

Updated: 5/30/18

EAB 901	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	Relief	Relief	Yard	448	449	448	449
Sign Up			8:30A ALB	1:41P ALB	12:40P BOS	1:41P ALB	12:40P BOS
Departure				3:05P ALB	1:20P BOS	3:05P ALB	1:20P BOS
Arrival				8:01P BOS	6:30P ALB	8:01P BOS	6:30P ALB
Sign Off			4:30P ALB	8:26P BOS	6:55P ALB	8:26P BOS	6:55P ALB
Sign Up							
Departure							
Arrival							
Sign Off							

EAB 902	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	448	449	448	449	Protect	Relief	Relief
Sign Up	1:41P ALB	12:40P BOS	1:41P ALB	12:40P BOS	8:00A ALB		
Departure	3:05P ALB	1:20P BOS	3:05P ALB	1:20P BOS			
Arrival	8:01P BOS	6:30P ALB	8:01P BOS	6:30P ALB			
Sign Off	8:26P BOS	6:55P ALB	8:26P BOS	6:55P ALB	4:00P ALB		
Sign Up							
Departure							
Arrival							
Sign Off							

EAB 903	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	449	448	449	Relief	Relief	Protect	448
Sign Up	12:40P BOS	1:41P ALB	12:40P BOS			10:00A ALB	1:41P ALB
Departure	1:20P BOS	3:05P ALB	1:20P BOS				3:05P ALB
Arrival	6:30P ALB	8:01P BOS	6:30P ALB				8:01P BOS
Sign Off	6:55P ALB	8:26P BOS	6:55P ALB			6:00P ALB	8:26P BOS
Sign Up							
Departure							
Arrival							
Sign Off							

EAB 904	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	295	290	Relief	Relief	448	449	Yard
Sign Up	5:05P ALB	7:06A RUD			1:41P ALB	12:40P BOS	8:30A ALB
Departure	6:05P ALB	7:46A RUD			3:05P ALB	1:20P BOS	
Arrival	8:54P RUD	10:21A ALB			8:01P BOS	6:30P ALB	
Sign Off	9:54P RUD	10:46A ALB			8:26P BOS	6:55P ALB	4:30P ALB
Sign Up							
Departure							
Arrival							
Sign Off							

EAM 701	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	Relief	69	68	69	68	232/233	Relief
Sign Up		9:32A ALB	8:15A MTR	9:32A ALB	8:15A MTR	5:10A ALB	
Departure		10:32A ALB	10:15A MTR	10:32A ALB	10:15A MTR	5:50A ALB	
Arrival		6:36P MTR	5:42P ALB	6:36P MTR	5:42P ALB	8:19A NYG	
Sign Off		8:36P MTR	6:07P ALB	8:36P MTR	6:07P ALB	8:44A NYG	
Sign Up						8:44A NYG	
Departure						9:15A NYG	
Arrival						11:45A ALB	
Sign Off						12:10P ALB	

EAM 702	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	Relief	Relief	69	68	69	68	Yard
Sign Up			9:32A ALB	8:15A MTR	9:32A ALB	8:15A MTR	5:00A ALB
Departure			10:32A ALB	10:15A MTR	10:32A ALB	10:15A MTR	
Arrival			6:36P MTR	5:42P ALB	6:36P MTR	5:42P ALB	
Sign Off			8:36P MTR	6:07P ALB	8:36P MTR	6:07P ALB	2:00P ALB
Sign Up							
Departure							
Arrival							
Sign Off							

EAM 703	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	69	68	Relief	Relief	Yard	69	68
Sign Up	9:32A ALB	8:15A MTR			8:30A ALB	9:32A ALB	8:15A MTR
Departure	10:32A ALB	10:15A MTR				10:32A ALB	10:15A MTR
Arrival	6:36P MTR	5:42P ALB				6:36P MTR	5:42P ALB
Sign Off	8:36P MTR	6:07P ALB			4:30P ALB	8:36P MTR	6:07P ALB
Sign Up							
Departure							
Arrival							
Sign Off							

