

Teams Challenge Course

Experiential Trip

June 7th, 8th and 9th, 2017

An amazing experience awaits your group at the Teams Challenge Course, nestled in the woods of Meadowhill Park. The Course consists of a series of outdoor activities, cooperative games, trust initiatives and team-building exercises designed to assist in personal development.

Based on an experiential approach to learning, a facilitator will provide your group with a customized team-building program that can help develop lifelong benefits, such as:

- Increased self-confidence
- Improved problem-solving abilities
- Effective communication skills
- Cooperation for effective teamwork
- Awareness of strengths and limitations
- Trust in yourself and others
- Coping skills for handling anxiety

As individuals stretch the boundaries of their comfort zones, they learn to work together to triumph over difficult tasks. The Teams Challenge Course operate under a “Challenge by Choice” philosophy, allowing individuals to choose their level of involvement and responsibility.

The challenge programs connect the adventure and discovery process to real-life issues that represent significant challenges. After each activity, participants share their insights about the group process and relate the initiative to work or school. Our facilitators encourage the team members to consider changing how they think and act in order to function more effectively.

Activity Information

Your child will engage in 9 hours of Teams Challenge Course activities over 3 consecutive days. This unique Team Challenge Course will progressively increase in difficulty over the 3 days. In order to maximize group cohesion and success over challenges youth must stay with same group either AM or PM over the 3 days. The Gurnee Teen Center will be open only for youth participating in Teams Challenge Course program from 8am to 6pm. For your convenience your

child is welcome to be at the teen center prior to or after Teams Challenge Course activity and will have access to televisions, pool tables, games, and/or other staff run activities. Please see attached (Team Challenge Program Guide) form for further day of activity information.

Fee for all 3 days: \$50.00 (Needs-based scholarships may be available)

Time: Group 1: 8:30am – 1:30pm (return time may vary depending traffic and other variables)

Group 2: 11:30am – 4:30pm (return time may vary depending traffic and other variables)

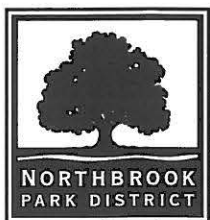
****We will make every effort to accommodate your preference of Group 1 or Group 2 times. However we cannot guarantee placement. This will be based on First Come First Serve Basis.**

Where: Participants will start and end day at Gurnee Teen Center. Youth Services will take care of all transportation to and from the activities.

Lunch/Snacks: We will provide a cooler and ask that children be sent with a lunch, any snacks and beverages.

Must turn in completed Township Application and Teams Course Waiver by 5/24/17. This is limited to only 24 youth (12 youth per session), entering/graduating from grade 6-8.

Questions: Contact Katy Padula at 847-244-1101 ext. *410



Teams Challenge Course/Jeffrey's Climbing Tower Waiver and Release

Program (check) <input type="checkbox"/> Teams Challenge Course <input type="checkbox"/> Climbing Wall		Location: Meadowhill Park
Group Name:		Date of Program:
Participant's Name:	Participant's Birth Date (MM/DD/YY): / /	
Parent/Guardian Name:	Email:	
Emergency Contact:	Emergency Phone:	

Important Information

The Northbrook Park District (herein referred to as the District) is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The District continually strives to reduce such risks and insists that all participants follow safety rules and instructions designed to protect participants' safety. However, participants and parents/guardians of minors registering for this program must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward is physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

Warning of Risk

This Teams Course/Climbing Tower is a series of challenging activities intended to engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including spinal cord injury, head/brain injury, and bone and joint injury. Understandably, not all hazards and dangers associated with the teams course/climbing wall can be foreseen. Certain risks include acts of God, inclement weather, slip and falls, insect bites, inadequate or defective equipment, inadequate supervision or instruction, and premises defects. In this regard, it must be recognized that it is impossible for the District to guarantee absolute safety.

Photo/Video Policy

The Northbrook Park District takes photos and video of participants in classes, during special events and in the parks. By signing the waiver, you are giving permission to the District to use these photos and video in District publications and on our website and social media outlets. All photos and video are the property of the District.

PARTICIPATION WILL BE DENIED if the signature of adult participant or parent/guardian, birth date of participant, and program date are not on this waiver. Each participant must present a waiver to the facilitator on the day of the program. NOTE: The Northbrook Park District does not carry medical or accident insurance for its participants. The cost of such insurance would make programs cost prohibitive. We suggest that you look at your own insurance policy to be sure you are adequately covered. The Park District assumes no responsibility for personal injuries or loss of personal property.

Waiver and Release of All Claims and Assumption of Risk

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program, and I voluntarily agree to assume the full risk of any injuries, damages or loss, regardless of severity that my minor child/ward or I may sustain as a result of participating in any and all activities connected with or associated with this program/activity. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Northbrook Park District, including its officials, agents, volunteers and employees.

