



HANOVER VS PATRICK HENRY

November 28th, 2017

An outstanding start to the season. 57% best times, 45 Hawk Invitational cuts, 36 Hanover Varsity letter cuts, 16 Kecoughtan cuts, and 5 Regional cuts. Out of 105 individual swims we had only one disqualification. The 57% best times is lower than what we usually have at the beginning of the season. However it is misleading. Some swimmers were swimming the primary events they swam at the championship meets last season when they were in their peak physical condition. Prime example: Brooke Foster, 500 free

Time at PH meet:	6:38
500 free time from Jan 2017	: 6:45
Swim time at Conference meet	6:39
Swim time at Region meet in Feb 2017	6:17

As you can see, Brooke is already 7 seconds ahead of her first 500 free swim from last year which was halfway through the season when she was in better shape. While her time at the PH meet was not a best time, it is a significant improvement from where she started last year and bodes well for the upcoming season IF we continue to put in the quality work.

I was most impressed by the following:

Outstanding team spirit. Great enthusiasm cheering on fellow teammates.

Strong relay starts. A number of times I saw our swimmers gain substantial advantages with quality relay starts.

Great racing. Time and again our swimmers outdueled opponents coming down to the finish. I saw swimmers keeping their heads down from the flags into the walls on freestyle and this allowed us to get our hand on the wall first.

Swimmers were on top of it and ready for their events. No swimmers frantically putting their swim caps on as they got on the starting block. No missing relay swimmers. We only had one swimmer miss an event.

The crowd. A good size crowd for the swim meet that included more students than I remember.

The pool itself. Randolph Macon replastered the pool this summer. Seems like they replaced the burnt out light bulbs too. Looks a lot better now. Some of the swimmers stated they though the water was being treated differently; it did not taste or feel as salty. No change in the chemical system. Still liquid chlorine. The change was the pool was drained of the old water. New, fresh water was put in after the replastering.

Final scores:

Girls Hanover 115 Patrick Henry 53

Boys Hanover 110 Patrick Henry 59

The evening was highlighted by a few swims.

1. FRESHMEN MAKE THEIR PRESENCE KNOWN. A number of freshmen have already worked their way into the scoring heats. On the girl's side Natalie Culley, Lillie Pritchard, and Katie Carroll all scored in the top three. On the boy's side Jacob Eisele and Ben Schoenwiesner garnered three 2nd place and a 3rd place finish. Daniel Richardson scored in one of his two events.

2. SENIORS LEAD THE WAY, BUT SOPHOMORE CLASS NIPPING AT THEIR HEALS. Seniors won 6 individual events (Josh Altman-1, Marshall Brooks-1, Ross Newton-1, Ellie Sherry-2, Quinn Tanner), sophomores took home 5 (Caroline Blaser-1, Luke Daley-2, Jack Hufner-2). Junior Claire Grant won two events.

3. SURPRISE SWIMS. I am rarely surprised. My expectations are usually higher than what the swimmers expect of themselves. So while watching Alexander Gaudino swim the 200 free and drop almost 29 seconds from last year, and then drop 5.6 seconds in the 100 back, I was not surprised. He has put in the time, joining the Burkwood swim prep groups in the fall and spring. He puts forth great effort in practice. I was not surprised, I was gratified to see all of his hard work paying off.

4. First time 500 freestyle swimmer: Freshman Charles Adams

New Time Standards Achieved.

If you make a State, Regional, Kecoughtan or Hawk Invitational qualifying standards, this means you have qualified for that meet and are eligible to participate. This is not a guarantee as we have multiple swimmers that qualify for these meets and we are limited in how many swimmers can compete in each event.

If you have a State cut, you also have everything other cut below. If you have a Regional cut, you also have everything else below. Etc, etc.

Team Records

N/a

States

N/a

Regions

Marshall Brooks 50 free

Luke Daley 200 IM, 100 fly

Jack Hufner 200 free

Ross Newton 100 fly

Kecoughtan Invitational

Josh Altman 100 back, 200 IM
Marshall Brooks 50 free, 100 back
Luke Daley 200 IM, 100 fly
Jacob Eisele 200 free
Claire Grant 100 back, 200 IM
Jack Hufner 200 free, 100 free
Ross Newton 100 fly, 100 breast
Ben Schoenwiesner 200 IM, 100 back
Ellie Sherry 50 free

Hawk Invitational

25 swimmers (almost ½ of the team made cuts for the meet!

Josh Altman 100 back, 200 IM
Caroline Blaser 100 free, 100 back
Marshall Brooks 50 free, 100 back
Kellie Brown, 50 free, 100 back
Katie Carroll 100 breast, 200 IM
Gabrielle Caskie 50 free
Josh Chadwick 100 fly, 100 back
Natalie Culley 100 breast, 100 fly
Luke Daley 200 IM, 100 fly
Jacob Eisele 100 free, 200 free
Natalie Falls 50 free
Gwen Farley 100 fly
Brooke Foster 100 fly, 500 free
Kayleigh Gordon 200 IM, 100 fly
Claire Grant 100 back, 200 IM
Kyle Henry 50 free
Jack Hufner 200 free, 100 free
Megan Morrison 100 fly
Ross Newton 100 fly, 100 breast
Daniel Richardson 100 fly, 200 IM
Ben Schoenwiesner 200 IM, 100 back
Bella Seip 200 free, 100 breast
Ellie Sherry 50 free, 500 free
Quinn Tanner 50 free, 100 breast
Harrison Wilson 100 free, 100 back

Hanover High School Varsity Letter standard

Josh Altman 100 back, 200 IM
Caroline Blaser 100 free, 100 back
Marshall Brooks 50 free, 100 back
Kellie Brown, 50 free
Katie Carroll 100 breast
Gabrielle Caskie 50 free
Josh Chadwick 100 fly
Natalie Culley 100 breast, 100 fly
Luke Daley 200 IM, 100 fly
Jacob Eisele 100 free, 200 free
Natalie Falls 50 free
Brooke Foster 100 fly
Kayleigh Gordon 200 IM
Claire Grant 100 back, 200 IM
Kyle Henry 50 free
Jack Hufner 200 free, 100 free
Ross Newton 100 fly, 100 breast
Lillie Pritchard 100 free
Daniel Richardson 100 fly, 200 IM
Ben Schoenwiesner 200 IM, 100 back
Bella Seip 100 breast
Ellie Sherry 50 free, 500 free
Quinn Tanner 50 free, 100 breast
Harrison Wilson 100 free

Top Time Drops

Alexander Gaudino	200 free	-28.99
Sophie Burk	200 free	-26.55
Patrick Chodorov	500 free	-25.24
Taylor Scholten	200 free	-14.99
Aidan Loftus	500 free	-9.77
Claire Grant	200 IM	-9.58
Joseph Faudale	200 free	-9.44
Gabrielle Caskie	100 back	-8.30
Tanner Casares	100 breast	-8.22
Katie Carroll	100 breast	-6.22
Alexander Gaudino	100 back	-5.69
Megan Morrison	100 fly	-4.79
Ben Schoenwiesner	100 back	-3.91

Josh Altman 200 IM -3.38

Mattie Atkinson 200 free -3.13

NEXT MEET: Atlee. Tuesday, Dec 5th. 6:45pm arrival. 7:50 meet start.