EAM 704	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	Protect	69 (2nd Eng)	68 (2nd Eng)	69 (2nd Eng)	68 (2nd Eng)	Relief	Relief
Sign Up	10:00A ALB	9:32A ALB	8:15A MTR	9:32A ALB	8:15A MTR		
Departure		10:32A ALB	10:15A MTR	10:32A ALB	10:15A MTR		
Arrival		6:36P MTR	5:42P ALB	6:36P MTR	5:42P ALB		
Sign Off	6:00P ALB	8:36P MTR	6:07P ALB	8:36P MTR	6:07P ALB		
Sign Up							
Departure							
Arrival							
Sign Off							

EAM 705	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	Relief	Relief	69 (2nd Eng)	68 (2nd Eng)	69 (2nd Eng)	68 (2nd Eng)	Relief
Sign Up			9:32A ALB	8:15A MTR	9:32A ALB	8:15A MTR	
Departure			10:32A ALB	10:15A MTR	10:32A ALB	10:15A MTR	
Arrival			6:36P MTR	5:42P ALB	6:36P MTR	5:42P ALB	
Sign Off			8:36P MTR	6:07P ALB	8:36P MTR	6:07P ALB	
Sign Up							
Departure							
Arrival							
Sign Off							

EAM 706	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	69 (2nd Eng)	68 (2nd Eng)	Yard	Relief	Relief	69 (2nd Eng)	68 (2nd Eng)
Sign Up	9:32A ALB	8:15A MTR	2:00P ALB			9:32A ALB	8:15A MTR
Departure	10:32A ALB	10:15A MTR				10:32A ALB	10:15A MTR
Arrival	6:36P MTR	5:42P ALB				6:36P MTR	5:42P ALB
Sign Off	8:36P MTR	6:07P ALB	10:00P ALB			8:36P MTR	6:07P ALB
Sign Up							
Departure							
Arrival							
Sign Off							

EAM 707	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	68 (2nd Eng)	Relief	Relief	63/64	63/64	Yard	69 (2nd Eng)
Sign Up	8:15A MTR			8:31A ALB	8:31A ALB	8:30A ALB	9:32A ALB
Departure	10:15A MTR			9:31A ALB	9:31A ALB		10:32A ALB
Arrival	5:42P ALB			12:08P SYR	12:08P SYR		6:36P MTR
Sign Off	6:07P ALB			12:18P SYR	12:18P SYR	4:30P ALB	8:36P MTR
Sign Up				2:54P SYR	2:54P SYR		
Departure				3:14P SYR	3:14P SYR		
Arrival				6:35P ALB	6:35P ALB		
Sign Off				7:00P ALB	7:00P ALB		

EAM 708	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	68	Yard	63/64	Relief	Relief	63/64	69
Sign Up	8:15A MTR	8:30A ALB	8:31A ALB			8:31A ALB	9:32A ALB
Departure	10:15A MTR		9:31A ALB			9:31A ALB	10:32A ALB
Arrival	5:42P ALB		12:08P SYR			12:08P SYR	6:36P MTR
Sign Off	6:07P ALB	4:30P ALB	12:18P SYR			12:18P SYR	8:36P MTR
Sign Up			2:54P SYR			2:54P SYR	
Departure			3:14P SYR			3:14P SYR	
Arrival			6:35P ALB			6:35P ALB	
Sign Off			7:00P ALB			7:00P ALB	

EAR 701	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	Relief	Yard	291	290/291	290	Relief	Relief
Sign Up		2:00P ALB	4:06P ALB	7:06A RUD	7:06A RUD		
Departure			5:06P ALB	7:46A RUD	7:46A RUD		
Arrival			7:55P RUD	10:21A ALB	10:21A ALB		
Sign Off		10:00P ALB	8:55P RUD	10:46A ALB	10:46A ALB		
Sign Up				4:06P ALB			
Departure				5:06P ALB			
Arrival				7:55P RUD			
Sign Off				8:55P RUD			

EAR 702	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	Yard	Relief	Relief	Relief	291	290/293	296
Sign Up	5:00A ALB				4:06P ALB	7:06A RUD	4:30P RUD
Departure					5:06P ALB	7:46A RUD	5:10P RUD
Arrival					7:55P RUD	10:21A ALB	7:45P ALB
Sign Off	2:00P ALB				8:55P RUD	10:46A ALB	8:10P ALB
Sign Up						7:42P ALB	
Departure						8:42P ALB	
Arrival						11:29P RUD	
Sign Off						12:29P RUD	

