



Secretariat of Doctrine

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Mr. Neal Lozano
Heart of the Father Ministries/Unbound
Ardmore, PA 19003

Dear Neal,

I'm writing to thank you for Unbound Ministry, which is such a wonderful gift to the Church. I say that with conviction not just because I found your book *Unbound* and other materials to be insightful and well done, but because I witnessed this powerful ministry in the retreat we gave in January 2013 to more than fifty seminarians of Kenrick Seminary in St. Louis when I was director of spiritual formation there. I have spoken with several men who were unbound indeed, set free at a very deep level and in ways they had never before experienced. Your obvious fidelity to the Church's magisterium helped them open themselves to the action of the Holy Spirit.

Your prayer sessions with the men were a special blessing, and I appreciated being able to participate in some of them with you. Your conversation with each man before praying enabled him to understand and lay bare what he needed to release to the Lord. The sessions were not about a dramatic confrontation with the devil, but rather about receiving the Father's blessing.

Your presentation of the "Five Keys" made a real impact on the men and on me. The first key, you point out, is for us to do exactly what the Lord proclaimed: Repent and believe. You rightly highlight the importance of the Sacrament of Penance as the best way to let go of sin, and then you help people find the freedom they need to effectively resist the temptation to turn back to the sins they have found themselves repeatedly confessing. As you see so clearly, to appropriate the forgiveness we have received, we must forgive, and forgive very specifically, those who have sinned against us. Only then are we in a position to firmly renounce and in Jesus name calmly take authority over any evil spirits that would lead us back into sin and bondage. These steps wonderfully pave the way for us to receive the Father's blessing, which is the final key to deeper spiritual freedom in Jesus.

May the Holy Spirit continue to guide your work for the Church so that through Unbound Ministry many more may be set free and come to a deeper relationship with Jesus in the heart of the Father.

In the Lord Jesus Christ,

Rev. Peter F. Ryan, S.J.
Executive Director, Secretariat of Doctrine
United States Conference of Catholic Bishops