

Winter/Spring 2018 After School Enrichment Classes SULLIVAN MIDDLE SCHOOL



Chess

Mountain Lake Chess * (619) 585-1050 * chesscamp.net

International Master Larry Evans and staff teach chess in 33 schools throughout San Diego County. Beginning to advanced students are welcome. Chess is a great workout for students to improve spatial reasoning, visual memory and attention span while learning good judgment, reasoning power and self-confidence. The program includes instruction, formal and casual play and a team event. Students receive prizes and trophies to reward participation. Offered Fridays from 3:15 – 4:15 p.m. in the teachers' lounge. Session starts January 19th and ends March 16th. Tuition \$91.

Musical Theater and Dance: Sessions I and II

Charlene's Dance N Cheer * info@charlenesdance.com * 760-522-1442

Casting all boys and girls! Students will explore fun drama exercises/games, dance movement for musical theater and an introduction to singing. Students will learn songs, acting lines/parts, and dance choreography in preparation for an end of session abridged play! Costumes to borrow included! Offered Thursdays 2:00 p.m. to 3:00 p.m. in room 14. Session I tuition is \$96 and runs for 8 weeks from January 18th to March 15th. Session II tuition is \$84 and runs for 7 weeks from March 22nd to May 10th.

Yoga

Tween Yoga * ylangspirit@gmail.com * (808) 228-4242

Join Ms. Amber Knight, certified yoga instructor, for some relaxation, stretching and fun! She will be teaching you how to do YOGA plus some partner poses to build your teamwork skills. Bring your own yoga mat or purchase one from the instructor for \$5. Tuesdays at 3:15-4:15 for 10 weeks from March 6th to May 15th. Tuition is \$105.