

# LIABILITY WAIVER

I \_\_\_\_\_ (print participant's name) hereby acknowledge that participating in and/or volunteering for H3O, LLC is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained. By my signature I certify that I am medically able to perform this event and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the event and agree to abide by them. I assume all risks associated with paddle boarding, swimming, and kayaking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, water conditions, drowning, and all such risks being known and appreciated by me. I understand and I will abide by all event rules. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release H3O, LLC, North Shore Bear Lake, LLC, and all event sponsors, land owners and their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I hereby declare that I am of legal age and am competent to sign this Agreement or, if not, that my parent or legal guardian shall sign on my behalf and that my parent or legal guardian is in complete understanding and concurrence with this Agreement. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. By entering into this Agreement, I am not relying on any oral or written representation or statements made by the releasees, other than what is set forth in this Agreement.

**I have read this Agreement, understand it, and I agree to be bound by it.**

Participant's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent's Signature if under 18 years: \_\_\_\_\_

Date: \_\_\_\_\_