EAR 703	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	296	291	290	Yard	Relief	Relief	295
Sign Up	4:30P RUD	4:06P ALB	7:06A RUD	8:30A ALB			5:05P ALB
Departure	5:10P RUD	5:06P ALB	7:46A RUD				6:05P ALB
Arrival	7:45P ALB	7:55P RUD	10:21A ALB				8:54P RUD
Sign Off	8:10P ALB	8:55P RUD	10:46A ALB	4:30P ALB			9:54P RUD
Sign Up							
Departure							
Arrival							
Sign Off							

EAY 701	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	Relief	234/235	234/235	236/283	244	63	Relief
Sign Up		6:15A ALB	6:15A ALB	7:35A ALB	3:35P ALB	5:41A NYG	
Departure		6:55A ALB	6:55A ALB	8:15A ALB	4:15P ALB	6:41A NYG	
Arrival		9:24A NYG	9:24A NYG	10:49A NYG	6:56P NYG	9:11A ALB	
Sign Off		9:49A NYG	9:49A NYG	11:14A NYG	7:21P NYG	9:36A ALB	
Sign Up		11:35A NYG	11:35A NYG	12:35P NYG			
Departure		12:15P NYG	12:15P NYG	1:15P NYG			
Arrival		2:45P ALB	2:45P ALB	3:45P ALB			
Sign Off		3:10P ALB	3:10P ALB	4:10P ALB			

EAY 702	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	Relief	236/283	236/283	232/281	64	69	Relief
Sign Up		7:35A ALB	7:35A ALB	5:10A ALB	5:46P ALB	6:35A NYG	
Departure		8:15A ALB	8:15A ALB	5:50A ALB	7:15P ALB	7:35A NYG	
Arrival		10:49A NYG	10:49A NYG	8:19A NYG	9:55P NYG	10:12A ALB	
Sign Off		11:14A NYG	11:14A NYG	8:44A NYG	10:20P NYG	10:37A ALB	
Sign Up		12:35P NYG	12:35P NYG	9:35A NYG			
Departure		1:15P NYG	1:15P NYG	10:15A NYG			
Arrival		3:45P ALB	3:45P ALB	12:45P ALB			
Sign Off		4:10P ALB	4:10P ALB	1:10P ALB			

EAY 704	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	Relief	Relief	280/291	280/291	280/291	244	63
Sign Up			8:41A ALB	8:41A ALB	8:41A ALB	3:35P ALB	5:41A NYG
Departure			9:41A ALB	9:41A ALB	9:41A ALB	4:15P ALB	6:41A NYG
Arrival			12:18P NYG	12:18P NYG	12:18P NYG	6:56P NYG	9:11A ALB
Sign Off			12:43P NYG	12:43P NYG	12:43P NYG	7:21P NYG	9:36A ALB
Sign Up			1:35P NYG	1:35P NYG	1:35P NYG		
Departure			2:15P NYG	2:15P NYG	2:15P NYG		
Arrival			4:41P ALB	4:41P ALB	4:41P ALB		
Sign Off			5:06P ALB	5:06P ALB	5:06P ALB		

EAY705	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	64	69	232/281	234/235	236/283	Relief	Relief
Sign Up	5:46P ALB	6:35A NYG	5:10A ALB	6:15A ALB	7:35A ALB		
Departure	7:15P ALB	7:35A NYG	5:50A ALB	6:55A ALB	8:15A ALB		
Arrival	9:55P NYG	10:12A ALB	8:19A NYG	9:24A NYG	10:49A NYG		
Sign Off	10:20P NYG	10:37A ALB	8:44A NYG	9:49A NYG	11:14A NYG		
Sign Up			9:35A NYG	11:35A NYG	12:35P NYG		
Departure			10:15A NYG	12:15P NYG	1:15P NYG		
Arrival			12:45P ALB	2:45P ALB	3:45P ALB		
Sign Off			1:10P ALB	3:10P ALB	4:10P ALB		

