

# Panther Cross Country Invite

Saturday, October 1st, 9:00am

Sierra Middle School

6651 Pine Lane

Parker, CO 80134

## SCHEDULE & AGE DIVISIONS:

**Packet Pickup, 7:30 am**

**Course Walk through, 8:30 am**

Age Division	Distance	Time
8 & Under (born 2007+)	2 km (1.24 miles)	Boys & Girls 9:00 am
9 & 10 (born 2005-2006)	3 km (1.86 miles)	Boys & Girls 9:30am
11 & 12 (born 2003-2004)	3 km (1.86 miles)	Boys & Girls 10:00am
13 & 14 (born 2001-2002)	4 km (2.48 miles)	Boys & Girls 10:30 am

Races may be split by gender if the number of competitors in a group is too large. We do want to make sure there is enough room on the course for a safe start. If one or more races are split, the start times will be adjusted.

## COURSE DESCRIPTION:

The course is rolling hills with a mix of vegetation, dirt trails, and cement. This is the SMS home course. We'll have flagging, marshals and signs in key spots for direction.

## ELIGIBILITY REQUIREMENTS:

This meet is open to all youth runners aged 7-14.

## REGISTRATION:

**Registration must be completed by September 29th, 2016 by 8:00 pm, MST.**

No mail in entries accepted. (Race day entries accepted as a last resort and on an individual basis). Please contact Ross Cargo (info below) to register.

## ENTRY FEES & PAYMENTS:

**Individual Entries: \$10.00 per athlete. Team Entries: No Additional Charge.**

Pay fees at packet pickup. Bring cash or check to packet pickup. Bibs will not be issued without payment.

## COMPETITION BIB NUMBERS:

All competitors must wear their assigned bib numbers during competition, chest-high on the front of their jerseys. No racers allowed on the starting line without a bib. Bib numbers will be distributed upon payment at packet pickup.

## EVENT RESULTS:

Results will be posted on the USATF website and emailed to coaches.

## AWARDS:

Medals are awarded for places 1- 5.

## DIRECTIONS & PARKING:

From Parker Road, go east on Pine Lane. Continue through the light at Crown Crest and turn left on North Dixon Drive. Then turn left into the school parking lot. There is a second school lot just a bit further on N. Dixon.

**CONTACT: Ross Cargo @ (720-418-2138) or [ross\\_cargo@yahoo.com](mailto:ross_cargo@yahoo.com)**