

BLAKE SIMON & ASSOCIATES PRESENTS



THE TRANSITION

FOUNDATION PLAN

**AFFIRMATIONS
& GOAL SETTING**



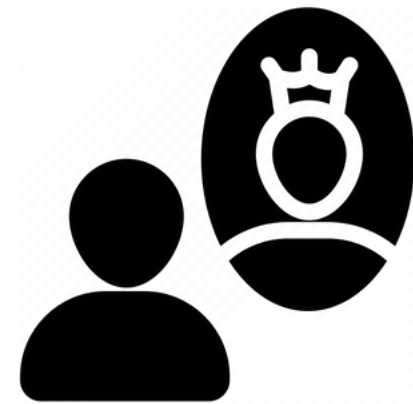
A DIFFERENT YOU

POSITIVE AFFIRMATIONS

AFFIRMATIONS

An ***affirmation*** is a statement asserting the existence or truth of something.

SEE IT, SPEAK IT, WORK IT, BE IT!



PRIORITIES

A ***priority*** is something that has a high level of importance and must be dealt with before other things.



GOAL SETTING

THE FORMULA TO SUCCESS

CREATING GOALS

A **goal** is an idea of your future or desired result that you envision, plan, and commit to achieving.

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ACCOMPLISHING GOALS

Goals are created to accomplish! It will take hard work & consistency.





**LUCK IS WHEN
PREPARATION
MEETS
OPPORTUNITY,
STAY PREPARED**

Chapter 4: Create Your Own Luck, pg. 43

SECTION EXERCISES

**The FINANCIAL Plan exercises (from The Transition Guide & Journal
3rd. ed.)**

Exercise 2: Positive Affirmations pg. 31

Exercise 3: The M.A.P. Goals pg. 37