



Girlz Gone Group

New Group Forming!

Start date TBD based on participation

(Women, Ages 21+) Are you happy with the state of your current relationship(s)? This 8-week series will help members: identify (and break up with) unhealthy relationship patterns, create personal boundaries, advocate for yourself, and learn effective communication skills, and many other tools necessary for creating desired relationships and healing from the inside out.

Location: 601 W. 18th Street

Fee: \$40.00 per session

Dana Daniel-Edgerton, LPC (512) 507-0286

dana@solutionoverstress.com

www.solutionoverstress.com

Dana works with children, adolescents and adults. She sees individuals, families, and couples and offers convenient same day, weekend, and online sessions.