EAY706	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	Relief	Relief	244	63	234/235	230/233	250/281
Sign Up			3:35P ALB	5:41A NYG	6:15A ALB	3:30A ALB	5:30A ALB
Departure			4:15P ALB	6:41A NYG	6:55A ALB	4:30A ALB	6:10A ALB
Arrival			6:56P NYG	9:11A ALB	9:24A NYG	7:03A NYG	8:43A NYG
Sign Off			7:21P NYG	9:36A ALB	9:49A NYG	7:28A NYG	9:13A NYG
Sign Up					11:35A NYG	8:35A NYG	9:35A NYG
Departure					12:15P NYG	9:15A NYG	10:15A NYG
Arrival					2:45P ALB	11:45A ALB	12:45P ALB
Sign Off					3:10P ALB	12:10P ALB	1:10P ALB

EAY707	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	256/259	242/243	242/243	244	63	Relief	Relief
Sign Up	1:00P ALB	2:00P ALB	2:00P ALB	3:35P ALB	5:41A NYG		
Departure	1:40P ALB	2:40P ALB	2:40P ALB	4:15P ALB	6:41A NYG		
Arrival	4:22P NYG	5:19P NYG	5:19P NYG	6:56P NYG	9:11A ALB		
Sign Off	4:47P NYG	5:44P NYG	5:44P NYG	7:21P NYG	9:36A ALB		
Sign Up	8:35P NYG	8:10P NYG	8:10P NYG				
Departure	9:15P NYG	8:50P NYG	8:50P NYG				
Arrival	11:47P ALB	11:16P ALB	11:16P ALB				
Sign Off	12:12A ALB	11:41P ALB	11:41P ALB				

EAGCT10	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	63	Relief	Relief	290/237	232/281	234/235	244
Sign Up	5:41A NYG			9:42A ALB	5:10A ALB	6:15A ALB	3:35P ALB
Departure	6:41A NYG			10:41A ALB	5:50A ALB	6:55A ALB	4:15P ALB
Arrival	9:11A ALB			1:19P NYG	8:19A NYG	9:24A NYG	6:56P NYG
Sign Off	9:36A ALB			1:44P NYG	8:44A NYG	9:49A NYG	7:21P NYG
Sign Up				3:58P NYG	9:35A NYG	11:35A NYG	
Departure				4:38P NYG	10:15A NYG	12:15P NYG	
Arrival				7:10P ALB	12:45P ALB	2:45P ALB	
Sign Off				7:35P ALB	1:10P ALB	3:10P ALB	

EAGCT11	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	244	63	290/237	Relief	Relief	68/245	296/1297
Sign Up	3:35P ALB	5:41A NYG	9:42A ALB			5:03P ALB	7:06P ALB
Departure	4:15P ALB	6:41A NYG	10:41A ALB			6:15P ALB	8:25P ALB
Arrival	6:56P NYG	9:11A ALB	1:19P NYG			8:55P NYG	11:02P NYG
Sign Off	7:21P NYG	9:36A ALB	1:44P NYG			9:20P NYG	11:27P NYG
Sign Up			3:58P NYG			9:57P NYG	11:27P NYG
Departure			4:38P NYG			10:37P NYG	12:43A NYG
Arrival			7:10P ALB			1:03A ALB	2:57A ALB
Sign Off			7:35P ALB			1:28A ALB	3:22A ALB

EAGCT12	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	63/64	290/237	68/245	Relief	Relief	64	69
Sign Up	8:31A ALB	9:42A ALB	5:03P ALB			5:46P ALB	6:35A NYG
Departure	9:31A ALB	10:41A ALB	6:15P ALB			7:15P ALB	7:35A NYG
Arrival	12:08P SYR	1:19P NYG	8:55P NYG			9:55P NYG	10:12A ALB
Sign Off	12:18P SYR	1:44P NYG	9:20P NYG			10:20P NYG	10:37A ALB
Sign Up	2:54P SYR	3:58P NYG	9:57P NYG				
Departure	3:14P SYR	4:38P NYG	10:37P NYG				
Arrival	6:35P ALB	7:10P ALB	1:03A ALB				
Sign Off	7:00P ALB	7:35P ALB	1:28A ALB				

