

LAMB KABOBS WITH TZATZIKI SAUCE

Basically from http://www.foodnetwork.com/recipes/sunny-anderson/lamb-kabobs-with-tzatziki-sauce-recipe.html

INGREDIENTS

Tzatziki Sauce:

TZatziki Sauce.	
2 cups	Greek (strained) yogurt
1/2	Cucumber, seeded and chopped
1	Garlic clove
2 ½ tsp	Hot sauce
1 tsp	Lemon juice

Kabobs:

Rabobs.	
1	Bag pita bread, at least 8 loaves
12	6" wood skewers
1 1/2	Pounds ground lamb
2	Scallions, finely chopped
2 tsp	Onion powder
2 tsp	Chopped fresh oregano leaves
1 tsp	Chopped fresh rosemary leaves
1 tsp	Garlic powder
1 tsp	Ground cumin
½ tsp	Dried thyme
	Salt and freshly ground black pepper Olive oil for brushing
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DIRECTIONS

- 1. Make tzatziki sauce: Blend the yogurt, cucumber, garlic, hot sauce, lemon juice, and zest in a food processor until smooth. Season with salt and pepper and transfer to a bowl. Refrigerate at least one hour before serving. Makes 2 ½ cups. [Notes: I like some chunks of cucumber in my tzatziki sauce so might not blend all the cucumber as described here. Also, taste before seasoning with salt and pepper...]
- 2. Soak skewers in water for 25 to 30 minutes.
- 3. In a large bowl, combine lamb, scallions, onion powder, oregano, rosemary, garlic powder, cumin, thyme, salt and pepper to taste.
- 4. Form meat around skewers, making an oblong sausage shape, pressing and securing firmly. Refrigerate 30 minutes.
- 5. Preheat grill to high.
- 6. Remove skewers from refrigerator. Brush grill with oil. Grill kabobs until charred on the outside and medium-rare on the inside, turning only once, about 3 minutes on each side.
- 7. Brush pita lightly with oil and grill briefly on both sides to warm.
- 8. Remove lamb kabobs from skewers and place 2 on each pita. Drizzle with tzatziki sauce to serve.