



Neuro Central

Neurological Therapy Centre



Our Counsellor is Harriet Hay



She has many years nursing experience and has been qualified in counselling since 2009. She understands the close connection between body and mind, and considers that talking therapy is as important as physical care. She is an Accredited member of the British Association for Counselling and Psychotherapy, and works to their Ethical Framework for good practice.

Harriet offers a confidential, non-judgemental listening ear.

If you would like to talk to her or make an appointment to see her please email her on –

harrietcounselling@hotmail.co.uk or phone her direct on 07922 044 753
(messages left are confidential and will be answered quickly)

---Spaces are limited to members due to funding available and will be on a first come first serve basis---

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