

# AOOA BULLETIN

*Advocates for the Ohio Osteopathic Association*

*Spring 2013*

## President's Report

*by Mary Schreck, President*

Hard to believe we are coming to the end of another program year! It has been another successful year.

In October several of us attended the national meeting in San Diego. Those present were: **Mary Schreck**, president of the AOOA; **Terry Martin**, president of the Auxiliary to the American College of Osteopathic Family Physicians (AACOFP); **Dee Angel**, past president of the Advocates for the American Osteopathic Association (AAOA); and **Amber Norman**, representative of the Intern Resident Advocate Association. We had a wonderful time.

The AOOA continues to support the osteopathic profession with the Yellow Ribbon Suicide Prevention Program, Child Safety Activity books, and OU-HCOM scholarship. We had two Board meetings and planned fun things for the Symposium, May 15-19, in Columbus.

I would like to thank my officers for all their help during the year. They are: **Jane Routh**, vice president; **Becky Marx**, treasurer; and **Merry Beth Vargo**, secretary. Our committee chairs have also worked very hard this year. They are: **Linda Raub**, Bylaws; **Barb Wills**, Convention; **Amber Norman**, Membership and Public Education; **Jane Routh**, Osteopathic Spirit Award.

I would love to see all of you at our general meeting on Friday, May 17. It's at the Hilton at Easton in Columbus during the Ohio Osteopathic Symposium. Together we can make this next year the best ever. •

## AOOA Scholarship Awarded

*by Becky Marx, Treasurer*

We are pleased to announce that Lubaina Presswala, OMS IV, has been awarded the 2012-2013 AOOA Scholarship. She is currently completing her CORE rotations and serving as CORE representative at St. John's Medical Center in Westlake.

Students enrolled in years two through four are eligible to apply for the scholarship. Recipients must demonstrate good academic standing, support of osteopathic principles, community service, leadership, involvement in professional and extracurricular activities, and financial need. Students who may not have earned superior grades but who have the potential of becoming excellent physicians and leaders in the profession are encouraged to apply.

After completing high school in India, Student Doctor Presswala attended Cleveland State University, where

## AOOA is 75 years old!

*by Mary Schreck, President*

Since 1939, members of the Advocates (nee Auxiliary) have donated their time, talent and money to support osteopathic causes.

Comprised of doctors' spouses and friends of osteopathy, the AOOA had its origin at the 1938 state convention in Marietta. Later, in July they elected officers. **Ouida LaRue**, the first president, said "The women feel it is time for them to perfect an organization... That will be of definite help for the education of the public to the benefits and advantages of the science of osteopathy. The real object of this organization is to disseminate a practical knowledge of osteopathic health service and to assist in the advancement of such service."

In 1939 they had a fundraiser for the organization. In addition to fundraising, district auxiliaries placed osteopathic magazines in public and school libraries and hosted programs to familiarize the public with osteopathic principles.

By 1943, Auxiliary members were supporting the state's fledgling osteopathic hospitals – rolling bandages, sewing and knitting, serving as nurses' aides, and buying equipment. Some placed osteopathic literature in college and high school libraries, while others helped in public bond sales. Political action, too, became part of the Auxiliary's work when members wrote to President Roosevelt and congressmen to protest the failure of the Surgeon General of the Navy to commission osteopathic physicians and surgeons as medical officers.

For six decades, the Auxiliary promoted and strengthened the osteopathic profession in Ohio – through direct services to hospitals, recognition of hospital volunteers, and fundraising to finance scholarships, student loans, and research.

In 2005, the name was changed to Advocates for the Ohio Osteopathic Association. Activities in the last decade include: changing the Volunteer Award to the Osteopathic Spirit Award; starting an endowed scholarship at OU-HCOM; donating OMM tables to OU-HCOM; distributing child safety activity books; and increasing public awareness to the epidemic of teen suicide through the Yellow Ribbon Suicide Prevention Program. •

*Historical information is from A Second Voice: A Century of Osteopathic Medicine in Ohio by Carol Poh Miller, 2004.*



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**Dear AOOA Members:**

Happy April! It looks like we are finally into Spring! As we look forward to a new season that represents new growth and new beginnings, we also look forward to a new **Ohio Osteopathic Symposium**. The Symposium starts Wednesday evening, May 15 and runs through brunch on Sunday, May 19. Like last year, it will be held at the Hilton Columbus at Easton Town Center.