EAGCT13	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	252/251	64	69	Relief	Relief	238/293	260/283
Sign Up	6:30A ALB	5:46P ALB	6:35A NYG			11:00A ALB	7:30A ALB
Departure	7:10A ALB	7:15P ALB	7:35A NYG			11:40A ALB	8:10A ALB
Arrival	9:43A NYG	9:55P NYG	10:12A ALB			2:18P NYG	10:48A NYG
Sign Off	10:08A NYG	10:20P NYG	10:37A ALB			2:43P NYG	11:13A NYG
Sign Up	10:35A NYG					5:08P NYG	12:35P NYG
Departure	11:15A NYG					5:48P NYG	1:15P NYG
Arrival	1:45P ALB					8:19P ALB	3:45P ALB
Sign Off	2:10P ALB					8:44P ALB	4:10P ALB

EAGCT14	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	238/253	280/291	64	69	Relief	Relief	238/253
Sign Up	11:00A ALB	8:41A ALB	5:46P ALB	6:35A NYG			11:00A ALB
Departure	11:40A ALB	9:41A ALB	7:15P ALB	7:35A NYG			11:40A ALB
Arrival	2:18P NYG	12:18P NYG	9:55P NYG	10:12A ALB			2:18P NYG
Sign Off	2:43P NYG	12:43P NYG	10:20P NYG	10:37A ALB			2:43P NYG
Sign Up	4:31P NYG	1:35P NYG					4:31P NYG
Departure	5:11P NYG	2:15P NYG					5:11P NYG
Arrival	7:43P ALB	4:41P ALB					7:43P ALB
Sign Off	8:03P ALB	5:06P ALB					8:03P ALB

EAGCT15	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	Relief	238/239	238/239	242/243	242/243	290/237	Relief
Sign Up		11:00A ALB	11:00A ALB	2:00P ALB	2:00P ALB	9:42A ALB	
Departure		11:40A ALB	11:40A ALB	2:40P ALB	2:40P ALB	10:41A ALB	
Arrival		2:18P NYG	2:18P NYG	5:19P NYG	5:19P NYG	1:19P NYG	
Sign Off		2:43P NYG	2:43P NYG	5:44P NYG	5:44P NYG	1:44P NYG	
Sign Up		5:08P NYG	5:08P NYG	8:10P NYG	8:10P NYG	3:58P NYG	
Departure		5:48P NYG	5:48P NYG	8:50P NYG	8:50P NYG	4:38P NYG	
Arrival		8:19P ALB	8:19P ALB	11:16P ALB	11:16P ALB	7:10P ALB	
Sign Off		8:44P ALB	8:44P ALB	11:41P ALB	11:41P ALB	7:35P ALB	

EAGCT16	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	250/281	230/233	230/233	230/233	230/233	Relief	Relief
Sign Up	5:30A ALB	3:30A ALB	3:30A ALB	3:30A ALB	3:30A ALB		
Departure	6:10A ALB	4:30A ALB	4:30A ALB	4:30A ALB	4:30A ALB		
Arrival	8:43A NYG	7:03A NYG	7:03A NYG	7:03A NYG	7:03A NYG		
Sign Off	9:13A NYG	7:28A NYG	7:28A NYG	7:28A NYG	7:28A NYG		
Sign Up	9:35A NYG	8:35A NYG	8:35A NYG	8:35A NYG	8:35A NYG		
Departure	10:15A NYG	9:15A NYG	9:15A NYG	9:15A NYG	9:15A NYG		
Arrival	12:45P ALB	11:45A ALB	11:45A ALB	11:45A ALB	11:45A ALB		
Sign Off	1:10P ALB	12:10P ALB	12:10P ALB	12:10P ALB	12:10P ALB		

