

# Breastfeeding Support Resources



**Seven Days a Week!** Please refer to the list of local hospital & private practice support services

Monday

- HOLYOKE: Breastfeeding Resource Center at the Holyoke Health Ctr., 3pm-5pm For more info, please call: (413) 420-2862

Tuesday

- AMHERST: Nursing Mothers' Council Monthly Meeting at Vital Milk, 1st Tuesday of the month 9:30-11am

Wednesday

- VIRTUAL: Breastfeeding Question/Answer Session w/Baystate Medical Ctr, 1pm-2pm. For more info, please call: (413) 794-5155.
- VIRTUAL: Support Group w/ Franklin Medical Center, 11am For more info, please call: (413) 773-2331

Thursday

- 

Friday

- HOLYOKE: Breastfeeding Resource Ctr. at the Holyoke Health Ctr., 9am-1pm For more info, please call: (413) 420-2862

Saturday

- 

**Local Hospital & Medical Group Lactation Support Services:**

Baystate Medical Center.....	(413) 794-5312
Baystate Franklin Medical Center.....	(413) 773-2359
Cooley Dickinson.....	(413) 582-2096
Holyoke Hospital Holyoke.....	(413) 534-2700
Mercy Medical Center.....	(413) 748-7262
The Breastfeeding Center.....	(413) 598-7770

**Private Practice Lactation Support:**

Eileen Stewart, RN IBCLC.....	(413) 209-2984
Helen Korczak, CLC.....	(413) 777-8753
Kate Hartshorne, RN, BSN, IBCLC.....	(413) 387-7885
Lex Beach, IBCLC.....	(413) 230-1631
Lisa Fortin, IBCLC.....	(413) 369-4154
Nora Lynn Holland, RN, IBCLC.....	(413) 222-8779
Rachel Baker, CLC.....	(774) 279-1863
Sarah Nacewicz, IBCLC.....	(413) 454-5775

**Breast Pumps:**

Our local hospitals provide hospital-grade breast pumps, e.g., Medela's Symphony®, for inpatient use and offer rentals pumps for home use.

Vital Milk supplies insurance-covered breast pumps...1-855-414-MILK

**Please visit the following organization's websites to obtain a list of our local leader's names and contact information:**

La Leche League.....	llli.org
Breastfeeding USA.....	breastfeedingusa.org
Nursing Mothers' Council Leaders.....	bace-nmc.org

**Phone Help:**

Springfield South WIC warmline.....	(413) 505-9434 & (413) 505-9203
Chicopee/Holyoke WIC warmline.....	(413) 537-0596
Orange WIC warmline.....	(413) 475-1773
Greenfield WIC warmline.....	(413) 376-1170
Amherst/Northampton WIC warmline.....	(413) 387-1273
24/7 La Leche League hotline.....	1-877-4-LA LECHE
Cooley Dickinson warmline.....	(413) 582-2096
Mercy Medical Center warmline.....	(413) 748-7262