	7-8:15 Strike Team	
Kickboxing	7:15-8:00 pm	6:30-7:15 pm	6:30-7:15 pm		10:00-10:45 am

Shunato Karate
2270 Grand Ave
Baldwin, NY
516-508-0078
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STUDENTS
MUST WEAR
FULL UNIFORM
WITH PATCHES
TO ALL KARATE
CLASSES

WEAPONS
Classes
\$10 each
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SCHOOL YEAR SCHEDULE

Schedule in effect beginning Tuesday, November 1, 2016

We are closed on days that the Baldwin School District is closed for holidays, vacation days and inclement weather.