

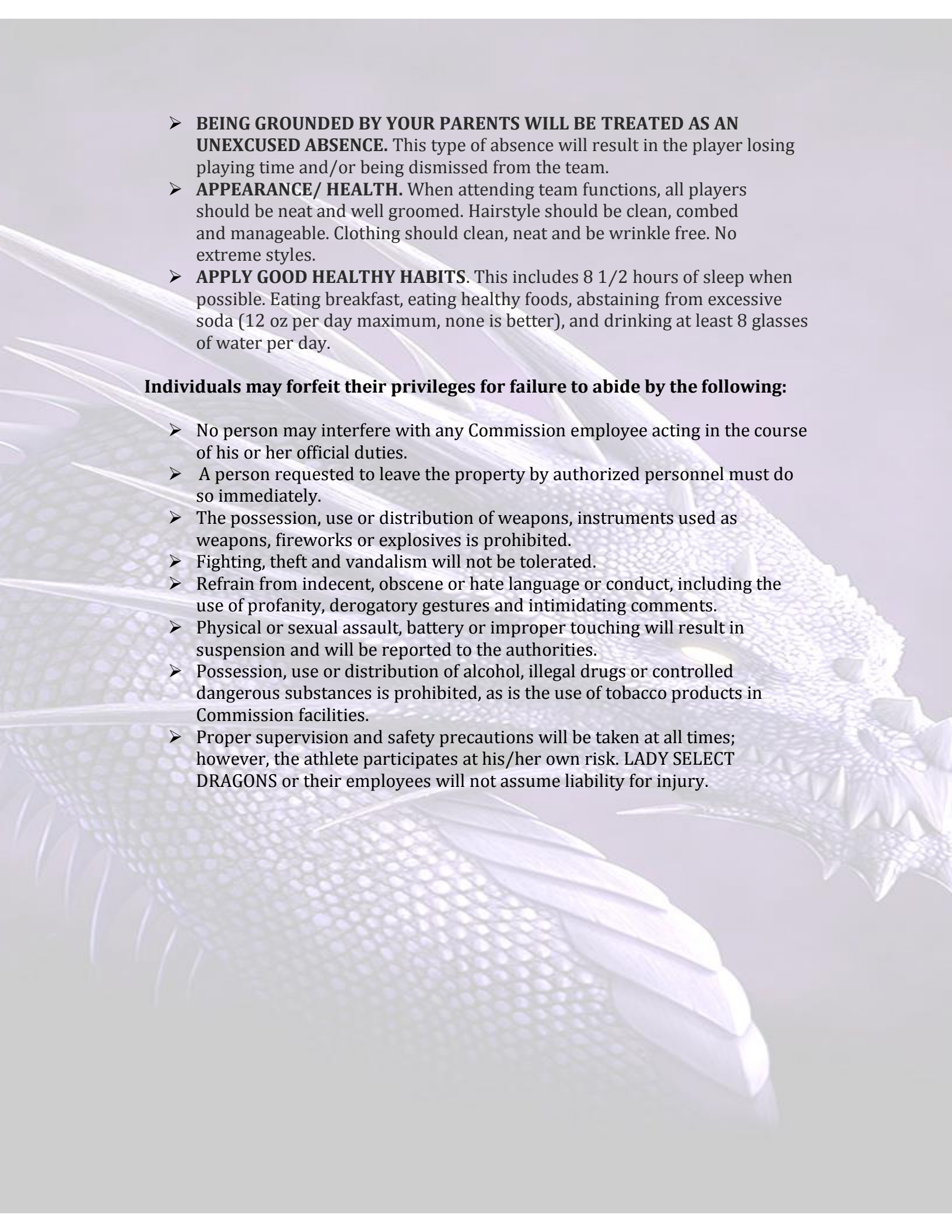
Lady Select Dragons Sports Program, Code of Conduct

To ensure safe, supportive and respectful sports programs, the Lady Select Dragons will have a zero tolerance for unsportsmanlike behaviors of patrons, participants, coaches and fans.

The Organization's Code of Conduct requires that participants in Sports Programs (with or without a reasonable accommodation) conduct themselves in a rational and reasonable manner, in accordance with the rules and regulations established by the LADY SELECT DRAGONS.

Unsportsmanlike behaviors exhibited by patrons, participants, coaches and fans will not be tolerated. Failure to abide by the terms of the Code of Conduct may result in notification of the local authorities and/or expulsion or suspension from Lady Select Dragons.

