

## **Collaborative Consultative Care Coordination Program (4C)**

### **About 4C**

The Collaborative Consultative Care Coordination Program (4C) was created to help parents and pediatricians manage care for the most medically complex children in the community. 4C is not a replacement for your child's current primary care provider, but rather a support for your family and your child's provider. Through increased communication, the 4C team will identify the best combination of services and supports to meet your family's goals. At Baystate Children's Hospital, our program is run by Matt Sadof, MD.

When your child is referred to the program, your child and family will have a comprehensive exam. This will include not only your child's medical conditions, but also meetings with a nurse care coordinator, social worker, behavioral health and developmental specialist, dietician, and family navigator.

Then, the 4C team will work with you and your child's pediatrician to create a secure, cloud-based care plan which may serve as a "medical passport;" a summary of your child's conditions and a plan for care over the next few months. If your child becomes ill or needs another visit between scheduling appointments, you or your child's pediatrician can access the care plan securely via any web-enabled device/computer. And, the plan will be updated as needed, so you will always have your child's most recent care plan at your fingertips.

The 4C program is a partnership between Boston Medical Center and Bay State Medical Center and is funded by a \$6 million grant from the Center for Medicare and Medicaid Innovation over three years. Over time, 4C will assess the impact of these services to determine if this care model improves child and family health by reducing hospital admissions, ER overuse, complication rates, school and work absences, parental stress, and health costs.

### **Is 4C Right for My Child?**

If your child is a medically complex patient, you might be interested in participating in the 4C Program.

To be eligible for 4C services, referred children must require significant medial resources including:

- 10 or more combined ER and/or clinic visits per year
- 10 or more hospital days per year

#### **AND/OR**

- Have a conditions that:
  - Involve multiple specialists (neurology, pulmonology, endocrinology, etc.)
  - Affect multiple body systems (head, seizures, asthma, diabetes, etc.)
- An Intensive Care Unit stay that results in a significant change in health and need of services
- Complicating psychosocial and economic factors that are (or are at risk of) negatively affecting health, including children whose caregivers have significant stressors

If your child meets these criteria, please talk to your pediatrician for a referral.