EAGCT17	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	296/1297	284/241	Relief	Relief	68/245	242/243	256/259
Sign Up	7:06P ALB	11:42A ALB			5:03P ALB	2:00P ALB	1:00P ALB
Departure	8:25P ALB	12:40P ALB			6:15P ALB	2:40P ALB	1:40P ALB
Arrival	11:02P NYG	3:23P NYG			8:55P NYG	5:19P NYG	4:22P NYG
Sign Off	11:27P NYG	3:48P NYG			9:20P NYG	5:44P NYG	4:47P NYG
Sign Up	11:27P NYG	6:35P NYG			9:57P NYG	8:10P NYG	8:35P NYG
Departure	12:43A NYG	7:15P NYG			10:37P NYG	8:50P NYG	9:15P NYG
Arrival	2:57A ALB	9:45P ALB			1:03A ALB	11:16P ALB	11:47P ALB
Sign Off	3:22A ALB	10:10P ALB			1:28A ALB	11:41P ALB	12:12A ALB

EAGCT18	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	68/261	68/245	Relief	Relief	284/241	284/241	284/241
Sign Up	5:03P ALB	5:03P ALB			11:42A ALB	11:42A ALB	11:42A ALB
Departure	6:15P ALB	6:15P ALB			12:40P ALB	12:40P ALB	12:40P ALB
Arrival	8:55P NYG	8:55P NYG			3:23P NYG	3:23P NYG	3:23P NYG
Sign Off	9:20P NYG	9:20P NYG			3:48P NYG	3:48P NYG	3:48P NYG
Sign Up	10:55P NYG	9:57P NYG			6:35P NYG	6:35P NYG	6:35P NYG
Departure	11:35P NYG	10:37P NYG			7:15P NYG	7:15P NYG	7:15P NYG
Arrival	2:00A ALB	1:03A ALB			9:45P ALB	9:45P ALB	9:45P ALB
Sign Off	2:40A ALB	1:28A ALB			10:10P ALB	10:10P ALB	10:10P ALB

EAGCT19	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	260/283	232/281	284/241	68/245	Relief	Relief	252/251
Sign Up	7:30A ALB	5:10A ALB	11:42A ALB	5:03P ALB			6:30A ALB
Departure	8:10A ALB	5:50A ALB	12:40P ALB	6:15P ALB			7:10A ALB
Arrival	10:48A NYG	8:19A NYG	3:23P NYG	8:55P NYG			9:43A NYG
Sign Off	11:13A NYG	8:44A NYG	3:48P NYG	9:20P NYG			10:08A NYG
Sign Up	12:35P NYG	9:35A NYG	6:35P NYG	9:57P NYG			10:35A NYG
Departure	1:15P NYG	10:15A NYG	7:15P NYG	10:37P NYG			11:15A NYG
Arrival	3:45P ALB	12:45P ALB	9:45P ALB	1:03A ALB			1:45P ALB
Sign Off	4:10P ALB	1:10P ALB	10:10P ALB	1:28A ALB			2:10P ALB

EALGCT3	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	284/241	244	63	238/239	238/239	Relief	Relief
Sign Up	11:42A ALB	3:35P ALB	5:41A NYG	11:00A ALB	11:00A ALB		
Departure	12:40P ALB	4:15P ALB	6:41A NYG	11:40A ALB	11:40A ALB		
Arrival	3:23P NYG	6:56P NYG	9:11A ALB	2:18P NYG	2:18P NYG		
Sign Off	3:48P NYG	7:21P NYG	9:36A ALB	2:43P NYG	2:43P NYG		
Sign Up	6:35P NYG			8:10P NYG	8:10P NYG		
Departure	7:15P NYG			8:50P NYG	8:50P NYG		
Arrival	9:45P ALB			11:16P ALB	11:16P ALB		
Sign Off	10:10P ALB			11:41P ALB	11:41P ALB		

EALGCT8	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	280/295	Relief	Relief	64	69	280/255	280/295
Sign Up	8:41A ALB			5:46P ALB	6:35A NYG	8:41A ALB	8:41A ALB
Departure	9:41A ALB			7:15P ALB	7:35A NYG	9:41A ALB	9:41A ALB
Arrival	12:18P NYG			9:55P NYG	10:12A ALB	12:18P NYG	12:18P NYG
Sign Off	12:43P NYG			10:20P NYG	10:37A ALB	12:43P NYG	12:43P NYG
Sign Up	2:30P NYG					1:35P NYG	2:30P NYG
Departure	3:10P NYG					2:15P NYG	3:10P NYG
Arrival	5:45P ALB					4:41P ALB	5:45P ALB
Sign Off	6:10P ALB					5:06P ALB	6:10P ALB