- **Our goal** is to build a team of players that consistently demand more of themselves, than is demanded by the coaches. Be coachable, hustle, display mental toughness, and be focused on the game. **WE WILL WORK HARDER AND SMARTER THAN ANY OTHER TEAM.** We will strive to develop good habits by practicing with good form and appropriate efforts. "These efforts will determine our success during competitive play.
- **RESPECT COACHES, TEAMMATES, OPPONENTS, PARENTS, MANAGERS AND REFEREES.** Behavior that reflects negativity on players, coaches and referees will not be tolerated, e.g. lack of control or profanity. **RESPECT CLASSROOM TEACHERS AND ADMINISTRATORS.** Lack of respect and discipline issues resulting in school consequences will result in game or team suspensions.
- **AS A LADY SELECT DRAGONS TEAM MEMBER, I WILL GO TO THE COACHES/ TEAM MEMBER FIRST IF THERE IS A PROBLEM, WHICH IS RELATED TO THE TEAM.** I will not complain to others, until I have given the person I have a problem with an opportunity to correct it; e.g., a team player or coach.
- **ADJUSTMENTS AND SACRIFICES** are necessary to achieve team and individual success. **EXTRAORDINARY COMMITMENT** on the part of players, their families, and the coaches is important. In return, we have an opportunity to create a positive experience that will affect our lives forever. No arguing with the official's decisions or calls. The Captains and/or Coaches may approach Officials for clarification of decisions only.
- **BE ON TIME FOR ALL GAMES AND PRESENT FOR ALL PRACTICES.** Be properly dressed with basketball shorts and shoes, no jewelry, phones, hair ware, etc. We are aware that there may be circumstances that arise that cause you to miss a practice; e.g. vacation, illness, etc. When this occurs, the player or parent/guardian will inform their coach in advance when possible by updating Team Snap (official communication of Lady Select Dragons).

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- **BEING GROUNDED BY YOUR PARENTS WILL BE TREATED AS AN UNEXCUSED ABSENCE.** This type of absence will result in the player losing playing time and/or being dismissed from the team.
 - **APPEARANCE/ HEALTH.** When attending team functions, all players should be neat and well groomed. Hairstyle should be clean, combed and manageable. Clothing should clean, neat and be wrinkle free. No extreme styles.
 - **APPLY GOOD HEALTHY HABITS.** This includes 8 1/2 hours of sleep when possible. Eating breakfast, eating healthy foods, abstaining from excessive soda (12 oz per day maximum, none is better), and drinking at least 8 glasses of water per day.

Individuals may forfeit their privileges for failure to abide by the following:

- No person may interfere with any Commission employee acting in the course of his or her official duties.
- A person requested to leave the property by authorized personnel must do so immediately.
- The possession, use or distribution of weapons, instruments used as weapons, fireworks or explosives is prohibited.
- Fighting, theft and vandalism will not be tolerated.
- Refrain from indecent, obscene or hate language or conduct, including the use of profanity, derogatory gestures and intimidating comments.
- Physical or sexual assault, battery or improper touching will result in suspension and will be reported to the authorities.
- Possession, use or distribution of alcohol, illegal drugs or controlled dangerous substances is prohibited, as is the use of tobacco products in Commission facilities.
- Proper supervision and safety precautions will be taken at all times; however, the athlete participates at his/her own risk. LADY SELECT DRAGONS or their employees will not assume liability for injury.

MAKING LADY SELECT DRAGONS BETTER (EXPECTATIONS)

- Athletes and Parents must participate in at least two community service events as part of Lady Select Dragons giving back to the community.
- Influence my child to abide by the rules of Lady Select Dragons.
- Discuss any issues regarding poor academics, bad attitude, etc. with the coach(s)/manager(s) as soon as possible.
- Notify Lady Select Dragons Coach(s) of absences through the team snap.
- Be an example of good sportsmanship at games by making only positive comments about the players, keeping criticism of the officiating to a minimum volume and frequency, and treating the fans of our opponents with respect.
- Transportation of my child to and from games and practices will be my responsibility, not the coaches or other parents.
- Participate in Lady Select Dragons Community Service Events.
- Be patient with coaches who are not giving your child the playing time you feel she deserves.
- Respect that coaches will not discuss the game or your child immediately after a game regardless of a win or loss.
- Agree to make all payments on time or be assessed late fees according to the rules.
- Late or non-payments renders player suspension to participate at Lady Select Dragons events including but not limited to practice, games, workouts, etc.
- Participate in mandatory fundraisers sponsored by Lady Select Dragons.
- I also understand that I am required to attend all parent meetings.
- I understand all of the rules of Lady Select Dragons and will adhere to all of the rules and policies therein.
- I understand that if I play on this team, I will agree to abide by these expectations.
- I have been informed of the required expectations during the basketball season.
- I will ensure that these expectations are realized.

Parent Signature: _____ Date: _____

Parent Print Name: _____

Player Signature: _____ Date: _____

Player Print Name: _____