



# National Elite Gymnastics

## 2020 Summer Sports Camp

7632 Hwy 71 West Austin, TX 78735 • 512-288-9722 office • 512-288-4643 fax  
[www.neg-usa.com](http://www.neg-usa.com) • [neg-usa@outlook.com](mailto:neg-usa@outlook.com)

### Daily Camp Schedule:

#### **Monday / Tuesday / Thursday**

7:30 a.m. Drop Off  
8:30 a.m. Gymnastics Groups  
10:00 a.m. Sports Outside  
Field/ Playground/Side Field  
Rotations every 20 mins  
11:00 a.m. Get Ready for Pool  
11:30 a.m. Lunch  
12:00 p.m. Travel To Pool  
2:00 p.m. Leave Pool/Travel to NEG  
2:30 p.m. Clean-up & Change for Gym  
3:00 p.m. Games/Open Gym/Ninja Warrior  
4:00 p.m. Snack  
4:30 p.m. Inside Play/Arts and Crafts/Playground  
6:30 p.m. Parent Pick Up

**\*\*Swimming Pool Location and Time TBD\*\***

#### **Friday**

7:30 a.m. Drop Off  
8:30 a.m. Gymnastics Groups  
10:00 a.m. Sports Tournaments  
11:30 a.m. Lunch  
12:00 p.m. Movie  
2:00 p.m. Games  
2:30 p.m. Open Gym/Ninja Warrior/Rock Wall  
3:30 p.m. Snack  
4:00 p.m. Inside Play/Arts and Crafts/Playground  
6:30 p.m. Parent Pick up

#### **Wednesday**

Is field trip day! **Please note that you need to arrive for all field trips by the times indicated on page 2, and that we will return by 4:00 pm except where noted.** All campers must wear their camp T-shirt given upon enrollment. **If you forget, you will need to purchase one for \$10.82.** Specific sizes may not be available for lost shirts or late camp enrollment.

### Fees:

**Camp Registration Fee:** \$30.00 per child (includes camp T-shirt)

**Camp Deposits:** There is a **\$50.00 NON-REFUNDABLE deposit per week** required to hold your spot. This deposit will be applied to your weekly camp tuition. **Camp deposits and registration fees are due when you sign up for camp.** You may make changes to your selected weeks prior to May 28th. However, any changes made after May 28<sup>th</sup> will incur a \$10.00 fee per occurrence. If you cancel or are absent any weeks after June 1<sup>st</sup>, your deposits and registration fees will be forfeited.

**Weekly and Daily Rates:** Please see rates as outlined on page 2.

**Weekly Tuition Payment Deadline:** Your weekly tuition is due by the Thursday before you attend camp each week.

## Weekly Tuition Rates & Wednesday Field Trips: All weekly rates include field trip cost.

**Single Day Rate:** \$65.00 per child \* Extra fees will apply for Wednesday field trips.

There is a 10% discount for siblings. If you pay 5 or more weeks in full, we will take an additional 5% off your camp tuition.

### \* LUNCH INCLUDED

		CREDIT CARD	CASH/CHECK	
Week 1: June 1 – June 5	Altitude *	\$268.83	\$261.00	Arrive by 9:00 a.m.
Week 2: June 8 – June 12	Austin Aquarium	\$264.71	\$257.00	Arrive by 9:45 a.m.
Week 3: June 15 – June 19	Typhoon Texas *	\$288.40	\$280.00	Arrive by 8:00 a.m.
Week 4: June 22 – June 26	Texas Memorial Museum	\$262.65	\$255.00	Arrive by 10:00 a.m.
Week 5: June 29 – July 3	Inner Space Caverns	\$271.92	\$264.00	Arrive by 9:30 a.m.
Week 6: July 6 – July 10	Dave and Busters *	\$290.46	\$282.00	Arrive by 9:45 a.m.
Week 7: July 13 – July 17	Nature & Science Center	\$258.53	\$251.00	Arrive by 10:00 a.m.
Week 8: July 20 – July 24	Thinkery	\$264.71	\$257.00	Arrive by 8:30 a.m.
Week 9: July 27 – July 31	Epic Fun *	\$282.22	\$274.00	Arrive by 10:15 a.m.
Week 10: Aug. 3 – Aug. 7	Bob Bullock and IMAX	\$267.80	\$260.00	Arrive by 9:30 a.m.
Week 11: Aug. 10 – Aug. 14	Urban Air *	\$283.25	\$275.00	Arrive by 8:45 a.m.

## Camp Guidelines & Information:

All camp staff members are certified in CPR, first aid, and water safety.

