HELLO

LET ME KNOW IF YOU NEED HELP?

MY NAME IS		MY PHONE NUMBER IS		
I LIVE IN THE NEIGHBORHOOD AT				
IF YOU AND YOUR FAMILY NEED HELP DURING THE PANDEMIC, PLEASE LET ME KNOW.				
☐ PICK U	IP GROCERIES / FOOD	☐ WALK A DOG		
☐ A FRIE	NDLY PHONE CALL	☐ MOW A LAWN or SHOVEL A DRIVEWAY		
	NT SUPPLIES	☐ HELP WITH GARDENING		
JUST CALL OR TEXT AND I'LL DO MY BEST TO HELP—FOR FREE.				
This new coronavirus is highly contageous. To ensure that we only spread kindness with each other, please take every precaution to avoid physical contact with others (keep 6 feet away), wash your hands with soap frequently, and follow other social-distancing direction given by the authorities.				
For other kindness resources for you & your family, visit www.randomactsofkindness.org			ク	
If you want to spre	ead kindness in your neighborhood, you can download tl	ese blank forms at www.randomactsofkindness.org/kindness-resources		

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