



# SOUTHWESTERN COMMUNITY ACTION COUNCIL, INC. HEAD START/EARLY HEAD START ANNUAL REPORT 2015-2016

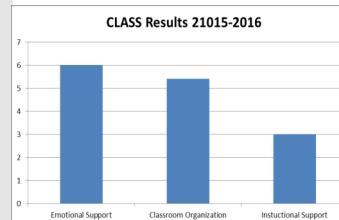
## Class Results

The CLASS (Classroom Assessment Scoring System) Tool looks at and evaluates three domains and ten dimensions of teacher-child interactions. A one (low range) to seven (high range) scale is used to score the interactions that are observed using the CLASS tool. The tool helps to identify areas of strength and areas that may need extra support to enhance interactions. Staff training and support are offered by the Education Specialists to help

staff to become more knowledgeable in implementing teaching strategies that expand quality child/staff interactions. This year, 39 classrooms were assessed using the CLASS tool.

Emotional Support Domain maintained a high average score of a 6.02. Classroom Organization Domain maintained a high-mid range score of a 5.41. Instructional Support Domain averaged a 3.01 for our program which is above

the national average score of a (2.88). This domain maintains a lower national score each year than the other two CLASS domains however our program was successful in scoring above the national average for 2015-2016 school year



Average Daily Attendance this year 87% Head Start and 84% Early Head Start Average Monthly enrollment per funded enrollment 115% Head Start, 105% Early Head Start



Income Guidelines for Enrollment into the program is based on age and income which is set by the federal government.  
\*For Families over 8 members add \$4,160 for each member.

## Head Start\*/Pre-K^ Collaborative and Early Head Start Sites

### HS Cabell

Central City^ Cox Landing^ Culloden^ Davis Creek^ Guyandotte^ Highlawn^ Hite Sanders^ Martha^ Meadows^ Milton\*^ Monroe\*^ Nichols^ Ona^ Salt Rock^ Southside^ Spring Hill^ Village of Barboursville^

### HS Lincoln

Duval^ Hamlin^ Harts\* Harts Primary^ Ranger^ West Hamlin^

### HS Mason

Ashton^ Beale^ Early Education Station^ Leon^ New Haven^ Point Pleasant Primary^

### HS Wayne

Buffalo^ Ceredo\* Ceredo Pre-K^ Crum^ Dunlow^ East Lynn^ Fort Gay^ Kenova^ Wayne^ Westmoreland

### EHS Cabell

Cabell Midland High School, Huntington High School, Monroe, St. John's, Pregnant Moms Program

### EHS Lincoln

Lincoln County Home Based

### EHS Mason

Lakin

### EHS Wayne

Wayne County Home Based

Enrollment Funded for 696 Head Start Children Served 802

Funded for 134 Early Head Start Children Served 221

Funded for 8 Pregnant Moms Served 28

Provided Special Services for 163 HS; EHS 22

On the Waiting List 508 HS; 114 EHS

2015-2016	Head Start Enrollment Numbers	Head Start % Income Eligible	Early Head Start Enrollment Numbers	EHS % Income Eligible
100% Poverty Guidelines	527	66%	155	70%
TANF/SSI	135	17%	34	15%
Foster Children	40	5%	11	5%
Homeless	8	1%	8	4%
130% of Poverty Guidelines	90	11%	13	6%
Over Income	2	.003%	0	0%

Persons in Family	Poverty Guidelines	130%
1	11,770	15,301
2	15,930	20,709
3	20,090	26,117
4	24,250	31,525
5	28,410	36,933
6	32,570	42,341
7	36,730	47,749
8	40,890	53,157



## School Readiness-Child Outcomes

Our Head Start Program participates in the states in Early Learning Reporting System (ELRS), which is the state wide assessment system for the WV Universal Pre-k Program. Our children scored an average composite score of 3.86 on a scale of 1 to 5. Here are highlights from our School Readiness Child Outcome Data:

School Readiness Goals for 2015-2016

Goal 1 - Approaches to Learning - children will demonstrate an increased interest in learning and will be persistent in exploring and discovering the world around them.

Increase from fall to spring - 49.44%

Goal 2 - Social and Emotional Development -

children will demonstrate increased ability to develop and engage in positive relationships with adults and other children and learn how to express and manage their feelings and emotions

Increase from fall to spring - 50.36%

Goal 3 - Language & Literacy - children will increase their ability to demonstrate receptive and expressive language abilities and gain literacy knowledge concepts.

Increase from fall to spring - 78.04%

Goal 4 - Cognition and General Knowledge - children will gain a better understanding of their environment and how things compare and are interrelated by using their senses to

explore and investigate math and science concepts in their world.

Increase from fall to spring for math and science - 98.67%

Goal 5 - Physical Health and Development - children will demonstrate increased awareness of health and safety practices, and exhibit increased motor skill development and coordination.

