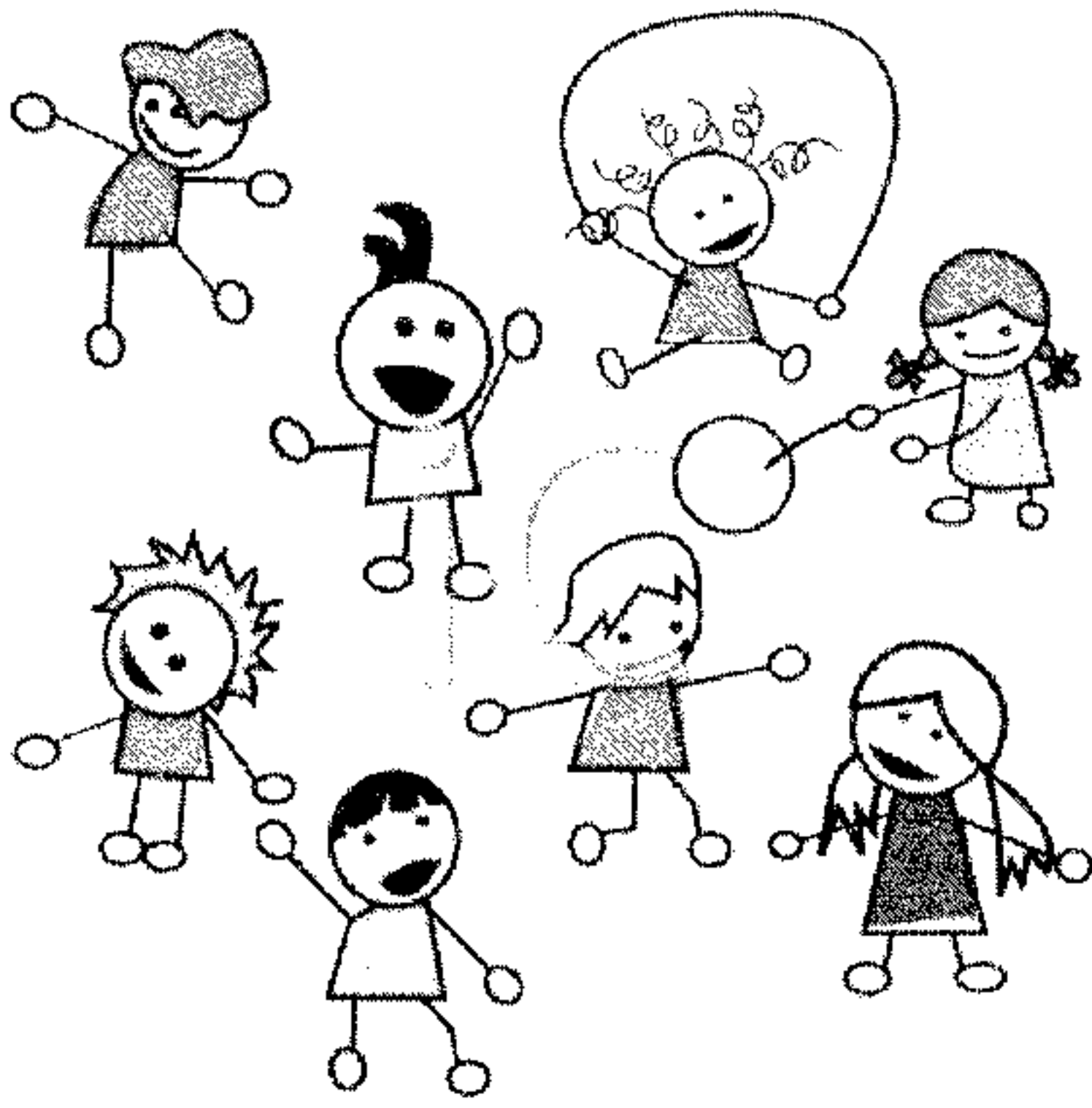


Become a Mentor in the Kittery Schools



Inside:

- What is a mentor?
- How much time will it take?
- Who can be a mentor?
- What skills do I need?
- How do I become a mentor?

What Is A Mentor?

A mentor is an adult who is willing to spend quality time with students and act as a positive role model, a caring friend, and a good listener.

A mentor helps to build the student's self-esteem, while inspiring their hopes and dreams.

How Much Time Will It Take?

We ask that you commit to one hour a week for the school year. Mentoring **always** takes place on school grounds.

Mitchell students meet with their mentors during recess/lunch in the middle of the school day.

Shapleigh students can meet with their mentors during the school day, or directly after school, with parent approval.

Who Can Be a Mentor?

Men, women, aunts, uncles, parents, grandparents, retirees, professionals, and community members can all be mentors. Please pass this on to someone who may be interested.

What Skills Do I Need?

You just need to CARE!

Be a friend, be willing to listen and give support.

Be willing to open up to a child who needs you, and be patient until he/she opens up to you.

What Will I Do?

Here are just a few of the many ways you can spend time with your student:

- Take a walk around the school
- Have fun on the playground
- Talk and listen
- Play basketball or frisbee
- Play board games
- Read a book together
- Draw pictures
- Write a story or poem
- Build with Legos™ or KNeX™
- Make a fun craft
- Have lunch together
- Meet their friends
- Help them with school projects

This will be your time with them. Make it special, share your interests and talents with them, and find out what they're interested in.

How Do I Become a Mentor?

Fill out an application and return it to the mentor coordinator. We will provide you with an orientation session, a school tour, and helpful guidelines and suggestions on how to be a successful mentor.

Mitchell School - grades K-3

Shapleigh School - grades 4 - 8

If you have questions or want more information about mentoring, please contact:

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Why Mentor?

Many children are in need of an adult in their lives to confide in and spend meaningful time with. You will be surprised at how personally rewarding being a mentor can be. PLEASE, give one hour of your week to change the world, one child at a time!

"To the world you may just be one person, but to just one person, you may be the world."

-Unknown