### **Water bottles are required every day!**

**Please put sunscreen on your child prior to arrival at NEG.** We will provide and reapply sunscreen before going to the pool. You are more than welcome to send your own sunscreen with your child and we will apply it.

**Please put your camper's name on EVERYTHING!** NEG and/or coaches are not responsible for lost items.

Snack is provided once daily. One snack per child is what is provided. You are welcome and encouraged to pack extra snacks if needed for your child. **No sodas, candy, or gum** are allowed at NEG Summer Sports Camp.

Please be sure to pack a sack lunch every day for your child, with the exception of some field trips. Microwave ovens will **NOT** be available for warming lunches.

Earliest drop off is 7:30 a.m. and your child/children must be picked up by 6:30 p.m. **Please note there is a late pick-up fee of \$1 per minute after 6:30 p.m.** Payment for late pick-up is required upon arrival.

NEG's sports camp has been designed to encourage physical activity through sports lessons and exercise. **Each camper is expected to participate in all scheduled activities.** In the event of illness or injury, a request can be

made for an optional form of activity. We strongly discourage children from “sitting out” because they don’t want to do the current activity. We ask that you help us with these participation reminders.

Please ensure your child is in proper shoes for the sports hour. Flip flops are okay to wear while at the gym, but we do require them to have running/athletic shoes while playing sports. We cannot allow the campers to go barefoot while on the field.

Camp schedule and field trips are subject to change due to weather.

All campers are divided into age groups for activities, and by skill level for swimming and gymnastics. We understand there are times your siblings may want to stay together, but we **cannot** group children out of the proper age range for Licensing and staffing purposes.

#### **Age Groups:**

- 5-6 years            Red Cubs
- 7-8 years            Black Jaguars
- 9-12 years           White Tigers

#### **Swim Levels:**

1. Red – Very beginner swimmer; 2 ft to 3 ½ ft swimming area
2. Yellow – Good swimmer; 2 ft to 5 ½ ft swimming area (Swim Test is required)
3. Green/Blue – Advanced swimmer; 2 ft to 12 ft swimming and diving area (Swim Test is Required)

***Gymnastics Levels are based off of USA Gymnastics determination of levels using specific skills on each apparatus.***

## **Discipline and Guidance Policy for National Elite Gymnastics**

Discipline must be:

- (1) Individualized and consistent for each child;
- (2) Appropriate to the child’s level of understanding; and
- (3) Directed toward teaching the child acceptable behavior and self-control.

A caregiver may only use positive methods of discipline and guidance that encourage self-esteem, self-control, and self-direction, which include at least the following:

- (1) Using praise and encouragement of good behavior instead of focusing only upon unacceptable behavior;
- (2) Reminding a child of behavior expectations daily by using clear, positive statements;
- (3) Redirecting behavior using positive statements; and
- (4) Using brief supervised separation or time out from the group, when appropriate for the child’s age and development, which is limited to no more than one minute per year of the child’s age.

There must be no harsh, cruel, or unusual treatment of any child. The following types of discipline and guidance are prohibited:

- (1) Corporal punishment or threats of corporal punishment;
- (2) Punishment associated with food, naps, or toilet training;
- (3) Pinching, shaking, or biting a child;
- (4) Hitting a child with a hand or instrument;
- (5) Putting anything in or on a child’s mouth;
- (6) Humiliating, ridiculing, rejecting, or yelling at a child;
- (7) Subjecting a child to harsh, abusive, or profane language;
- (8) Placing a child in a locked or dark room, bathroom, or closet with the door closed; and
- (9) Requiring a child to remain silent or inactive for inappropriately long periods of time for the child’s age.





**2020 Summer Sports Camp Registration Form**  
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Student's Name: \_\_\_\_\_ D.O.B.: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_ M or F

Student's Name: \_\_\_\_\_ D.O.B.: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_ M or F

Student's Name: \_\_\_\_\_ D.O.B.: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_ M or F

**PLEASE CIRCLE THE DAYS THAT YOUR CHILD/CHILDREN WILL BE ATTENDING CAMP.**

WK	Dates	Circle Days of Attendance	WK	Dates	Circle Days of Attendance
1	June 1 – June 5	Full Week M T W TH F	7	July 13 – July 17	Full Week M T W TH F
2	June 8 – June 12	Full Week M T W TH F	8	July 20 – July 24	Full Week M T W TH F
3	June 15 – June 19	Full Week M T W TH F	9	July 27 – July 31	Full Week M T W TH F
4	June 22 – June 26	Full Week M T W TH F	10	Aug 3 – Aug 7	Full Week M T W TH F
5	June 29 – July 3	Full Week M T W TH F	11	Aug 10 – Aug 14	Full Week M T W TH F
6	July 6 – July 10	Full Week M T W TH F			
				<b>T-Shirt Size</b>	<b>CXS CS CM CL CXL AS</b>

**RELEASE OF LIABILITY**

All precautions will be taken to prevent accidents. However, should an accident occur, first aid will be administered and a parent and/or doctor will be notified. National Elite Gymnastics and staff cannot be held liable for injuries that occur on the premises or otherwise in the care of N.E.G. personnel.