Increase from fall to spring - 65.60%

The data shows an increase of 87.45% on average, indicating our program has made significant gains across all of our School Readiness Goals for the 2015-16 school year.

## Disabilities and Mental Health

Children have a right to grow and learn at their own pace and we believe a strong system that values the individual needs of children is an important step in supporting their optimal growth and development. We work closely with our collaborative partners to commit to high quality Pre-K/Head Start and Early Head Start programs that support the tenets of IDEA and WVBOE Policy 2419.

The first five years of a child's life is a critical time to develop strong social/emotional skills. We understand that nurturing self-regulation, self-esteem and resiliency in children and their families is where School Readiness really begins. Licensed psychologists and counselors provide extra support and expertise to parents, children and staff with site-based conferences and linkage to com-

munity mental health resources. During the 2015-16 school year, parent workshops and trainings were offered that provided information on children's development, age appropriate expectations, guidance techniques, and stress relief. A favorite training last year for children, parents and staff incorporated deep breathing and yoga exercises that focused on daily mental wellness.

## Staff Training

The 2015-2016 Training & Technical Assistance T/TAS Training Plan for the Head Start & Early Head Start programs included five training goals that focused on School Readiness benchmarks to engage staff, strengthen quality program-wide, display collaborative opportunities to establish a cohesive base and meet local, state, regional and national requirements. For each goal, training was demonstrated in a variety of ways; power point presentations, facilitator directed workshops, on-line webinars, attending scheduled collaborative county trainings and local, state,

regional and national conferences & workshops. Some staff trainings included: TRANSITIONS Workshops-Kindergarten: Here I Come, CLASS-Summary Observation Strategies, Instructional Support, Strategy Enhancements and Dimension Strategies, Science Modules, Math Modules, Child Outcome Summary-Behavior Management, Effective Communication/Observation in the Classroom & Beyond Rock, Rhymes, Write Read-Using Music to Build Literacy Skills, Phonemic Awareness, Data Driven Information/Approaches to Scientific Inquiry.

SIDS (webinar -Safe & Sound), EHS Health Requirements, Socializations/Health & Safety, Feeding Infants & Toddlers, Shaken Baby, EHS Classroom Health & Safety, Prenatal Home Visiting, How to Prepare a Baby Bottle, The ABC's of Infant Safety, Period of Purple Crying, Best Practices for Healthy Eating, Storage and Handling of Breast Milk and Formula, Brush Grant, Services to Prenatal Women, Hug Your Baby, Feeding Infants & Toddlers, Diaper Changing Procedures, Say Yes to Safe Sleep Web Module, How Does the Brain Grow/Creative and Sensory Development.





## Transitions Early Head Start and Head Start

Transition plans are written for individual children six months prior to their transition date to help them move with ease from one program to another. Transitions occur at many points throughout the years a child is enrolled in Head Start/Early Head Start. These transitions occur with information-sharing, open communication, with staff and parents. Typical transitions may include:

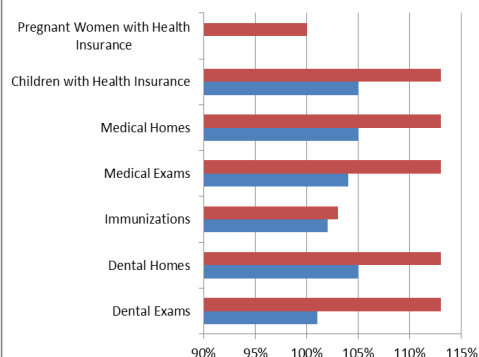
- The EHS Pregnant Moms Program strives to ensure that space is available for children to transition into an Early Head Start program after birth. Parents are educated regarding the

role EHS plays in preparing children for school and the benefits of being in the EHS program for both child and family. Mothers (and father if applicable) are given the opportunity to visit an EHS classroom to observe the interactions with the teachers and children and are offered assistance in the application process. Parents are supported through the process of separation from their child.

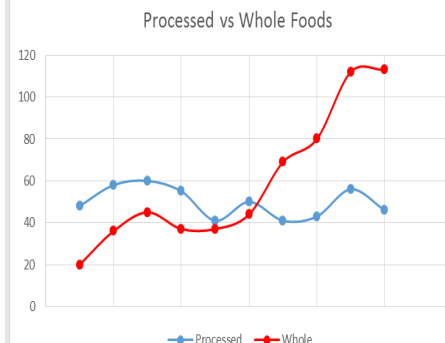
- Transition from EHS to HS includes visiting HS classrooms, meeting teachers and new children, planning activities for families to do with children as

development progresses and sending home developmentally appropriate resources and activities for families to do with children during the transition process. Individual lesson plans for transitioning children include appropriate activities to help children learn new skills, such as offering more challenging activities, introducing new materials and practicing self-help skills that will be part of the HS routine. Books about transitions are read to the children and shared with families through the lending library to help with this process. Parents are also invited to attend educational meetings with HS teachers to discuss what to expect in HS and ask questions.