EALGCT9	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	69	Relief	Relief	284/241	290/237	236/283	64
Sign Up	6:35A NYG			11:42A ALB	9:42A ALB	7:35A ALB	5:46P ALB
Departure	7:35A NYG			12:40P ALB	10:41A ALB	8:15A ALB	7:15P ALB
Arrival	10:12A ALB			3:23P NYG	1:19P NYG	10:49A NYG	9:55P NYG
Sign Off	10:37A ALB			3:48P NYG	1:44P NYG	11:14A NYG	10:20P NYG
Sign Up				6:35P NYG	3:58P NYG	12:35P NYG	
Departure				7:15P NYG	4:38P NYG	1:15P NYG	
Arrival				9:45P ALB	7:10P ALB	3:45P ALB	
Sign Off				10:10P ALB	7:35P ALB	4:10P ALB	

E9JALB2	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	Yard	Extraboard	Extraboard	Extraboard	Relief	Pilot 232/233	68/261
Sign Up	2:00P ALB					5:10A ALB	5:03P ALB
Departure						5:50A ALB	6:15P ALB
Arrival						8:19A NYG	8:55P NYG
Sign Off	10:00P ALB					8:44A NYG	9:20P NYG
Sign Up						8:44A NYG	10:55P NYG
Departure						9:15A NYG	11:35P NYG
Arrival						11:45A ALB	2:00A ALB
Sign Off						12:10P ALB	2:40A ALB

EAS 701	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	Relief	283	284	281	280/283	284	Relief
Sign Up		3:05P ALB	9:20A SYR	12:05P ALB	6:19A SYR	9:20A SYR	
Departure		4:05P ALB	9:40A SYR	1:05P ALB	6:39A SYR	9:40A SYR	
Arrival		6:42P SYR	12:20P ALB	3:43P SYR	9:18A ALB	12:20P ALB	
Sign Off		6:52P SYR	12:45P ALB	3:53P SYR	9:43A ALB	12:45P ALB	
Sign Up					3:05P ALB		
Departure					4:05P ALB		
Arrival					6:42P SYR		
Sign Off					6:52P SYR		

EAS 702A	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	Relief	Relief	49	48	281	280/283	284
Sign Up			6:05P ALB	10:58A SYR	12:05P ALB	6:41A SYR	9:20A SYR
Departure			7:05P ALB	11:18A SYR	1:05P ALB	7:01A SYR	9:40A SYR
Arrival			9:43P SYR	2:30P ALB	3:43P SYR	9:41A ALB	12:20P ALB
Sign Off			9:53P SYR	2:55P ALB	3:53P SYR	10:06A ALB	12:45P ALB
Sign Up						3:05P ALB	
Departure						4:05P ALB	
Arrival						6:42P SYR	
Sign Off						6:52P SYR	

EAS 703	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	48	Relief	Relief	49	48	281	280/49
Sign Up	10:58A SYR			6:05P ALB	10:58A SYR	12:05P ALB	6:19A SYR
Departure	11:18A SYR			7:05P ALB	11:18A SYR	1:05P ALB	6:39A SYR
Arrival	2:30P ALB			9:43P SYR	2:30P ALB	3:43P SYR	9:18A ALB
Sign Off	2:55P ALB			9:53P SYR	2:55P ALB	3:53P SYR	9:43A ALB
Sign Up							6:05P ALB
Departure							7:05P ALB
Arrival							9:43P SYR
Sign Off							9:53P SYR

EAS 704	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	280	63/64	Relief	Relief	49	48	281
Sign Up	6:19A SYR	8:31A ALB			6:05P ALB	10:58A SYR	12:05P ALB
Departure	6:39A SYR	9:31A ALB			7:05P ALB	11:18A SYR	1:05P ALB
Arrival	9:18A ALB	12:08P SYR			9:43P SYR	2:30P ALB	3:43P SYR
Sign Off	9:43A ALB	12:18P SYR			9:53P SYR	2:55P ALB	3:53P SYR
Sign Up		2:54P SYR					
Departure		3:14P SYR					
Arrival		6:35P ALB					
Sign Off		7:00P ALB					

