



Module 2

Activities – Sport



Module 2 Activities – Sport

Complete up to SIX challenges over 10-60 hours (1-6 credits)

1 Complete **10 hours** of sporting activities.

My sporting activity:

Some examples of what you could do:

- Skateboarding
- Swimming
- Climbing
- Canoeing
- Football
- Tennis
- Rugby

Skills I used:

- Learning
- Teamwork
- Coping with Problems
- Use of IT
- Use of English
- Use of Maths

2 Complete **10 hours** of sporting activities.

My sporting activity:

Some examples of what you could do:

- Skateboarding
- Swimming
- Climbing
- Canoeing
- Football
- Tennis
- Rugby

Skills I used:

- Learning
- Teamwork
- Coping with Problems
- Use of IT
- Use of English
- Use of Maths

3 Complete **10 hours** of sporting activities.

My sporting activity:

Some examples of what you could do:

- Skateboarding
- Swimming
- Climbing
- Canoeing
- Football
- Tennis
- Rugby

Skills I used:

- Learning
- Teamwork
- Coping with Problems
- Use of IT
- Use of English
- Use of Maths

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4 Complete **10 hours** of sporting activities.

My sporting activity:

Some examples of what you could do:

- Skateboarding
- Watersports
- Climbing
- Canoeing
- Football
- Tennis
- Rugby

Skills I used:

- Learning
- Teamwork
- Coping with Problems
- Use of IT
- Use of English
- Use of Maths

5 Complete **10 hours** of sporting activities.

My sporting activity:

Some examples of what you could do:

- Skateboarding
- Watersports
- Climbing
- Canoeing
- Football
- Tennis
- Rugby

Skills I used:

- Learning
- Teamwork
- Coping with Problems
- Use of IT
- Use of English
- Use of Maths

6 Complete **10 hours** of sporting activities.

My sporting activity:

Some examples of what you could do:

- Skateboarding
- Watersports
- Climbing
- Canoeing
- Football
- Tennis
- Rugby

Skills I used:

- Learning
- Teamwork
- Coping with Problems
- Use of IT
- Use of English
- Use of Maths