I/We \_\_\_\_\_ assume all responsibility and waive any claim for compensation for injury incurred by my/our child while in camp and hereby agree to indemnify or hold harmless N.E.G., it's owners, and staff against any and all claims, which may arise from an injury to my/our child/children while participating in the program.

**SIGNATURE OF PARENT OR LEGAL GUARDIAN:** \_\_\_\_\_ **DATE:** \_\_\_/\_\_\_/\_\_\_

**TRANSPORTATION**

I hereby give my consent for National Elite Gymnastics to provide transportation to and from the field trips and the pool.

**SIGNATURE OF PARENT OR LEGAL GUARDIAN:** \_\_\_\_\_ **DATE:** \_\_\_/\_\_\_/\_\_\_

Office Use: EM CP PAY CPY  
 →

**ADMISSION INFORMATION:** Student(s) Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Parent's Name: \_\_\_\_\_

Home #: \_\_\_\_\_ Home #: \_\_\_\_\_

Work #: \_\_\_\_\_ Work #: \_\_\_\_\_

Cell#: \_\_\_\_\_ Cell #: \_\_\_\_\_

E-mail: \_\_\_\_\_

Name, Address, and Phone # of emergency contact if parents cannot be reached:

\_\_\_\_\_

I authorize NEG to allow my child/children to leave with ONLY parents listed above **and the following persons:**

Name: \_\_\_\_\_ Ph#: \_\_\_\_\_

Name: \_\_\_\_\_ Ph#: \_\_\_\_\_

Name: \_\_\_\_\_ Ph#: \_\_\_\_\_

#### **AUTHORIZATION FOR EMERGENCY MEDICAL ATTENTION**

In the event that I cannot be reached to make arrangements for emergency medical attention, I authorize the Camp Director or person in charge to take my child to:

Emergency Care Facility: Seton SW 7900 FM 1826 Austin, TX 78737 512-324-9000

Other: \_\_\_\_\_

Child's Physician: \_\_\_\_\_ Phone #: \_\_\_\_\_

Any known medical problems/allergies:

\_\_\_\_\_

**Signature of Parent or Legal Guardian:** \_\_\_\_\_ **Date:** \_\_\_/\_\_\_/\_\_\_

#### **Please initial:**

\_\_\_\_\_

I hereby give my consent for NEG to transport my child/children to and from the gym and field trips.

\_\_\_\_\_

I hereby give my consent for my child/children to participate in Water Activities such as sprinkler play, wading pools, and swimming.

\_\_\_\_\_

I understand that a snack and lunch on certain listed field trips will be served to my child/children while in care.

\_\_\_\_\_

I have read and received a copy of the discipline and guidance policy for National Elite Gymnastics (Pg 3).

**Swim Level (PLEASE CIRCLE):** RED YELLOW GREEN/BLUE

**Special Comments** (Regarding your child's diet, behavior, allergies, and/or special needs):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



## National Elite Gymnastics Photography Release for Minor Child or Children

I hereby authorize National Elite Gymnastics, hereafter referred to as "NEG," to publish photographs taken of myself and/or the minor child or children listed below, and our names and likenesses, for use in the NEG print, online, and video-based materials, as well as other NEG publications.

I hereby release and hold harmless NEG from any reasonable expectation of privacy or confidentiality for myself and for the minor child and children listed below associated with the images specified above. Further, I attest that I am the parent or legal guardian of the child or children listed below and that I have full authority to consent and authorize NEG to use their likenesses and names.

I further acknowledge that participation is voluntary and that neither I, the minor child, nor minor children will receive financial compensation of any type associated with the taking or publication of these photographs or participation in company marketing materials or other NEG publications. I acknowledge and agree that publication of said photos confers no rights of ownership or royalties whatsoever.

I hereby release National Elite Gymnastics, its contractors, its employees, and any third parties involved in the creation or publication of NEG publications, from liability for any claims by me or any third party in connection with my participation or the participation of the minor children listed below.

Please check one of the following:

I **DO** give my consent for NEG to publish photographs according to the guidelines above.

I **DO NOT** give my consent for NEG to publish photographs according to the guidelines above.

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship to children: \_\_\_\_\_

### Names and Ages of Minor Children:

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_