

## Lana's Dance Studio 2017-18 Class Schedule

### Preschool Classes

|                                     |                  |
|-------------------------------------|------------------|
| Preschool 1 Dance - Ballet Tap Jazz | Monday 4-5       |
| Preschool 1 Dance - Ballet Tap Jazz | Monday 5:30-6:30 |
| Preschool 1 Tumbling                | Monday 5-5:30    |
| Preschool 2 Dance - Ballet Tap Jazz | Monday 4:30-5:30 |
| Preschool 2 Tumbling                | Monday 5:30-6    |

### Beginner A5-8

|                         |                |
|-------------------------|----------------|
| Dance - Ballet Tap Jazz | Tuesday 4-5    |
| Tumbling                | Tuesday 5-6    |
| Hip Hop                 | Tuesday 6-6:30 |

### Intermediate A5-8

|                         |                |
|-------------------------|----------------|
| Dance - Ballet Tap Jazz | Tuesday 5-6    |
| Hip Hop                 | Tuesday 6-6:30 |

### Beginner/Intermediate A9 & up

|                         |                  |
|-------------------------|------------------|
| Tumbling                | Tuesday 5-6      |
| Dance - Ballet Tap Jazz | Monday 6:30-7:30 |
| Hip Hop                 | Monday 6-6:30    |

### Cheer Prep (A11 & up)

Monday 8-9

### Tumbling (skills required for class)

|                                         |               |
|-----------------------------------------|---------------|
| Boys                                    | Monday 5:30-6 |
| Beginner A5-8                           | Tuesday 5-6   |
| Beginner/Intermediate A9 & up           | Tuesday 5-6   |
| Int 1 (cartwheel, roundoff, handstand)  | Tuesday 4-5   |
| Int 2 (front limber, standing backbend) | Tuesday 6-7   |
| Int 3 (backbend kickover and pull up)   | Monday 6-7    |
| Int-Adv (front and back walkover)       | Monday 4-5    |
| Advanced (roundoff backhandspring)      | Monday 7-8    |
| Super-Advanced (series, tuck, layout)   | Monday 7-8    |

### Competition Team - (Classes available thru teacher approval only)

|                                            |                                           |
|--------------------------------------------|-------------------------------------------|
| Sweethearts Wednesday 4-5:30               | Sweetheart Petite Comp Hip Hop Wed 5:30-6 |
| Petites Wednesday 4-5:30                   | Showstoppers Wednesday 4-5:30             |
| Showstoppers Comp Hip Hop Wed 5:30-6       |                                           |
| Superstars Tuesday 6-8                     | Superstars Comp Hip Hop Tuesday 5:30-6    |
| Dazzlers Tuesday 6-8                       | Juniorettes Tuesday 6-8                   |
| Int. Comp Hip Hop (Dazzlers & Juniorettes) | Tues 5:30-6                               |
| Adv. Comp Hip Hop Wed 6:30-7               |                                           |
| Juniors Wednesday 7-9                      | Seniors Wednesday 7-9                     |

### Advanced Pointe

Wednesday 6-6:30

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| Preschool 2 Tumbling                | Monday 5:30-6    |

### Beginner A5-8

|                         |                |
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| Tumbling                | Tuesday 5-6    |
| Hip Hop                 | Tuesday 6-6:30 |

### Intermediate A5-8

|                         |                |
|-------------------------|----------------|
| Dance - Ballet Tap Jazz | Tuesday 5-6    |
| Hip Hop                 | Tuesday 6-6:30 |

### Beginner/Intermediate A9 & up

|                         |                  |
|-------------------------|------------------|
| Tumbling                | Tuesday 5-6      |
| Dance - Ballet Tap Jazz | Monday 6:30-7:30 |
| Hip Hop                 | Monday 6-6:30    |

### Cheer Prep (A11 & up)

Monday 8-9

### Tumbling (skills required for class)

|                                         |                      |
|-----------------------------------------|----------------------|
| Boys                                    | Monday 5:30-6 Jordan |
| Beginner A5-8                           | Tuesday 5-6          |
| Beginner/Intermediate A9 & up           | Tuesday 5-6          |
| Int 1 (cartwheel, roundoff, handstand)  | Tuesday 4-5          |
| Int 2 (front limber, standing backbend) | Tuesday 6-7          |
| Int 3 (backbend kickover and pull up)   | Monday 6-7           |
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| Juniors Wednesday 7-9                      | Seniors Wednesday 7-9                     |

### Advanced Pointe

Wednesday 6-6:30