The exhibits will be open Thursday, May 16, from 7:00 AM to 5:00 PM and Friday, May 17, from 8:00 AM to 11:45 AM. There will also be topics in the general seminars that may be of personal interest to those of us who support this great profession. You will have plenty of time to check them out and attend the Advocates meetings. The AOOA Board meeting (open to all) is on Thursday, May 16, from 2:00 to 4:00 PM in the Lilac Room while the Breakfast & General Meeting takes place Friday, May 17, from 9:00 AM to 12:00 PM, also in the Lilac Room. We will hear from an Ohio woman who is actively supporting other women both here in Columbus and in different parts of the world while giving us consumers fair pricing on real jewelry. Come hear her inspiring story. The follow-up Board meeting is Saturday, May 18, from 9:00 to 11:00 AM in the Columbus Board Room. We welcome your insights and suggestions!

We continue to remain one of the strongest supporters of the Advocates for the American Osteopathic Association's Yellow Ribbon Suicide Prevention program. In addition to supporting this program at the national level, the Ohio Advocates have endowed a scholarship for an OU-HCOM student.

In order to continue supporting these and other programs, we once again have a fundraising raffle planned. A page of tickets is enclosed in this *Bulletin*. This year we will have three very different prizes. First is a lovely **three-piece pearl jewelry set**. It includes a necklace, ring and earrings. The second item is very exciting for Ohio State Buckeye fans: a **stained glass Block O**. And the third item up for grabs is an **iPad**. These raffle prizes may not only be great for ourselves but two of them would make wonderful Father's Day gifts! The tickets are \$5 each or six for \$25 - quite a bargain. Imagine an iPad for \$5! The drawing will take place Sunday, May 19 at the Farewell Brunch. You do not need to be present to win but it would be nice to wear such great jewelry home (or take home an iPad or that Block O).

Complete each ticket on the sheet with your name and phone number and return the sheet (feel free to copy it if you want more than six tickets), along with your check to: **Becky Marx, 5198 Sampson Drive, Youngstown, OH 44505**. There will also be plenty of opportunities to purchase tickets from board members at the Symposium up until the drawing on Sunday morning.

Easton is a great place to explore! With the various shops, upscale department stores, restaurants and entertainment venues, one can find plenty to do during days and evenings, with and without children. There is a great new restaurant called Cooper's Hawk but you must call ahead of time for reservations! **For further information - schedules, hotel and Symposium registrations, etc., go to [www.ooanet.org/cme](http://www.ooanet.org/cme).**

We hope to see you there!

Sincerely,  
**AOOA Board**

P.S. If you're not attending the Symposium, be sure to mail your raffle tickets so they arrive by May 14. •

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## Advocates for the Ohio Osteopathic Association Raffle

Name \_\_\_\_\_ Phone \_\_\_\_\_

Ticket Price \$5 each *or* \$25 for six tickets

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**RETURN TICKETS AND CHECK (MADE PAYABLE TO AOOA) BY MAY 14 TO:**

Becky Marx, AOOA Treasurer  
5198 Sampson Drive, Youngstown, OH 44505

## Public Education Update

by Amber Norman, Committee Chair

The AOOA's *Smart Kids, Safe Kids* books continue to be a successful venture.

This year, Summit County Childrens Services will be receiving the activity books for the first time. The AOOA is donating 300 books to them, for which they are appreciative and excited to receive. Athens County Childrens Services and Greene County Children Services are also receiving books this year. For next year, I would like to include many more counties, specifically the ones that our members are a part of.

There will be order forms at the Ohio Osteopathic Symposium in May to pre-order for next year. They are \$1 per book and are such a great tool for kids to learn about safety in a fun way. The book is also a way to educate children and their parents about osteopathic medicine. These books are great to hand out in the office or you can donate to the AOOA and we can distribute them to a worthy organization for you. You can place your order by contacting me, **Amber Norman** at [norman\\_amber@hotmail.com](mailto:norman_amber@hotmail.com) or 614-507-0112.

Thanks to all the donors for making this publication possible! •

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## AOOA Scholarship Awarded

she served as treasurer of the pre-medical society and volunteered as a hospital patient companion. At OU-HCOM, she cared for disabled children, conducted diabetes research, and served as a leader in the Family Practice student organization. She taught OMT skills to students via practice labs and virtual haptic back simulation sessions, and coached OU employees through the Healthy Ohio program. At her CORE site, she volunteers at monthly free clinics. She has worked to raise awareness for diabetes and support strategies to prevent chronic complications.

She states, "There is much to be done in the practice of medicine to make it affordable and accessible to our patients... I plan to be persistent in my efforts towards patient advocacy, stay close to home and practice in Ohio, and support quality, cost-effective patient care clinics, medical education, research, (and) community service."

To donate to the scholarship, please write your check to The Ohio University Foundation and note in the memo line that it is for the AOOA Scholarship Fund. Donations may be sent to: Christopher H. Albrecht, OU-HCOM Office of Development, Grosvenor Hall 205, Athens, Ohio, 45701-2979. •

2013 OHIO  
OSTEOPATHIC  
SYMPOSIUM

MAY 15-19

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