## Health and Nutrition Goal Information



To increase the nutrient quality of the foods we serve, we hope to decrease the amount of processed foods served and introduce more whole foods. From the start of the year (August) to the end of the year (May), we managed to increase the amount of whole foods served from 29% to 71%. In addition, we decreased the amount of processed foods served from 71% down to 29%.



## Lakin Locally Designed Option Program for Early Head Start

The Lakin EHS program is located in West Columbia, WV in the Lakin Correctional Center which is a maximum security prison for women. Southwestern Community Action Council's Early Head Start program provides services to 16 inmates housed at the facility and their families. These moms

are enrolled in either the locally designed general population option or the locally designed K.I.D.S. (keeping infant development successful) unit option. The K.I.D.S. unit option allows the incarcerated mother and infant to live together in a modular home located on prison grounds. Inmates

enrolled in this program receive weekly "cell visits" with the goals of providing parent education, strengthening the bond with their child and identifying the mother and her family's needs. Each month the Lakin EHS programs provides two group socializations and a parent meeting/activity for the enrolled families.

## Family and Community Engagement

Parents are encourage to participate in many different ways within the Head Start and Early Head Start Programs. This year over 3,181 Head Start Parents and 685 Early Head Start Parents have been active Participants by representing Policy Council, taking part in parent activities, parent meetings, Family Engagement Events, Volunteering at home or in the classroom, and Par-

ent Community Days. Parents have gained knowledge on several different topics including, My Plate, 5210, Positive Parenting and Discipline, Car Seat Safety, and Home Health and



Number of Activities Offered By Program		
	HS	EHS
Male Involvement Activities	668	84
Number of Family Engagement Activities	259	25
Parent Meetings/Trainings	231	41
Community Days/Parent Chats	117	117





### **Board of Directors 2015-2016**

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### **The Promise of Community Action**

Community Action changes people's lives, embodies the spirit of hope, improves communities and makes America a better place to live. We care about the entire community and we are dedicated to helping people help themselves and each other.

### **The Mission of SCAC, INC.**

#### **Head Start/Early Head Start**

To establish a foundation of trust with children and their families through ongoing integrated community services which nurture personal growth, economic development and self sufficiency.

### **SCAC, Inc. Programs**

- Head Start/Early Head Start
- Weatherization
- Mature Worker Employment Program
- Case Management/Home-Makers Services
- Mason County Homeless Shelter
- Simms Housing Project
- Community Block Grant
- Lincoln County Teen Parenting Initiative
- Supportive Services for Veterans and Families

**Collaborative Partners:** Working with partners enables us to reach our families needs and create strengths. Some of our collaborative partners include: Cabell, Lincoln, Mason and Wayne Boards of Education, Birth to Three, WIC, United Way, Tri-State Literacy Council, DHHR, CPS, Family Connections, KVC, Team for WV, Marshall University, Joan C. Edwards School of Medicine, MU Psychology Department, Hope's Place, Starting Points, City Mission, River Valley CDS, St. Mary's Hospital, Community Libraries, HID, Community Churches, Work for WV, Dr. Isabel Pino, Bonnie Bailey, Robert Martin, Debra Eddy, Resource Network, Information and Referral, Goodwill Industries, American Red Cross, Huntington Area Food Banks, Huntington Junior College, Branches, 4-H, Early Education Station, Playmates Child Care,

Our Program just completed the first year of its five year grant period. During the first year the Head Start Key Indicator-Compliant (HSKI-C) is required. This is a pass fail review. The review was conducted from 3-29-2016 to 3-31-2016. We received notice from the Office of Head Start that we successfully passed the review.

### **Our Financial Information**

US Department of Health & Human Services

Head Start \$4,920,672

Early Head Start \$1,792,914

US Department of Agriculture \$60,246.20

Collaboration Contributions from the Boards of Education and other Community Agencies \$1,004,621.10

Number of Breakfasts Claimed 12,111: Lunches: 12,437 Snack: 4,323

#### **In Kind**

Volunteer Number: HS 868 Current or Former HS Parents 596

Volunteer Number: EHS 224 Current or Former EHS Parents 83

Hours: HS 8559 EHS 1939.5

Total In Kind \$1,854,96.42

#### **Program Expenses**

Personnel, Fringe Benefits, Travel, Equipment, Supplies, Contractual, Program Services, Mental Health, Dental Health, Literacy, Nutrition Services, Rent, Utilities, Professional Development, and Building Materials

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