# INSTRUCTIONS FOR PREPARING 20, 22 AND 24 CAL/FL OZ INFANT FORMULAS

**CAUTION:** Many standard home measuring utensils (tablespoons, measuring cups and most commercial baby bottles) are not calibrated accurately. To assure correct dilution of formula, please make sure that parents have access to accurate measuring devices.

## CONCENTRATED LIQUID

**TO PREPARE:**

**20/Cal/Fl Oz** (Standard Dilution)
Mix equal volumes of Concentrated Liquid and water.

**EXAMPLE:** 1 fl oz concentrated Liquid + 1 fl oz water = 2 fl oz formula **OR** 30 mL Concentrated Liquid = 30 mL water = 60 mL formula

**22 Cal/Fl Oz**
Mix 5.5 volumes of Concentrated Liquid with 4.5 volumes of water

**EXAMPLE:** 5.5 fl oz Concentrated Liquid + 4.5 fl oz water = 10 fl oz formula **OR** 165 mL Concentrated Liquid + 135 mL water = 300 mL formula

**24 Cal/Fl Oz**
Mix 3 volumes of Concentrated Liquid with 2 volumes of water

**EXAMPLE:** 3 fl oz Concentrated Liquid + 2 fl oz water = 5 fl oz formula **OR** 90 mL Concentrated Liquid + 60 mL water = 15- mL formula

## POWDER

**TO PREPARE:**
**20 Cal/Fl Oz** (Standard Dilution)

**EXAMPLE:** 1 scoop* Powder = 2 fl oz water = 2.2 fl oz formula **OR** 1 scoop* Powder =÷ 60 mL water = 66 mL formula

**22 Cal/Fl Oz**

**EXAMPLE:** 3 scoops* Powder ÷ 5.5 fl oz water = 6.2 oz formula **OR** 3 scoops* Powder + 165 mL water = 186 mL formula

**24 Cal/Fl Oz**

**EXAMPLE:** 3 scoops* Powder ÷ 5 fl oz water = 5.7 fl oz formula **OR** 3 scoops* Powder ÷ 165 mL water = 170 mL formula

*Level, unpacked (1 scoop Powder increases volume by 6.7mL or 0.23 fl oz)