I further agree to defend, indemnify, and hold the District harmless against any and all liability, loss, expense, including reasonable attorneys' fees, or claims for injury or damages arising out of my participation (or my minor child/ward's participation) in this activity, but only in proportion to and to the extent such liability, loss, expense, attorney's fees, or claims for injury or damages are caused by or result from my or my minor child's/ward's acts(s) or omission(s).

I have read and fully understand the above important information, warning of risk, photo/video policy, assumption of risk and waiver and release of all claims. If registering online or via fax, my signature shall substitute for and have the same legal effect as an original form signature.

Participant's Signature (18 years or older or parent/guardian)

Date

Indicate in the space below any special medical consideration you may require during participation on the Teams Course/Climbing Tower. All information will remain confidential unless necessary for first aid administration.

Registration

Parent/Payer's Name	Home #	Cell #
Address	City/Zip	Email
Child's Name	Age	Grade
Emergency Contact	Phone	Relationship to Participant
Do you require any special accommodations?		
Please Select One: <input type="checkbox"/> Group 1: 8:30am – 1:30pm <input type="checkbox"/> Group 2: 11:30am – 4:30pm <input type="checkbox"/> No Preference		
<small>**We will make every effort to accommodate your preference of Group 1 or Group 2 times. However we cannot guarantee placement. This will be based on First Come First Serve Basis.</small>		

Make Checks payable to: Warren Township Drop Off Check/Application: Gurnee Teen Center <div style="text-align: center;"> 17801 W. Washington St Gurnee, IL 60031 </div>	<div style="text-align: center;"> Registration due by 5/24/17—limited to 24 participants Fee: \$50.00 Challenge Course 6/7/17, 6/8/17, 6/9/17 </div>
Scholarships available for residents only. Call 847-244-1101 ext. *401.	<div style="border: 1px solid black; padding: 5px; background-color: #e0f0ff;"> <small>FOR OFFICE USE ONLY</small> Rec. by _____ Date _____ Cash _____ Check _____ </div>

Liability Release

In exchange for permission for me and/or my child to participate in the Team Challenge Course and Gurnee Teen Center, I hereby grant the following release from Liability on my own behalf and on behalf of my child.

I, on my own behalf, and also as parent and/or guardian on behalf of the minor child identified below, release, discharge and hold harmless the Youth Program Teacher, any related associations, Warren Township and its officers, directors, employees, agents, landlords, lessees, sponsors and franchisees (hereafter the "Released Parties") from any and all liability for injury to my child's person, my person, or other persons, and to my child's property, my property or other persons' property, arising out of or in connection with, or caused in any manner by my participation or my child's participation in the Youth Programs or Classes.

I acknowledge I hereby have been advised to consult, and have consulted, with my physician and/or with my child's physician with respect to any past or present injury, illness, health problem or any other condition or medication that I and/or my child now have, previously have had and/or now may have that may affect my and/or my child's participation and ability to participate in and to endure the Youth Programs or Classes.

In the event that I and/or my child becomes ill or injured during or as a result of participation in the Youth Programs or Classes, I hereby authorize the Released Parties to arrange for such emergency medical attention as they, in their sole judgment, may deem to be required to preserve my life and/or health and/or the life and/or health of my child. I hereby release, discharge and hold harmless the Released Parties, as well as any person or entity that provides such emergency medical attention, from any and all liability in connection with any injury to my or my child's person or property arising in connection with or as a result of such emergency medical treatment.

Child's Name (print): _____

Parent/Guardian Signature: _____ Date: _____

Student Questionnaire

List all current and past health challenges/injuries/operation/diagnoses:

List any allergies your child has:

List any medications your child is currently taking:

Please share any other information you think might be helpful for me to know in order to create the most positive experience for your child:

Team Challenge Program Guide

The Day of Your Program

- Check weather
- Dress appropriately
- Eat a good breakfast
- Leave valuables at home (cell phones, pagers, iPods, jewelry, etc.)
- Bring a full water bottle
- Bring a good attitude
- Prepare to have fun!

Clothing and Supplies

Be prepared to be outside the entire time. Wear comfortable clothes that can get dirty and sturdy closed toe and heel shoes (no sandals). Do not wear jewelry or watches.

Hot Weather

- Lightweight, light colored clothes
- Sunscreen
- Insect repellent
- Hat
- Extra water

Cold Weather

- Dress in layers
- Be prepared to remove layers during the day
- Wool hat and mittens/gloves
- Long underwear

Rain

- Raincoat
- Extra socks
- Waterproof shoes

In extreme weather conditions, programs are moved inside.