



SAVE A LIFE



AMERICAN COLLEGE OF SURGEONS  
Inspiring Quality:  
Highest Standards, Better Outcomes

100+years

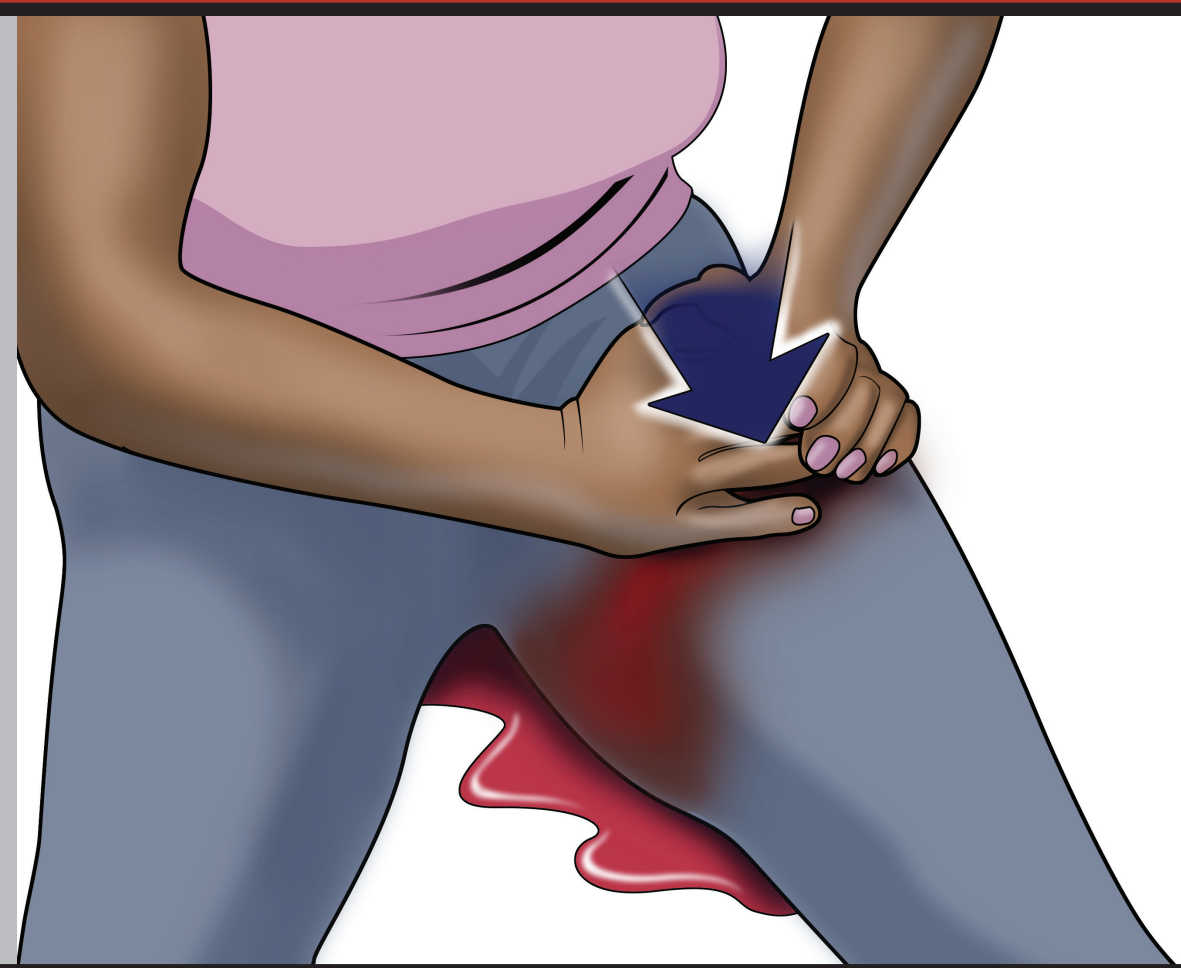
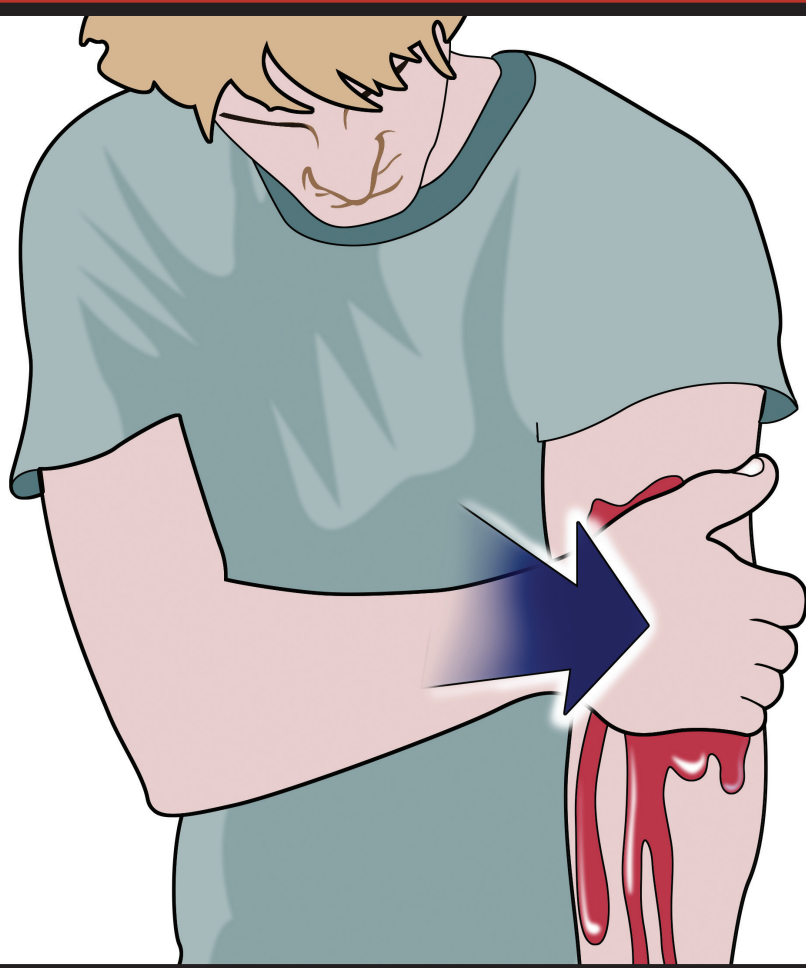


