



## **SG Danceworkz and Fitness Studio, LLC**

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# **ADULT DANCE & FITNESS PROGRAM** **2018-2019 INFORMATION & POLICIES**

*Classes Begin the week of September 4, 2018.*

*PLEASE READ THIS CAREFULLY AS THERE ARE SOME CHANGES FROM LAST YEAR.*

### **Mission Statement:**

SG Danceworkz and Fitness Studio, LLC and our instructors strive to differentiate ourselves by offering a positive, warm, and nurturing dance community that focuses on technique, self-esteem building, and fun. Students will be taught to demonstrate respect, responsibility, and commitment in an environment that everyone feels welcomed, valued, and inspired.

### **Class Descriptions of Potential Offerings:**

- **Tap:**
  - Using the feet as an instrument, the footwork begins with simple rhythms advancing to more complex combinations using syncopation, rhythm, and timing. Tap shoes required.
- **Ballet:**
  - The foundation of all dance forms. This format provides strength, posture, grace, and discipline. Classes include barre, stretch, center floor technique, and across the floor. Ballet shoes required.
- **Hip Hop:**
  - A popular format of dance. This style is often used in street dancing and music videos.
- **Potential Fitness Offerings:**
  - Barre
  - Zumba, Zumba Toning, Zumba Sentao, Zumba Gold
  - Yoga
  - PiYo Live
  - Group Fitness Classes
  - Country Heat
  - HIIT
  - Boot Camp
  - Turbo Kick
  - Personal Training

## **Policies and Procedures**

### **Attire/Dress Code:**

Moveable and comfortable clothes. No jeans. Clean shoes that have not been worn outside. Specific shoes as needed based off of style of dance. Equipment and mats are provided, unless you prefer to bring your own.

### **Class Etiquette:**

**Besides asking that you follow dress code, we do have rules of etiquette that we expect all dancers, instructors, and parents to follow at all times:**

- No food or drink allowed in the studios. Adults may have plain water in the studio during class.
- ABSOLUTELY no gum during class or in the studio
- NO street shoes inside the studios. Do not wear your dance shoes outside.
- No cell phone use during class. Please leave the room if you must use your cell phone.
- Keep talking during instruction to a minimum
- Keep an open mind and be willing to try new things.
- Please no young children allowed in the dance studios during adult classes.

### **Holidays/Studio Closures:**

- Labor Day:
  - September 3, 2018
- Thanksgiving Break:
  - November 21, 2018 – November 23, 2018. Classes resume Monday, November 26, 2018.
- Winter Break:
  - December 21, 2018 – January 1, 2019. Classes resume Wednesday, January 2, 2019.
- Spring Break:
  - March 11, 2019 – March 15, 2019. Classes resume Monday, March 18, 2019.
- Memorial Day:
  - May 27, 2019
- Last Day of Regular Classes:
  - May 30, 2019

### **Weather Related Closures:**

- In the event of inclement weather, we will send an email, post on Facebook, and indicate any closures on our voicemail. We do not always follow the school systems decision to close or remain open.

## Payment Policies and Summary of Optional Fees:

### Registration:

- There is no registration fee assessed for our adult programs!
- **Completed registration form and initial payment must be received to secure a spot in class.**
- We will send an email confirmation of your schedule a few weeks prior to classes beginning.
- Classes that do not reach minimum students required to be held will be cancelled.
- Class size is limited. You will be added to a wait list if the class you are looking to enroll in is full.

### Discounts Available:

- Early payment
  - 5% off if the entire year is paid in full by September 15<sup>th</sup>
- Referral Program
  - Current students who refer a new student to join our studio will receive a referral bonus. For every new referral you get to enroll at the studio, you will receive a \$10 credit on your account. Credit can be used for Tuition, DVD's, Shoes/Tights, Studio Apparel, Costume Deposits, Costume Balance, Conventions, etc. Cannot be used for any payment that doesn't go through studio, i.e., Pictures, Recital Tickets, Cupcakes, etc. We will also hold a quarterly drawing for all students who had a referral during that quarter for additional studio credit and prizes! **Referral program is only valid for referred adults who purchase a minimum of a 10 class punch card or two months of tuition!** Referral cannot be from the same household.

### Tuition Payments:

Tuition payments are due the 1<sup>st</sup> day of the month. Please note that invoices are not sent out. Payments may be dropped at the studio, mailed to the studio, or processed online. We accept cash, check, or card (online or at studio). **There is a small fee for the online or credit card payments.** Please indicate your name in the memo of the check and note what the payment is for (tuition, costumes, etc.). For instructions on how to pay online, please visit our website.

### Please note that we do have a late payment policy:

- A reminder email will be sent on the 7<sup>th</sup> of the month for anyone who has not submitted tuition.
- A \$5.00 late fee will be added after the 10<sup>th</sup> of the month.
- If payment and late fee has not been received in full by the 20<sup>th</sup> of the month, your student will be asked to sit out of class. If the class is full and there is a wait list, their spot will be given to someone on the wait list.
- Students will not receive costumes unless account is current and students will not be able to participate in the recital if account is not current.

Returned checks will incur a \$30 service charge.

- **Tuition:** Tuition rates are for a full season (September through May), paid monthly including studio holidays, not by class. You are able to make-up classes for any month that you do not get 4 classes in (whether due to weather, illness, holidays, etc).
- **Punch Card Options:**
  - 5 Class Punch Card: \$30.00
  - 10 Class Punch Card: \$50.00
- **Adult Regular & Fitness Class Monthly Tuition:**
  - Parent Discount (Must have a child that is currently enrolled in classes at our studio):
    - 1 Class: \$15/month
    - 2 Classes: \$30/month
    - Unlimited: \$45/month
  - Regular Tuition:
    - 1 Class: \$20/month
    - 2 Classes: \$35/month
    - Unlimited: \$50/month
- **Additional Tuition:**
  - Drop In Classes: \$7/Class
  - Personal Training:
    - See Sheena for Personal Training Packages!

**Additional OPTIONAL Fees:**

- Recital Pictures
- Locker Rental
- Studio Apparel

## **Danceworkz In Motion 2019**

Please note that participation in Danceworkz In Motion is optional.  
Our recital is tentatively scheduled for May 17<sup>th</sup>-19<sup>th</sup> or May 24<sup>th</sup> -26<sup>th</sup>. Final Date TBA.



### **Recital Fee:**

There is a recital fee that is assessed for any student participating in Danceworkz In Motion 2019. These fees assist us with recovering some of the costs associated with putting on the show such as: program costs, videographer, time for costume process, backstage kits, etc. The fee is \$45/individual or \$50/family. With this fee you will receive one Danceworkz In Motion 2019 DVD and Practice CD, and Video Choreography. The fee will be due by March 15, 2019 and must be received prior to costumes being distributed.

### **Costumes:**

Costume Deposits are required for all classes if you are doing the recital. Costume deposits are \$50.00/costume. We will try to keep all costumes between \$50-\$65.

Please note that costume payments must be received by the dates indicated:

- Both our Adult Tap and Adult Hip Hop classes have the option to participate in the recital.
- All adults planning on participating in the show should submit costume deposit (s) by December 20<sup>th</sup>.
- Costume balances will be posted shortly after returning from Christmas break and the remainder of the amount will be due by January 31<sup>st</sup>.
- **Additional Costume Information:**
  - Once costumes are ordered, we are both obligated. We cannot cancel costumes.
  - If you do not have your deposits in and get them in after break, **IF** we are able to get a costume still, you will be responsible for any additional fees such as rush fees, and separate shipping.