#### BLAKE SIMON & ASSOCIATES PRESENTS



## THE TRANSITION ACADEMIC PLAN NETWORKING & RELATIONSHIPS



## NETWORKING & RELATIONSHIPS BUILD EFFECTIVE RELATIONSHIPS

**Networking** is the action or process of interacting with others to exchange information and develop a professional or social relationship.

A **relationship** is a way in which two or more people or things are connected. Networking is the first step to building an EFFECTIVE relationship.



# STAY READY

Keep a **résumé** which is a document indicating your experience, skills, and accomplishments.

Obtain a **mentor** in your field which is a person who provides a less experienced person with guidance and advice over a period of time.

Have at least **3 professional references:** a person who can vouch for your qualifications for a job, scholarship etc. Could include professors, counselors, administrators, coaches, etc. Obtain Name, Number, & Email.





## RELATIONSHIPS WITH PROFESSORS BEINTENTIONAL

**Do your part in class**. Attend to every class, sit towards the front of the class, and participate in class.

#### Show interest in lectures/subject

ask about their research (if any). If you are genuinely interested in that subject, ask if you could assist in the lab.

#### Take advantage of office hours. Few

students take advantage of office hours... early in the semester.



### EXPERIENTAL LEARNING SEEK OUT & TAKE ADVANTAGE OF OPPORTUNITIES

**Internship** is an opportunity for a student to gain a professional learning experience related to their field of study or career interest. Can be a paid or unpaid opportunity.

#### **Cooperative education (Co-op)**

combines practical work experience with classroom-based education.

A **Volunteer** serves. Volunteering can be very valuable in regards to gaining experience, knowledge, and help you to form connections.



## SECTION EXERCISES

The ACADEMIC Plan exercise (from The Transition Guide & Journal 3rd. ed.)

Exercise 6: 10 People to Know on Campus pg. 91

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