THE  
COMMITTEE  
ON TRAUMA

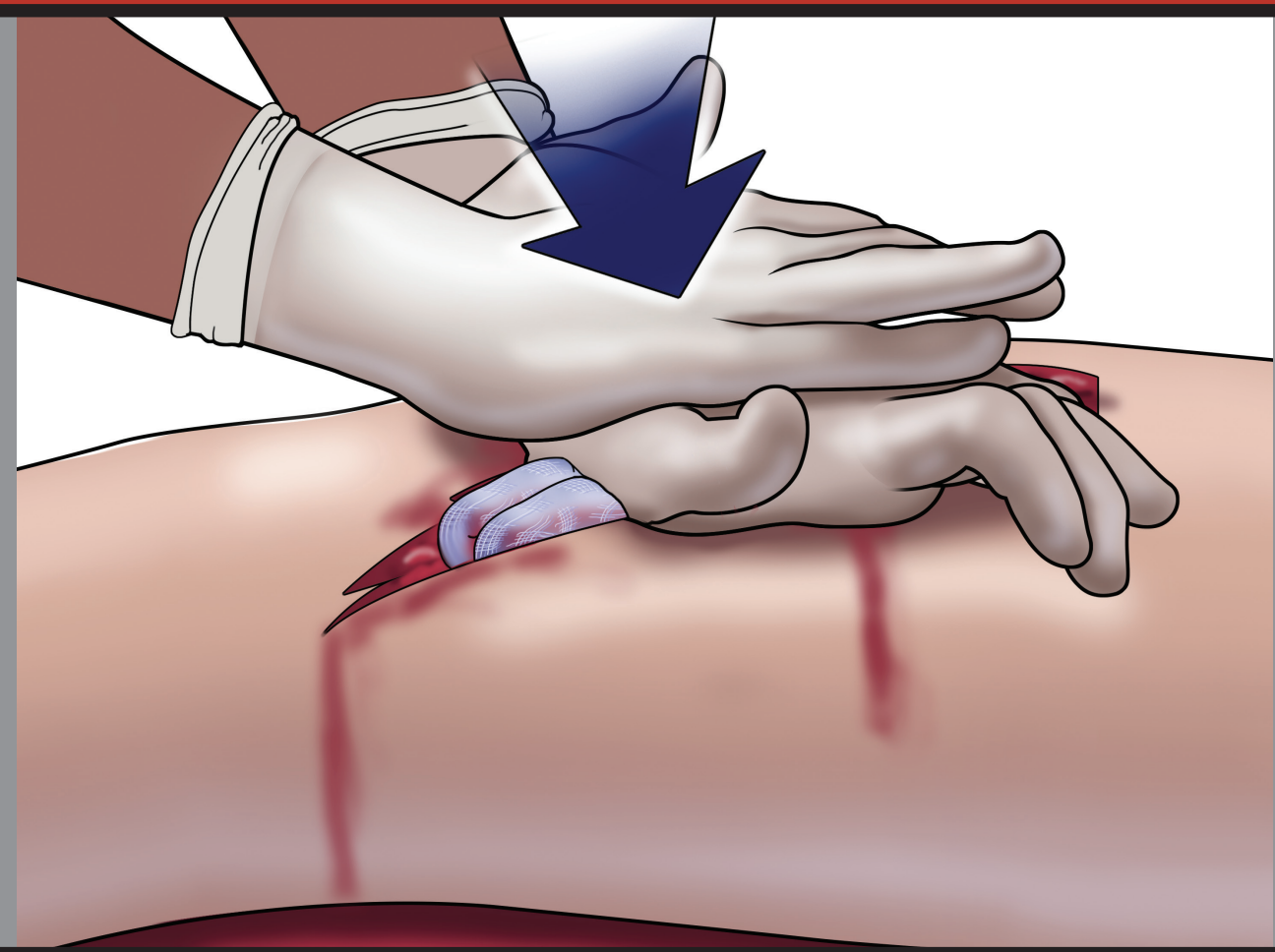
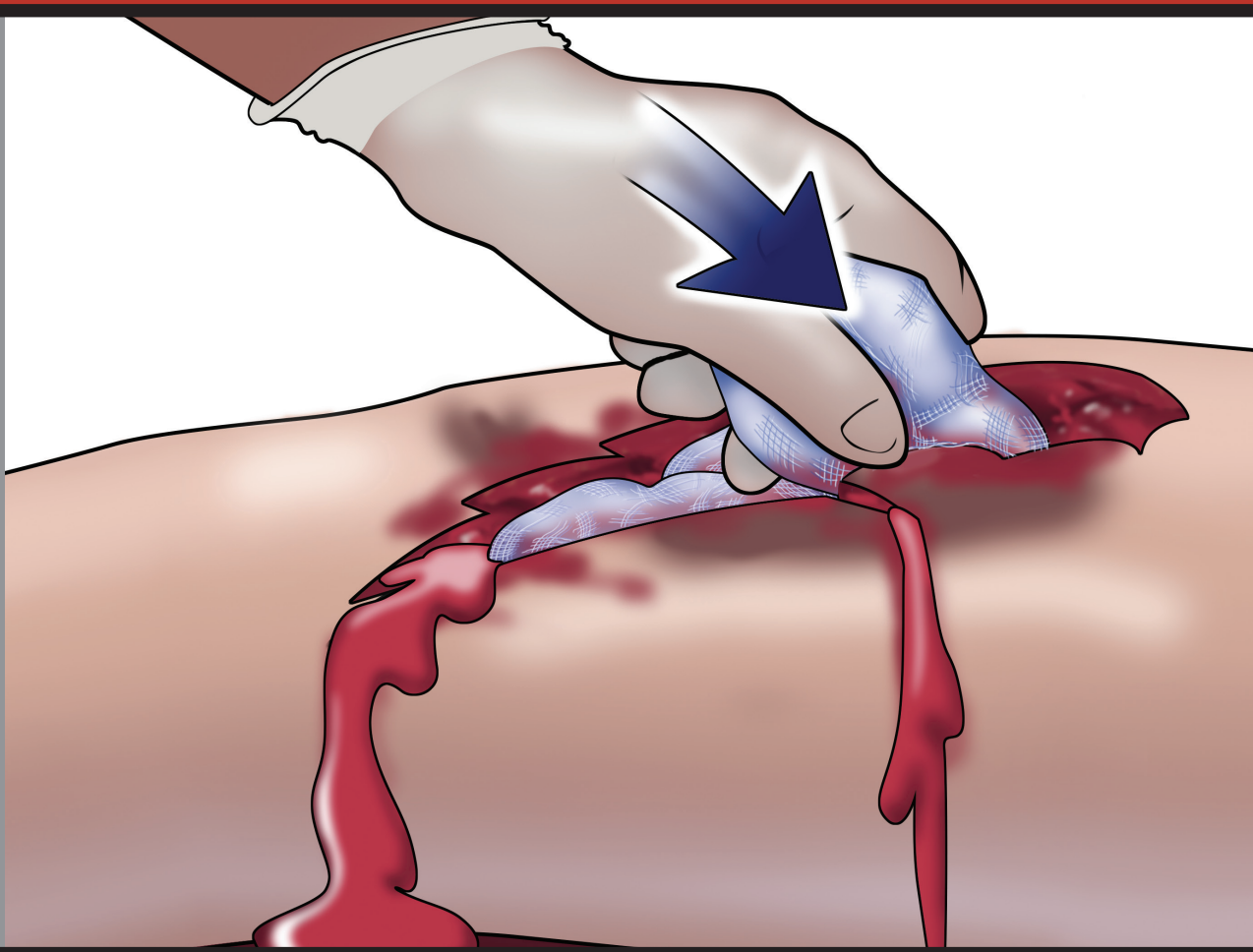


**BLEEDINGCONTROL.ORG**

# 1 APPLY PRESSURE WITH HANDS



# 2 APPLY DRESSING AND PRESS



# 3 APPLY TOURNIQUET



WRAP

WIND

SECURE

TIME

**CALL 000**

The 'Stop the Bleed' campaign was initiated by a federal interagency workgroup convened by the National Security Council Staff, The White House. The purpose of the campaign is to build national resilience by better preparing the public to save lives by raising awareness of basic actions to stop life threatening bleeding following everyday emergencies and man-made and natural disasters. Advances made by military medicine and research in hemorrhage control during the wars in Afghanistan and Iraq have informed the work of this initiative which exemplifies translation of knowledge back to the homeland to the benefit of the general public. 'Stop the Bleed' is a registered service mark of the Department of the Defense. Use of the equipment and the training does not guarantee that all bleeding will be stopped or that all lives will be saved.