

- Go to Formed.org (Free for Holy Spirit Parish; use Code **KNHQW4**)
- First time on Formed.org: Used the Parish code then create yourself an account with username and password just like Netflix ; You DO NOT have to use the parish code every time.

#### Teen Integrity Makeup Work

1. Go to **Programs**
2. Scroll down to “**For Youth: YDisciple Small Group Discipleship**”
3. Boys & Girls watch “**Human Sexuality**.”
  - a. There are 4 sessions: **watch and write half-page per session**

ALSO, Boys ONLY watch “**True Strength: Chastity for guys**”

- b. There are 4 sessions: **watch and write half-page per session**

ALSO, Girls ONLY watch “**True Beauty: Chastity for girls**”

- c. There are 4 sessions: **watch and write half-page per session**

Type, seize 12 font and turn in to [faithformation.holyspirit@gmail.com](mailto:faithformation.holyspirit@gmail.com)