

Young at Heart



2017/2018

YOUNG AT HEART BOARD MEMBERS

Standing: Jerry Decock - Treasurer, Karen Wright - Secretary,

Nick Cane - Trustee, Marcia Kasper - Member at Large,

Annette Muller - Trustee, Barbara Ruic - Member at Large,

Paul Lockwood - Sargent of Arms, Sitting: Bob Isaacs - Vice President,

Frank Peralta - Trustee, Doug Petersen - Trustee,

Andrea Rajeski - President.

MISSION STATEMENT



"Provide, promote and facilitate activities that benefit seniors of Douglas County".

Young at Heart (YAH) is a non-profit organization that raises funds for seniors in the community of Douglas County. YAH also sponsors various events and groups that benefit the seniors as well.

Membership: \$5 annually

*Covers the cost for the Ice Cream Social/Bingo & Christmas Lunch.

Sign up at the Gift Shop!

Membership in 2017:
Over 600 Seniors!

Our Events & Support

Weekly & Monthly Bingos, 90+ Birthday Meals, 100+ Birthday Celebrations, Mother's Day/Father's Day Celebration, 50/50 Birthday Raffles, Ice Cream Social (free to members), Holiday Craft Fair/Raffle, Christmas Lunch (free to members) & Christmas Bags for Homebound Seniors.

We support the Hot Soup Program, which costs \$1,600 a month. Adopt an Elder Project, Sight Impaired Support Group, as well as the Parkinson Support Group. In addition, we manage the Gift Shop, which is run by volunteers.

Each year the Douglas County Senior Center, has a "wish list" that is not covered by their budget. In 2017, YAH purchased three vehicle's for our Home Makers, to take seniors shopping & to doctors appointments. The dining room windows were also tinted to help with the sun's heat.

Howie's Gift Shop

Open M-F 10am - 2pm (Possibly closed for lunch)

Thank you all for supporting our gift shop. We have over 140 artists displaying their work!

The Young at Heart Board Meeting

Meets every second Monday of each month, at 9:30 am in the CVMC Room at the Douglas County Senior Center.

Board Meetings are open to the public.

If you are age 50 and over and want to give back to the Seniors in Douglas County, the YAH Board may be the volunteer opportunity you didn't know you were looking for.

March Activities

- 1st - Blind/Low Vision Support Group
- 12th - YAH Board Meeting 9:30am
- 14th - 50/50 Raffle
- 15th - Movers & Shakers Support Group
- 18th - YAH Bingo
- 24th - Lacie J Dalton Dinner & Show

Check out our website for links to Smiths, Smile Amazon, 2018 Christmas Craft Fair, Pictures from recent events and much more!
<http://www.youngatheartcarsonvalleynv.org>