EAS 705	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	281	280/49	48	Relief	Relief	49	48
Sign Up	12:05P ALB	6:19A SYR	10:58A SYR			6:05P ALB	10:58A SYR
Departure	1:05P ALB	6:39A SYR	11:18A SYR			7:05P ALB	11:18A SYR
Arrival	3:43P SYR	9:18A ALB	2:30P ALB			9:43P SYR	2:30P ALB
Sign Off	3:53P SYR	9:43A ALB	2:55P ALB			9:53P SYR	2:55P ALB
Sign Up		6:05P ALB					
Departure		7:05P ALB					
Arrival		9:43P SYR					
Sign Off		9:53P SYR					

EAS 706	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	284	281	280/283	284	Relief	Relief	283
Sign Up	9:20A SYR	12:05P ALB	6:19A SYR	9:20A SYR			3:05P ALB
Departure	9:40A SYR	1:05P ALB	6:39A SYR	9:40A SYR			4:05P ALB
Arrival	12:20P ALB	3:43P SYR	9:18A ALB	12:20P ALB			6:42P SYR
Sign Off	12:45P ALB	3:53P SYR	9:43A ALB	12:45P ALB			6:52P SYR
Sign Up			3:05P ALB				
Departure			4:05P ALB				
Arrival			6:42P SYR				
Sign Off			6:52P SYR				

EAS 707	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	283	284	281	280/283	284	Relief	Relief
Sign Up	3:05P ALB	9:20A SYR	12:05P ALB	6:19A SYR	9:20A SYR		
Departure	4:05P ALB	9:40A SYR	1:05P ALB	6:39A SYR	9:40A SYR		
Arrival	6:42P SYR	12:20P ALB	3:43P SYR	9:18A ALB	12:20P ALB		
Sign Off	6:52P SYR	12:45P ALB	3:53P SYR	9:43A ALB	12:45P ALB		
Sign Up				3:05P ALB			
Departure				4:05P ALB			
Arrival				6:42P SYR			
Sign Off				6:52P SYR			

EAS 712	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	49	48	Yard	Yard	Relief	Relief	63/64
Sign Up	6:05P ALB	10:58A SYR	5:00P ALB	5:00P ALB			8:31A ALB
Departure	7:05P ALB	11:18A SYR					9:31A ALB
Arrival	9:43P SYR	2:30P ALB					12:08P SYR
Sign Off	9:53P SYR	2:55P ALB	1:00A ALB	1:00A ALB			12:18P SYR
Sign Up							2:54P SYR
Departure							3:14P SYR
Arrival							6:35P ALB
Sign Off							7:00P ALB

EYA 701	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	Relief	Yard	Yard	Yard	Yard	Yard	Relief
Sign Up		5:00A ALB	5:00A ALB	5:00A ALB	5:00A ALB	5:00A ALB	
Departure							
Arrival							
Sign Off		2:00P ALB	2:00P ALB	2:00P ALB	2:00P ALB	2:00P ALB	
Sign Up							
Departure							
Arrival							
Sign Off							

EYA 702	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	Yard	Yard	Relief	Relief	Yard	Yard	Yard
Sign Up	5:00P ALB	5:00P ALB			5:00P ALB	5:00P ALB	5:00P ALB
Departure							
Arrival							
Sign Off	1:00A ALB	1:00A ALB			1:00A ALB	1:00A ALB	1:00A ALB
Sign Up							
Departure							
Arrival							
Sign Off							

EYA 703	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Train	Yard	Relief	Relief	Yard	Yard	Yard	Yard
Sign Up	8:30A ALB			8:30A ALB	8:30A ALB	8:30A ALB	8:30A ALB
Departure							
Arrival							
Sign Off	4:30P ALB			4:30P ALB	4:30P ALB	4:30P ALB	4:30P ALB
Sign Up							
Departure							
Arrival							
Sign Off							