

Week 1: Learning Styles (Inventory and Tips) and Reading for Speed and Comprehension

➤ Gardner's Theory of Multiple Intelligences/Talents

Includes:

- ✓ Reflection
- ✓ Survey Completion *
- ✓ Reporting Activity

➤ Identifying and using your Learning Style Profile to succeed in school

Includes:

- ✓ Completion of 32 question Learning Styles Inventory
- ✓ Compilation of Results
- ✓ Tips and strategies
- ✓ Fun, interactive group activity

➤ Fun, interactive, daily 4-minute reading workout to boost reading speed for comprehension to:

- ✓ Succeed in timed-test completion
- ✓ Finish reading assignment with a greater understanding and retention
- ✓ Gain the utmost from classroom instruction/lectures as a result

* Indicates: High School High School & Middle School Leveled

Week 2: Note Taking, Study Skills, and Goal Setting

➤ Note-Taking Strategies

- ✓ Making the most of your time by taking the most efficient notes BOTH in and out of class!
- ✓ Tips, clues, formats *

➤ Study Skills

- ✓ Planning for Success *
- ✓ Study Strategies *
- ✓ Best Use of Time, Memory, and Energy*
- ✓ Staying Focused *

➤ Goal Setting

- ✓ Achieve your goals!
- ✓ Setting *SMART, Making-it-happen ~ Be WISE* goals!
- ✓ Using the Time Matrix to break down your goals*

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Week 3: Test-Taking

- Left Brain/Right Brain Types ~ Medical Science Approach
 - Includes:
 - ✓ Completion of Brain Hemisphere Analytical/Global Identifier 10 question survey *
 - ✓ Group Reflection
 - ✓ Reporting
 - ✓ Fun, challenging, interactive activities

- Test Anxiety Survey Completion including tips to let go of test anxiety

- All Avenues of Test-Taking *
 - Includes:
 - ✓ Taking Charge of Testing Challenges to achieve outstanding outcomes
 - ✓ Preparing
 - ✓ Strategies
 - ✓ Specifics to include:
 - Multiple-Choice
 - Short Answer
 - True/False
 - Essays

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Week 4: Time Management/Project Planning

- Effectively and Strategically using a planner for both daily and long-term work and projects to achieve academic success at all levels
Includes Interactive Activity to:
 - ✓ Increase Organization
 - ✓ Get Planning in Place
 - ✓ Strategizing for Success

- Power Planning for Top Projects and Presentations
Includes:
 - ✓ Outlining of Individual Steps for Long-Term Project Planning
 - ✓ Determining and calculating time allocation to account for added project/work commitment
 - ✓ Interactive group planning and scheduling of mock 6-week project.

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